

Do you stutter? Do you know someone who stutters?

YOU ARE NOT ALONE!



Did you know that:

- There are three million people who stutter (of all ages, races, genders, etc....).
- Stuttering is influenced by behavioral factors but is NOT caused by an emotional/psychological problem or nervous disorder.
- Stuttering is not caused by nervousness, talking too fast, being unintelligent, not knowing what to say, etc.
- There are many different degrees (mild to severe) and patterns of stuttering.
- Stuttering normally begins between ages 2 to 5, tends to run in families & affects more men than women.
- Many young children who stutter outgrow their speaking difficulty.
- There is no single cause of stuttering, but current research is exploring the connections between stuttering and the neurological coordination of speech.
- Stuttering is not the direct fault of the family nor the child or adult who stutters.
- There is a National Organization (NSA) as well as support groups for people who stutter.

What is the National Stuttering Association (NSA)?

The NSA is a non-profit organization formed in 1977 that is dedicated to bringing hope, dignity, support, education, and empowerment to children and adults who stutter. The NSA has over 3,000 members nationwide and operates a volunteer network of over 80 local support groups.

To learn more about stuttering and the NSA, please visit the NSA website at:

<<http://www.westutter.org>>or call them directly at **1-800-937-8888**

LOCAL MEETINGS

Speaking at support group meetings is entirely voluntary. We offer support to people who stutter by talking about how stuttering affects us, successes we've had, insights we've come to as people who stutter and a host of other interesting topics relating to challenges we all face in dealing with stuttering in our lives.

Our group meets on *(insert date info – i.e. 4th Thursday of the month – location and address)*. The meetings are free and speaking is voluntary. Come meet other people who stutter and learn more about stuttering.

CONTACT: **Chapter Leader Name *(insert e-mail address and phone number here)***
 Alternate Chapter Leader *(insert e-mail address and phone number here)*

WEBSITE: ***(insert chapter website address if there is one, otherwise, insert NSA website)***