



# ***Stuttering***

***By: Stephanie Boggs***

# ***About stuttering***

- ***1% of the world stutters.***
- ***It's ok to stutter.***
- ***What happens to me when I stutter is the mouth & voice box tighten up.***
- ***Stuttering can keep the person from saying what they want to say.***

# ***Teachers***

- ***Some of the teachers can make me nervous.***
- ***I get nervous if I don't know the teacher.***
- ***You should tell them that you stutter, and you need some time to talk or think .***
- ***When teachers tell me to slow down or relax, it does NOT help.***

# ***Bullies***

- ***When I get bullied, I tell a teacher about it.***

***Standing up for myself can sometimes make it worse if I do it the wrong way.***

- ***Telling people to shut up will make it worse.***

# ***Bullies***

- ***The appropriate way is to ignore them.***
- ***I would like to tell them how it makes me feel.***

# Speaking up for yourself

- *It's easier to speak up for myself when I'm alone with the person.*
- *I will not stand up for myself if that person is with their friends.*

# Speech Therapy

- **Speech therapy helps me learn more about stuttering.**
- **My speech teacher tells me stuttering is ok & I learn more about stuttering techniques.**

# Speech Therapy

- *In speech, I learn about different techniques to help me with my stuttering.*
- *Three examples are light touch, pause, and easy starts.*



# ***Ordering for myself***

- ***I used to not be able to order for myself.***
- ***I would have my parents order for me.***
- ***Now I can order for myself.***

# ***How I feel about stuttering***

- ***I used to think that stuttering was my fault.***
- ***I didn't know why I stuttered. I do not like to stutter.***
- ***All people who stutter are beautiful.***

# ***Phone Conversations***

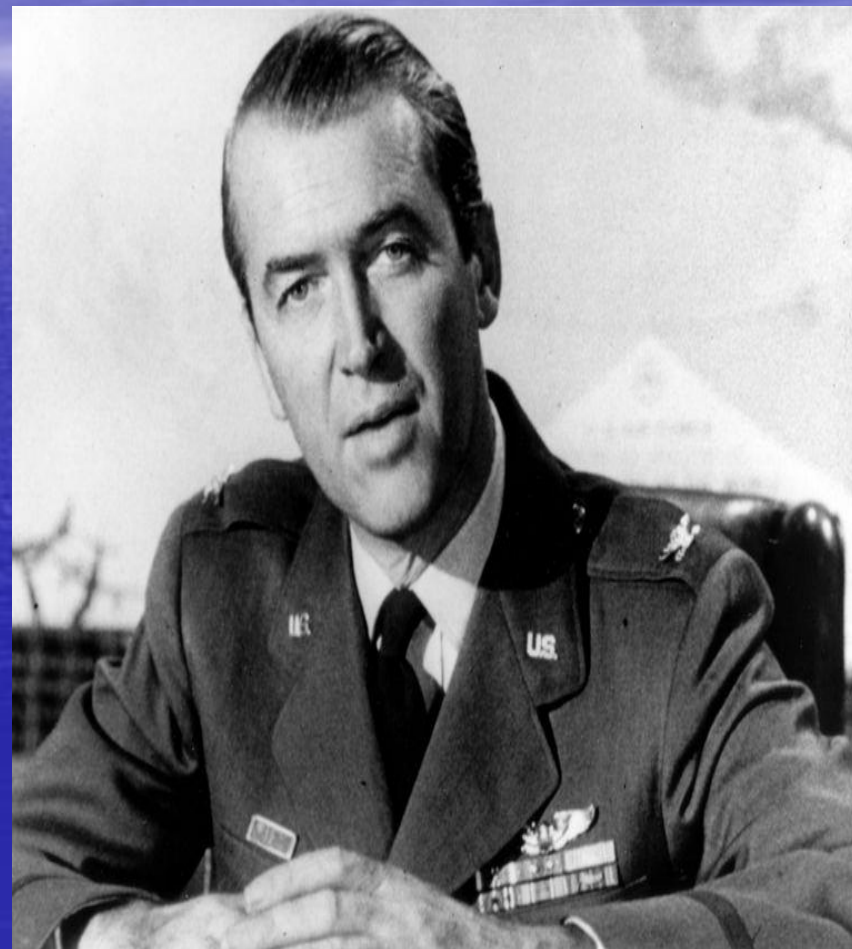
- ***I sometimes blow through my nose.***
- ***My mouth tightens up.***
- ***I sometimes avoid phone conversations.***
- ***Different conversations make me feel ok or nervous.***

# ***Celebrities who stutter***

- ***Did you know that George Washington stuttered?***

***Carly Simon, Nicholas  
Brendon, Mel Tillis, Bruce  
Willis, Julia Roberts and  
Jimmy Stewart.***

# *Pictures of Stutterers*



***I hope you have enjoyed my  
Power Point.***

A wide-angle photograph of a calm, deep blue ocean stretching to the horizon. The sky is a lighter blue with wispy white clouds. The sun is visible on the left side, creating a bright reflection on the water's surface. The text "THE END" is centered in the lower half of the image in a bold, italicized, white font with a black outline.

***THE END***