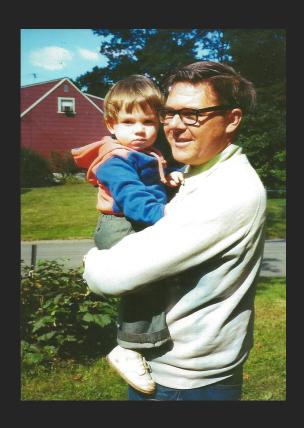
SCOTT PALASIK Ph.D., CCC-SLP, is an Assistant Professor and director of the Mindfulness Behaviors and Social Cognition Stuttering Lab at the University of Southern Mississippi. He's been an SLP for 12 years, published research, teaches Stuttering, Voice, and TBI, presented at ASHA and state conferences, and is developing the MASS (Mindfulness Acceptance and commitment therapy Somatic Stuttering) Treatment Approach.

"Let the things that enter your life wake you up!"

---Pema Chodron---







We all start somewhere...



First steps into the speech therapy world...



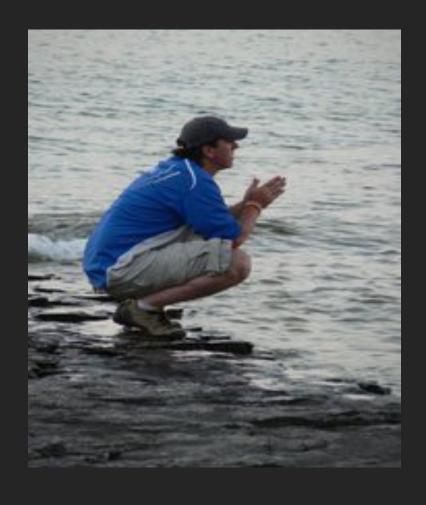
Walking through darkness can be messy...



Finding light in the gaps of who I am at the core, finding me (values)...



Appreciating everything...the good, the challenges, the support, and the criticism...



Namaste: may the light within you be reflected by the light within me...