

	EXTERIORIZED STUTTERING			INTERIORIZED STUTTERING
	Based on the works of Douglass, 1952, Douglass and Quarrington, 1954, Quarrington and Douglass, 1960			
	Audible-Vocalized Stuttering	Audible-Nonvocalized Stuttering	Inaudible-Nonvocalized Stuttering	Interiorized Stuttering
Predominant Speech Characteristics	Excessive syllable repetition, and the repetition of single syllable whole words. Excessive prolongation of vowels and voiced consonants. Voicing is maintained (ba-ba-baby; can-can-can; rrrrrrradio)	Excessive sound repetitions and sound prolongations. These can be heard by the listener, but vocal folds are not vibrating. Voicing is suspended. (s-s-s-seven; ssssseven)	Period of stuttering where no disfluencies are heard: silent blocks, hard contacts and tense pauses are common. Voicing is absent (b.....aby)	The “control” and “repression” of externalized stuttering results from avoidance, postponement, and other tricks: e.g., word changing, paraphrasing, giving wrong answer, refusing to speak, etc. These people can “pass as fluent speakers.”
Goal Orientation & Drive State	Primary goal is Verbal Communication. Avoidances may occur, but only as a secondary goal.	Primary goal is Verbal Communication. Beginning to have difficulty maintaining voicing, and beginning to not like the “sound of stuttering.”	Does not want to be heard stuttering. Tries to avoid being heard stuttering. Is trying to be interiorized, but not able to “successfully” hide and conceal the stuttering	Major goal is avoidance of stuttering at all costs. Will sacrifice verbal communication to avoid stuttering. Major degree of shame, guilt and denial of stuttering.
Listener’s Perceptions	Predominant abnormality is vocal. Vocalization is not suspended. Listener hears the stuttering.	Predominant abnormality is still vocal, but listener sees and hears that person is stuttering, vocalization is suspended.	Predominant abnormality is visual. Listener sees that person is trying to talk, but very little or no sound is heard.	Listener may feel there is something peculiar or weird about person’s speech pattern, but does not identify this as stuttering.