

# My Story

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# My story begins.....

- I was born on October 25, 1994.
- I started playing baseball at the age of 5.
- I started stuttering when I was around 7.
- I started playing football at the age of 8.
- I started playing basketball at the age of 5.

# After a while.....

- Around 3<sup>rd</sup> grade I started going to speech.
- She taught me how to use easy speech.
- My speech was just coming along.

# Now I am.....

- Now I have 3 pets & I have a dog, cat, ferret, & 5 cats for little while.
- I am on the Extreme Sharks (baseball team).
- I am getting better at easy starts & light contacts.

# Some things that I would like to tell my friends.....

- It's possible to control my stuttering.
- I use easy starts, keep breathing out, & light contacts.
- Stuttering can have bad days & good days

# Some things I would like to say to my parents....

- I appreciate how u guys help me out.
- I also appreciate how u guys don't interrupt me & u guys \$ for sessions.

# Some things I would like my teachers to know.....

- Sometimes its hard for me.
- I don't like to be called on to read, but I don't mind talking in front of class.
- Call & ask me questions.

# My successes include...

- Being on a good team in baseball.
- Learning to control my speech.
- I keep talking even if I'm having a bad day.



# I still need to work on....

- Choosing to talk when I'm having a bad day.
- Trying to use my strategies.

# My final thoughts.....

- I don't like stuttering.