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“Let the things that enter
your life wake you up!”

---Pema Chodron---





We all start somewhere...



**First steps into the
speech therapy world...**



Walking through darkness
can be messy...



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Finding light in the gaps of who I am
at the core, finding me (values)...



Appreciating everything...the good,
the challenges, the support, and
the criticism...



*Namaste: may the light within
you be reflected by the light
within me...*