

# Talking as a Stutterer:

How to **Not** Avoid Speaking

# If You Stutter, Then Why Should You Speak?

- Speaking is an important part of society
- Most people find speaking to someone to be meaningful
- What would we all be doing if we never spoke?

# But I Hate Speaking!

- Stuttering is what happens when you are trying to not stutter
  - Unfortunately, it does not work the other way, unless you avoid thinking about stuttering
- Practice makes perfect
- Is there a better place than right now to practice?

Practice Time!!!

# Rules

1. You will receive background information from the PowerPoint
2. Each conversation will involve two (2) people.
3. The conversations should be shorter than five (5) minutes
4. Make the conversations **Realistic**.
5. After each conversation, possible ways to face each situation should be discussed

Note: This works very well in a group situation



Topic 1

Post Office

# Post Office: The Background

You are shipping a box to a friend, and  
are at the post office to ship it

One person is the postal clerk  
The other is “You”

Topic 2

Movie Theater



# Movie Theatre: The Background

You are part of a group that is going to watch a movie at the local movie theatre. Due to the theater's restrictions on group sales, you have to talk to a clerk at the box office to complete your transaction.

One person is the clerk, the other is "You"

Topic 3

Restaurant

# Restaurant: The Background

You are celebrating a salary increase at an upscale restaurant, and you have a chatty, intrusive waiter

One person is the waiter, the other is “You”

Topic 4

Pizza

# Pizza: The Background

You have been charged with ordering pizza for the next meeting of your local chapter of the National Stuttering Association, BY PHONE.

One person is answering the call at the pizza restaurant, the other is “You”

**This situation would work best if the two speakers cannot see each other**

Topic 5

Police Officer

# Police Officer: The Background

You have been “pulled over” for driving 80 mph where the speed limit is 65, and you have to explain yourself to a police officer.

One person is the police officer,  
the other is “You”

Topic 6

Tourist Trap



# Tourist Trap: The Background

A friend is visiting your hometown and wants to see a local tourist trap. Of course, you have to talk to the persuasive cashiers.

One person is the cashier, the other is “You”

Topic 7

Customs Agent

# Customs Agent: The Background

You are driving home from a trip to Canada, and are passing through customs. Naturally, the agent is rude and talkative.

One person is the customs agent,  
The other is “You”

Topic 8

Sporting Event

# Sporting Event: The Background

You and a friend want to see your local professional football team in action. The online ticket server is down, and you have to talk to the people in the box office.

One person is the box office clerk,  
The other is “You”

Topic 9

Airplane

# Airplane: The Background

You are going to visit a friend, and you decided to fly. The airline business is hurting due to the recession, and the attendant is trying to sell you everything on the menu.

One person is the flight attendant,  
The other is “You”

## Topic 10

# Fast Food Drive Thru



# Drive Thru

## The Background

You are in a rush during lunch hour today, and decided to use the drive thru.

One person is taking the order,  
The other is “You”

## Topic 11

# Call to Restaurant

# Call to Restaurant: The Background

A friend told you that you should eat at a restaurant that they eat at often. This restaurant requires reservations, however.

One person is taking the reservation,  
The other is “You”

## Topic 12

# Airport Security

# Airport Security: The Background

You are on a business trip and have been selected for “random screening” when your boarding pass was printed.

One person is the security officer,  
The other is “You”

# In Conclusion

- Practice really DOES make a difference
- What do we do now?
  - Spread the word about stuttering?
  - Practice more often?