



BULLETIN  
**SHADY TRAILS**  
The National Speech Improvement Camp



This bulletin is presented to you by  
SHADY TRAILS, the National Speech  
Improvement Camp—a non-profit organi-  
zation, fund supported, operated in co-  
operation with the Speech Clinic of the  
Institute for Human Adjustment, Horace  
H. Rackham School of Graduate Studies,  
University of Michigan.

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*9th Season:*

*June 22nd to August 24th, 1940*

*10th Season:*

*June 21st to August 23rd, 1941*

## WHY A CAMP-CLINIC?

Shady Trails Camp is a pioneer in the appreciation that speech, like other muscular and nervous action, is dependent to a greater or less degree upon the condition and function of every other part of the body. A speech retraining program should, with such an understanding, proceed as a rehabilitation of the whole individual.

Now for more than three-quarters of a century groups of boys have attended recreational summer camps. The summer camp situation has served in the acquisition of health; in the transition through adolescence; in the adjustment of emotional and social problems. Boys have gained from their summer camp experiences an ability to live happily with others; an increase in willingness to take responsibilities; the faculty of self-direction and leadership; a confidence in recreational and social activities.

In the camp-clinic Shady Trails has taken this modern vehicle for the development of desirable traits in "normal" boys and given it to boys with speech problems, for whom the need is many times greater. To the advantages of camp environment Shady Trails has added classes, specialized recreation and varied programs in speech improvement—providing not only for the acquisition of new speech habits, but building as well a physical and personality framework on which these habits may continue to thrive.

The success that has attended the efforts of Shady Trails Camp justifies the confidence that has been placed in it.



*A Corner of the Living Room*

## CAMP QUARTERS . . .

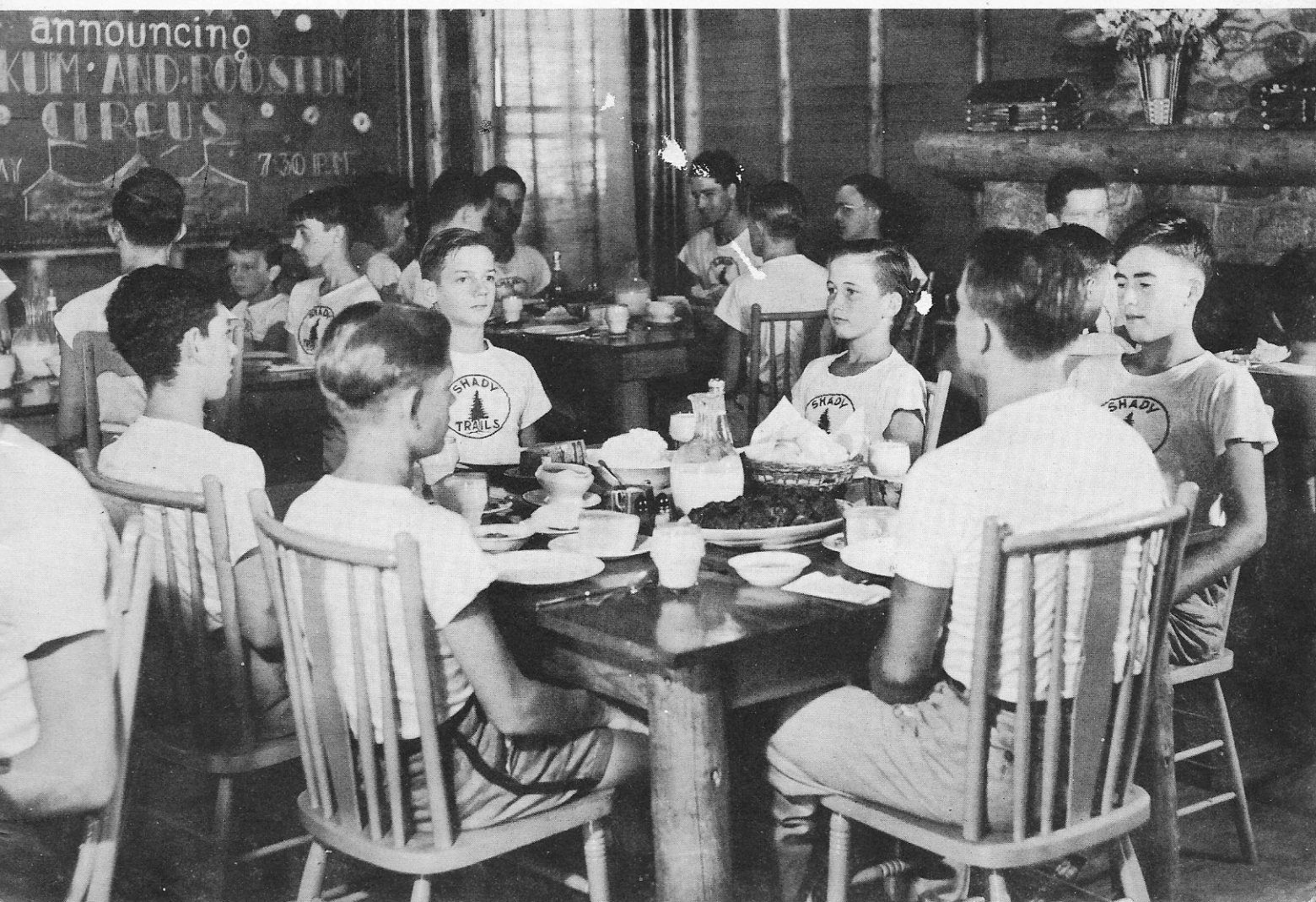
The camp occupies a site of more than eighty acres of well-wooded land with nearly a mile of beach on Grand Traverse Bay. The lounging rooms, sleeping rooms, class rooms, dining room and kitchen are housed in finely constructed, well-ventilated lodge and cottages with modern conveniences and attractive appointments. Rooms are designed for two or three boys. Electricity and running water are amply supplied.

## CAMP DIET . . .

The preparation and serving of food at Shady Trails is personally supervised by Mrs. Clancy. Her accomplishments are evidenced by gains in weight averaging more than ten pounds per camper.

Use of the word "diet" in connection with the conduct of the Camp does not signify restricted rations but rather well-balanced meals. Good food and plenty of it, served in a cheerful atmosphere, contributes to the healthy status of campers and thus indirectly to their speech welfare.

*Staff and Campers at a Common Table*



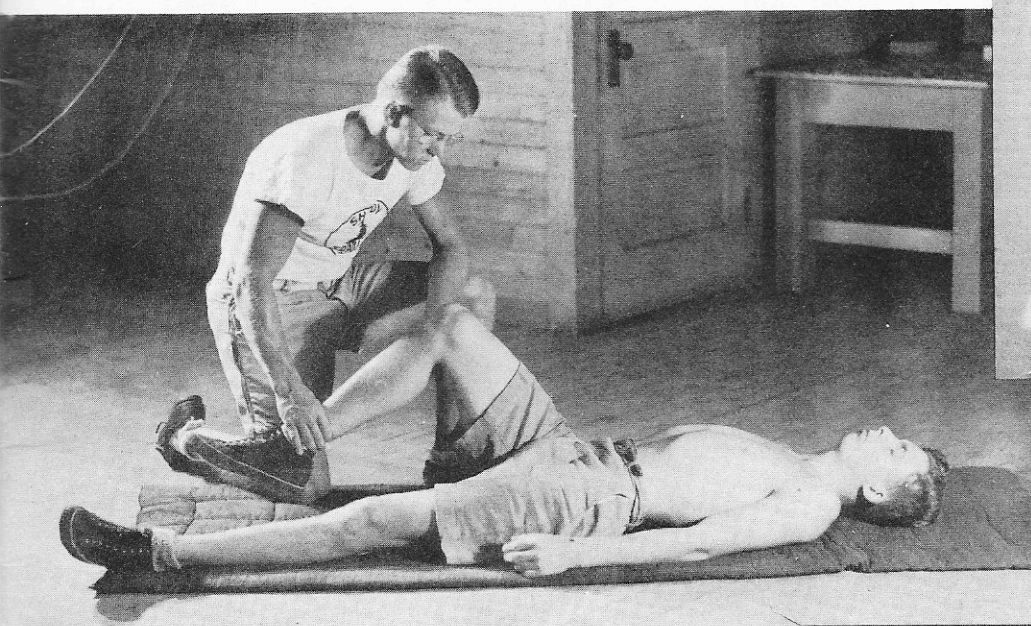


*Resident Staff of the Summer 1939*

## CAMP STAFF . . .

Only those persons are on the staff of Shady Trails Camp in the capacity of examiners (speech and medical), speech correctionists, physical correctionists and advisors who have received special training in their subjects at a first class university or college, who in addition have had adequate practical experience, and whose personal traits merit the confidence of their associates and campers. Their contact with campers is first hand, both in and out of the classroom. Their counsel begins each day with reveille and ends only with taps.

**JOHN N. CLANCY, Ph. B. (University of Notre Dame), M. A. (University of Michigan). Admitting Officer and Clinician at the University of Michigan Speech Clinic. Founder and Director of Shady Trails.**



*Above:* **WILLIAM BILTO, B.S. (Michigan State Normal College), M.A. (University of Michigan). Research Assistant at University of Michigan. In charge of Physical Activities at Shady Trails.**

*Right:* **DICK MORLEY, A.B. (Michigan State Normal College), M.A. (University of Michigan). Instructor in Department of Speech at the University of Pennsylvania. Speech correctionist at Shady Trails.**

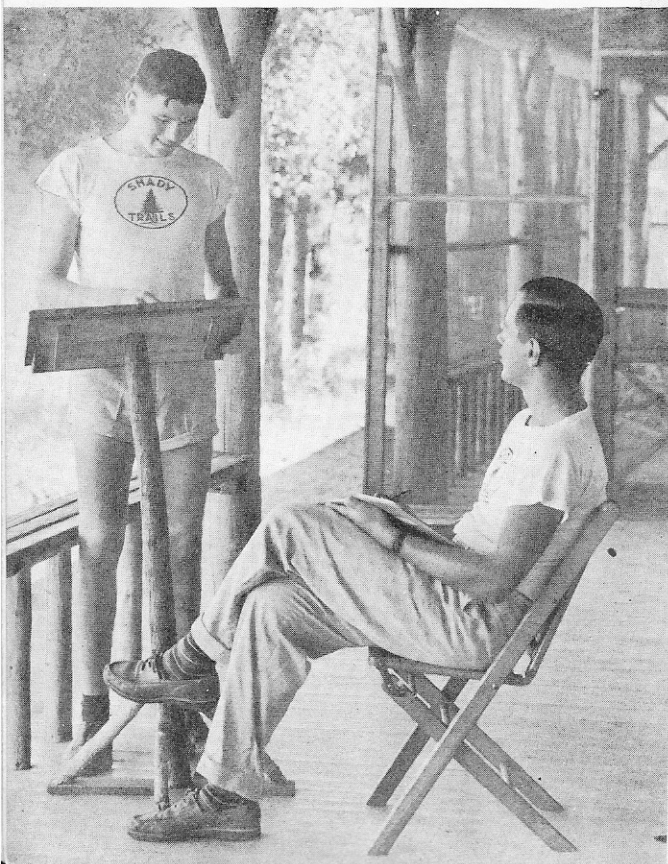




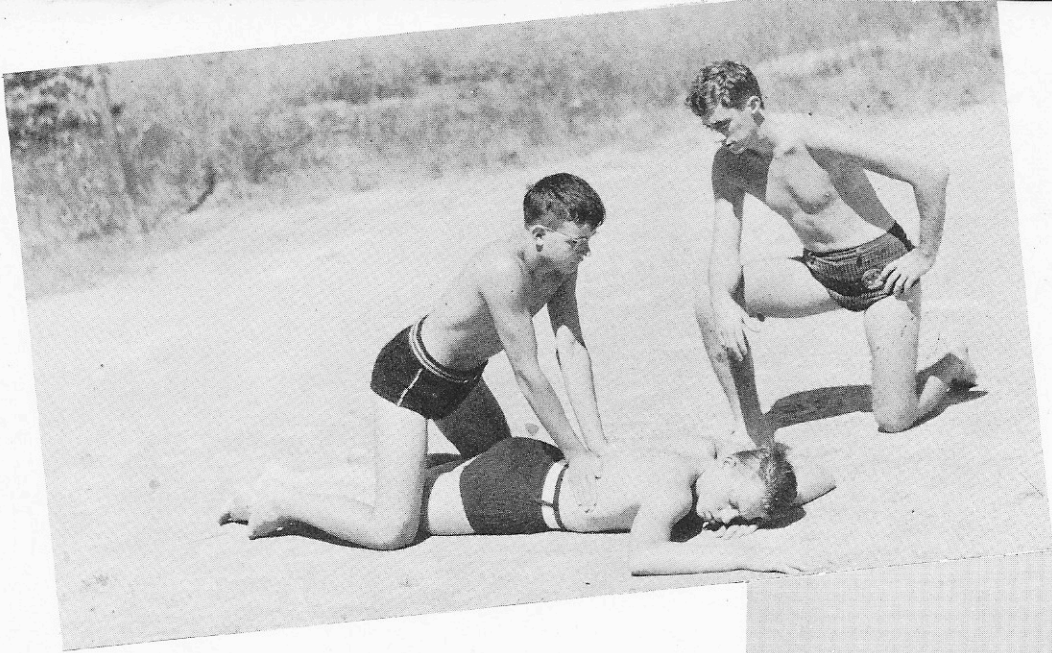


*Left:* RAYMOND L. CROMER, A. B. (Wayne University). Speech correctionist in Detroit Public Schools. Speech correctionist at Shady Trails.

*Below:* FLORENCE MICHLINSKI, A. B., M. A. (University of Michigan). Research Assistant at University of Michigan. Speech correctionist at Shady Trails.



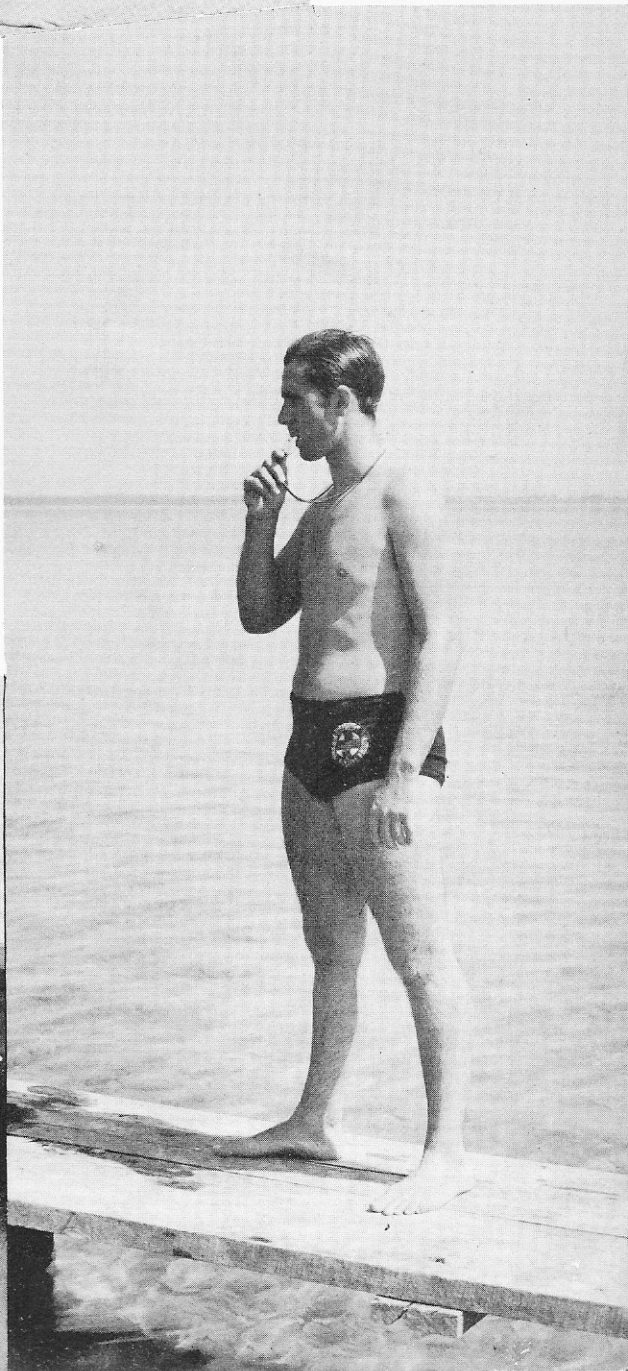
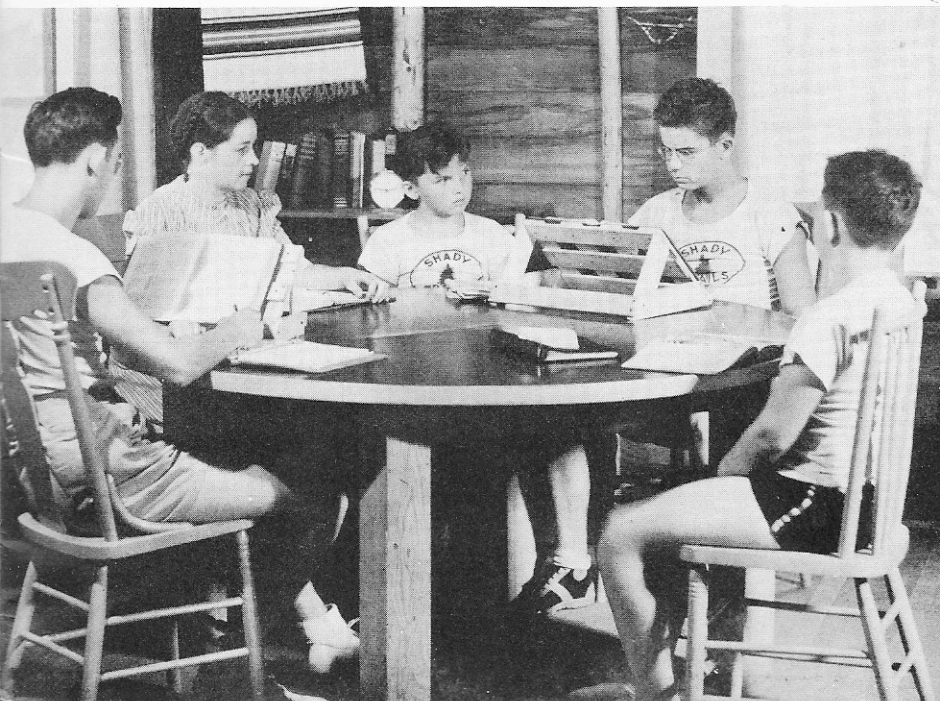
*Left:* FREDERICK E. DENSMORE, A. B., M. A. (University of Michigan). Teacher of Speech, Port Huron (Mich.) High School and Junior College. Speech correctionist at Shady Trails.



*Above:* EDMUND HOWARD, B. S. (Michigan State Normal College). Coach and teacher in Washington (Mich.) Public Schools. Physical counselor at Shady Trails.

*Left:* ELLSWORTH ANDERSON, B. S. (Michigan State Normal College). Coach and teacher in Lakeview (Mich.) Public Schools. Physical counselor at Shady Trails.

*Below:* MRS. JOHN N. CLANCY. Wife of the camp director. Mother of two girls of high school age. Camp mother at Shady Trails.



## COUNSELING STAFF . . . (Non-Resident)

### MEDICAL EXAMINERS

T. W. THOMPSON, M. D.—Traverse City State Hospital.

E. J. RENNELL, M. D.—Traverse City State Hospital.

### CAMP PHYSICIAN

ROBERT FLOOD, M. D.—Physician at Northport.

### ADVISORS

R. P. SHEETS, M. D.—Medical Director of the Traverse City State Hospital.

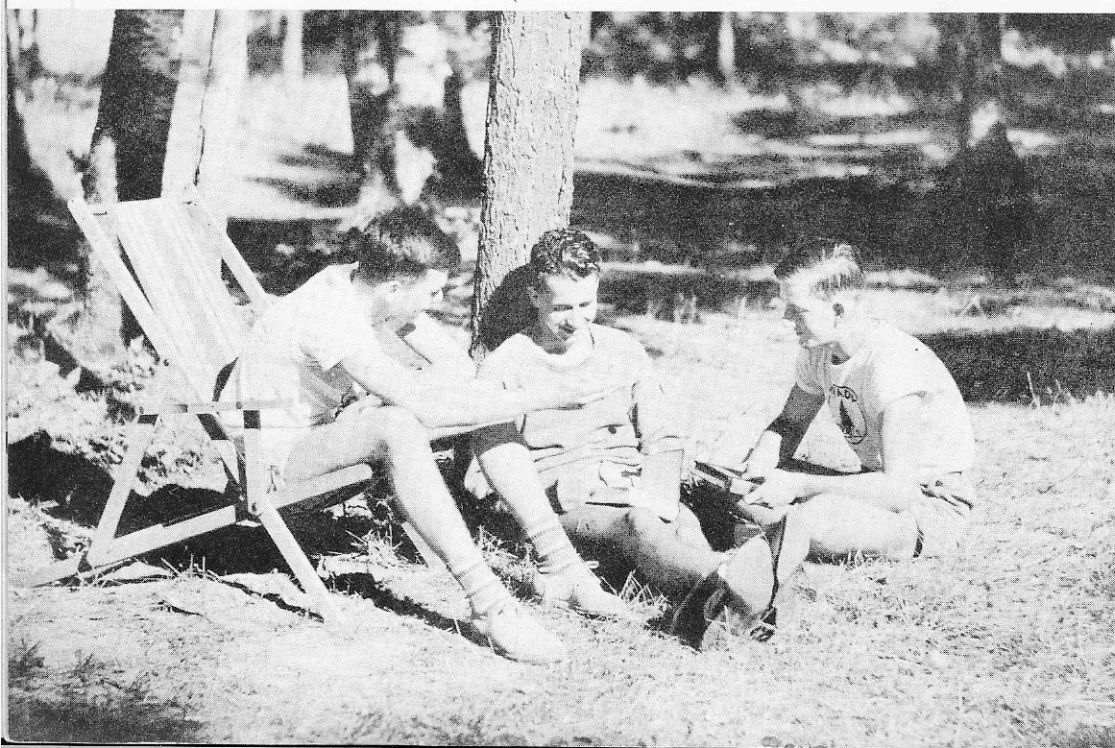
H. HARLAN BLOOMER, Ph.D.—Director of the Speech Clinic at the University of Michigan.

G. E. DENSMORE, M. A.—Chairman of the Department of Speech at the University of Michigan.

HAROLD B. WESTLAKE, Ph.D.—Instructor in the Department of Speech at Penn State College (State College, Pennsylvania).

HILDRED A. GROSS, M. A.—Supervisor of Speech Correction Classes in the Detroit Public Schools.

J. H. McCULLOCH, M. A.—Head of the Department of Physical Education at Michigan State Normal College.



At Camp, as at home, conversational speech is as informal as the occasion demands.



*"Speech Comes First" at Shady Trails*

## YOUR QUESTIONS . . .

A question that frequently and quite naturally occurs in the minds of interested parents is one regarding the effect of close association between boys with speech handicaps.

In our many years of experience at the Camp and at the Speech Clinic of the University of Michigan we have found that the common bond between boys with speech handicaps has definite advantages. We have yet to see an instance in which harmful results have occurred from such association.

If this or similar questions arise in your mind we suggest that you inquire information on these points from the parents of boys who have attended the Camp. References to families nearest your neighborhood will be furnished upon request.

# A CAMPER'S TYPICAL DAILY PROGRAM

## MORNING . . .

- 7:00 Rising
- 7:10 Setting-Up Exercises  
(Dip Optional)
- 7:40 Breakfast
- 8:00 Room in Order
- 8:30 Assembly  
(Group Class)
- 9:10 Individual Speech  
Instruction
- 9:40 Study Hour
- 10:30 Recreation  
Senior Group—Basketball  
High Group—Tennis Class  
Junior Group—Trail Blazing  
Minim Group—Archery
- 11:30 Ease (Ready for dinner)
- 12:00 Dinner

## AFTERNOON . . .

- 12:30 Rest
- 1:30 Assembly  
(Group Class)
- 2:10 Individual Physical  
Instruction
- 2:40 Work Hour
- 3:30 Special Assembly  
Choral Reading  
Palatography  
Relaxation  
Physical Education
- 4:00 Rhythmics

## 4:20 Recreation

Senior Group and  
High Group—  
Swimming and  
Water Sports

Junior Group and  
Minim Group—  
Fishing Trip

## 5:30 Ease

(Ready for supper)

## 6:00 Supper

## EVENING . . .

## 6:30 Ease (Reading, letter writing, checkers, etc.)

## 7:00 Rhythmics

## 7:30 Recreation

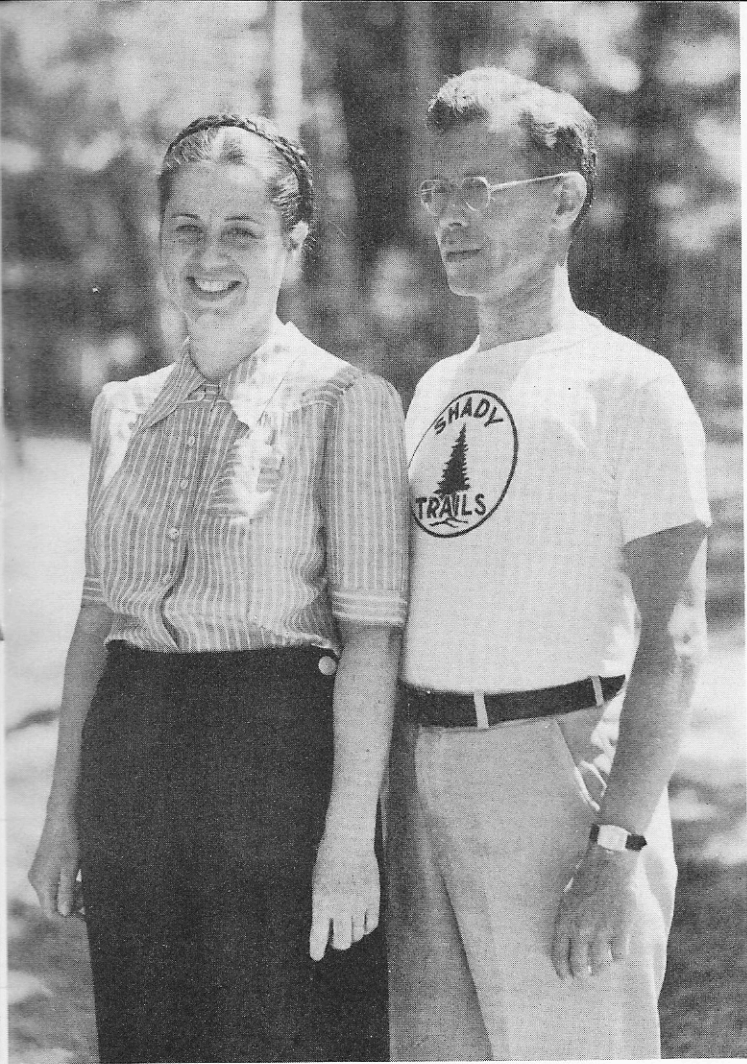
Senior Group and  
High Group—  
Meeting of Open  
Forum Club

Junior Group and  
Minim Group—  
Council Ring with  
Stunts

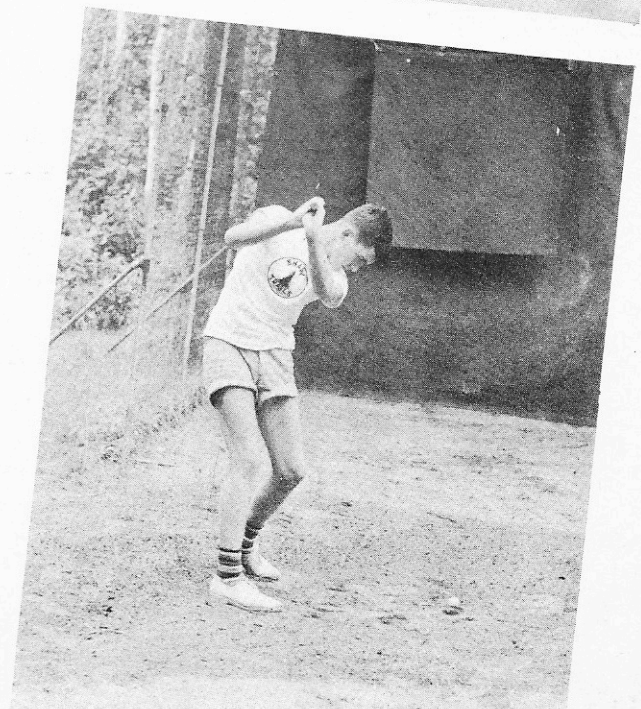
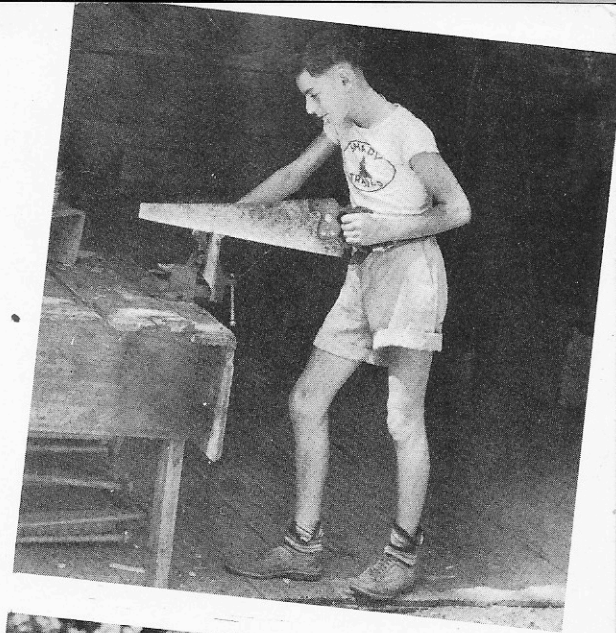
## 8:30 Minim Group Retires— Lights out at 8:45

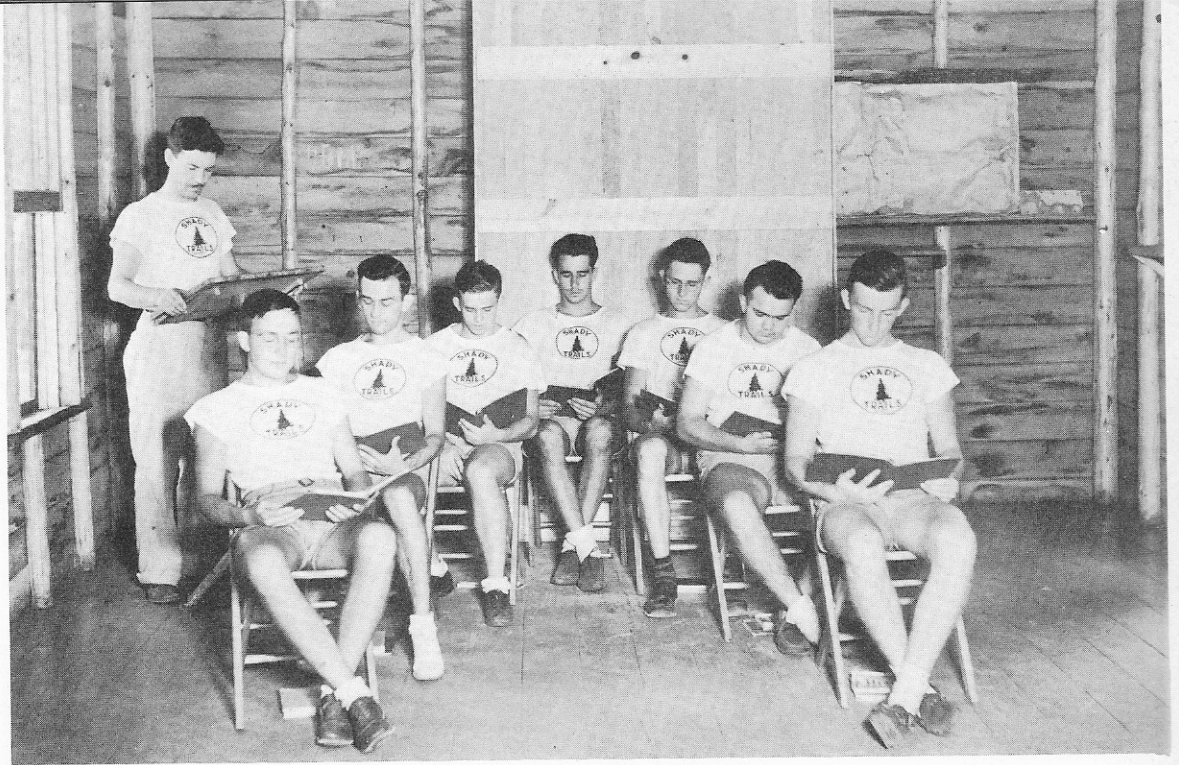
## 9:00 Junior Group Retires— Lights out at 9:15

## 9:30 Senior and High Groups Retire—Lights out at 9:45



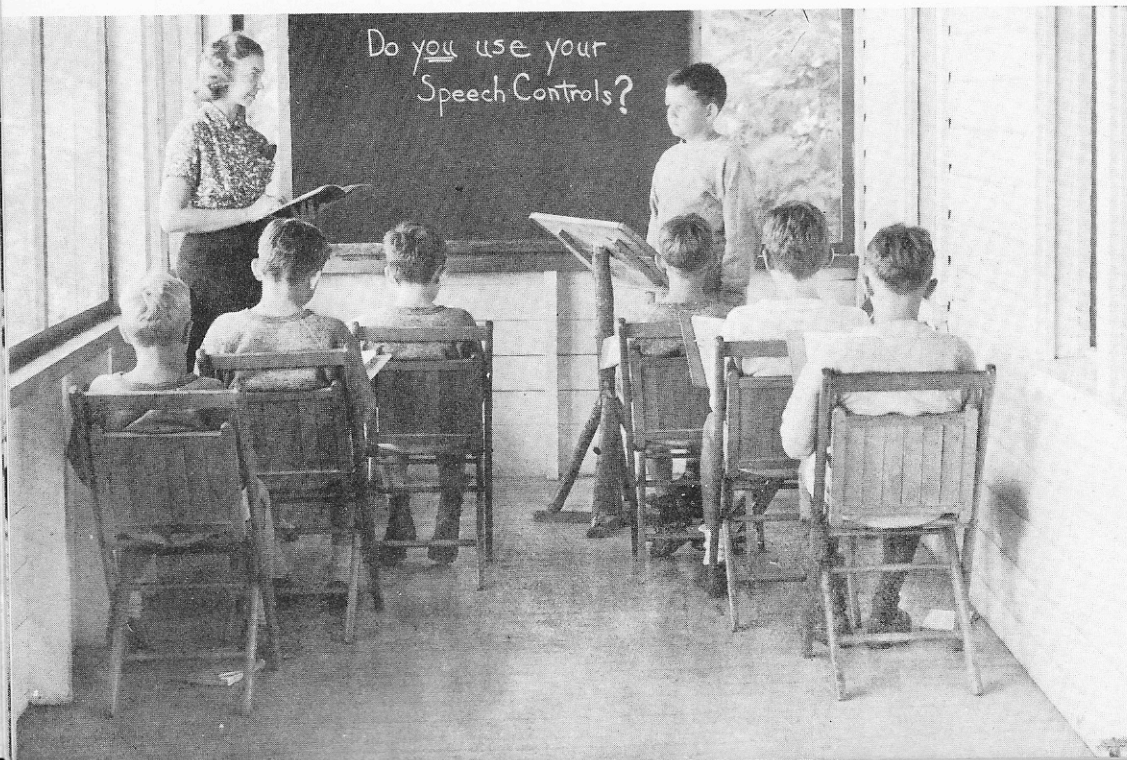
The Clancys (*above*) are responsible for the establishment of speech correction on the "camp-plan." Under their direction no aspect of physical or personal adjustment is regarded as unimportant for the permanent welfare of their campers even though it be: (1) adequacy in the use of tools, (2) good sportsmanship on the ball field, or (3) the co-ordination required for a difficult shot in golf.

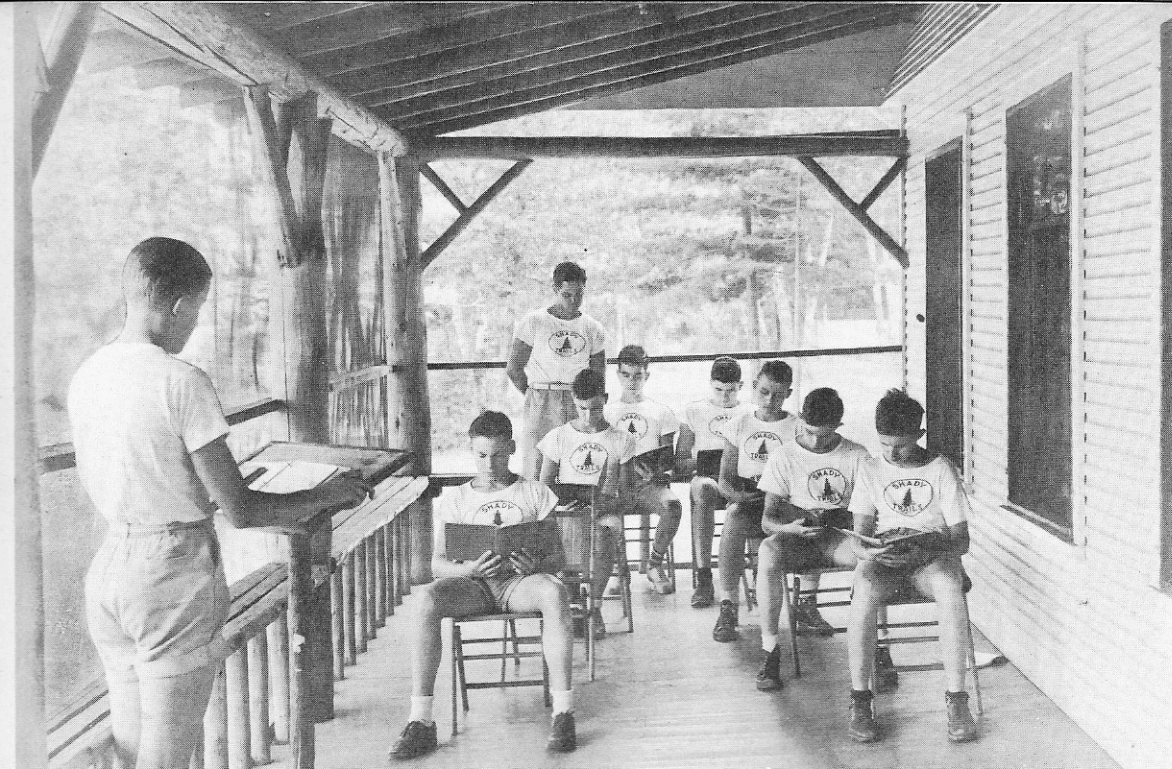




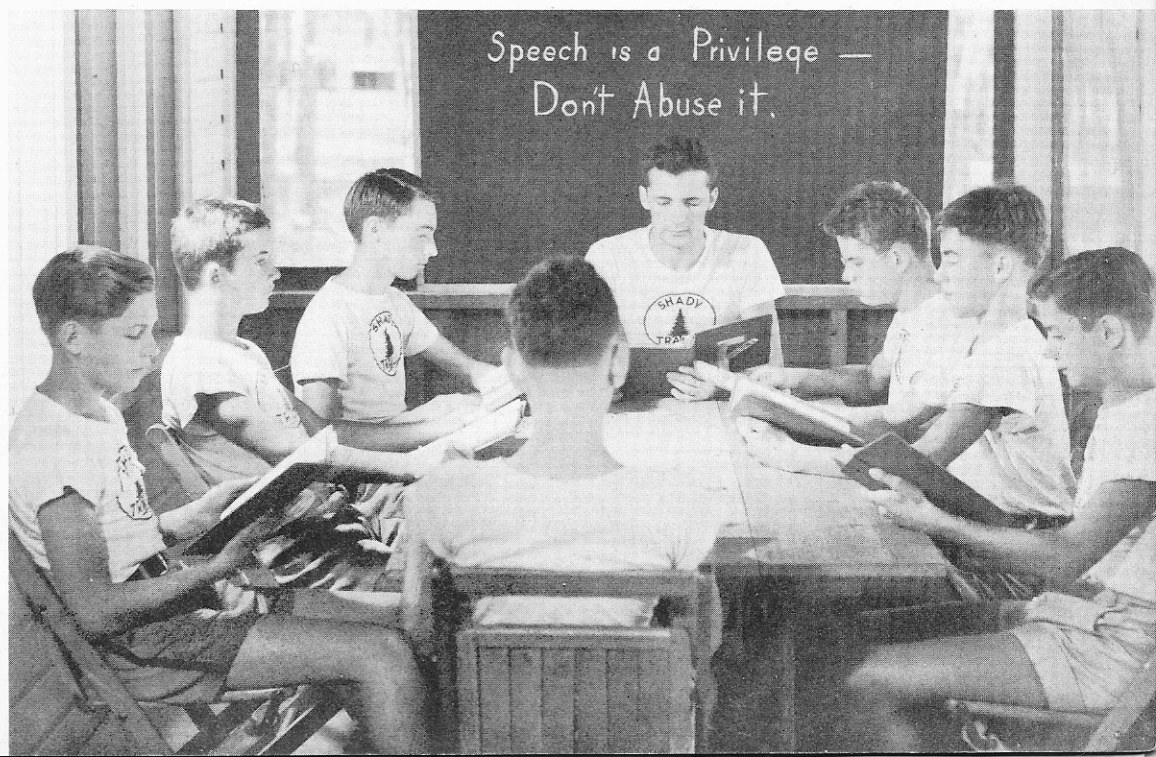
The camp's enrollment is divided into age levels with only seven or eight boys in a group. Forty minute group classes are held at eight-thirty each morning and at one-thirty in the afternoon.

In addition to his group classes, each camper receives individual instruction every day.

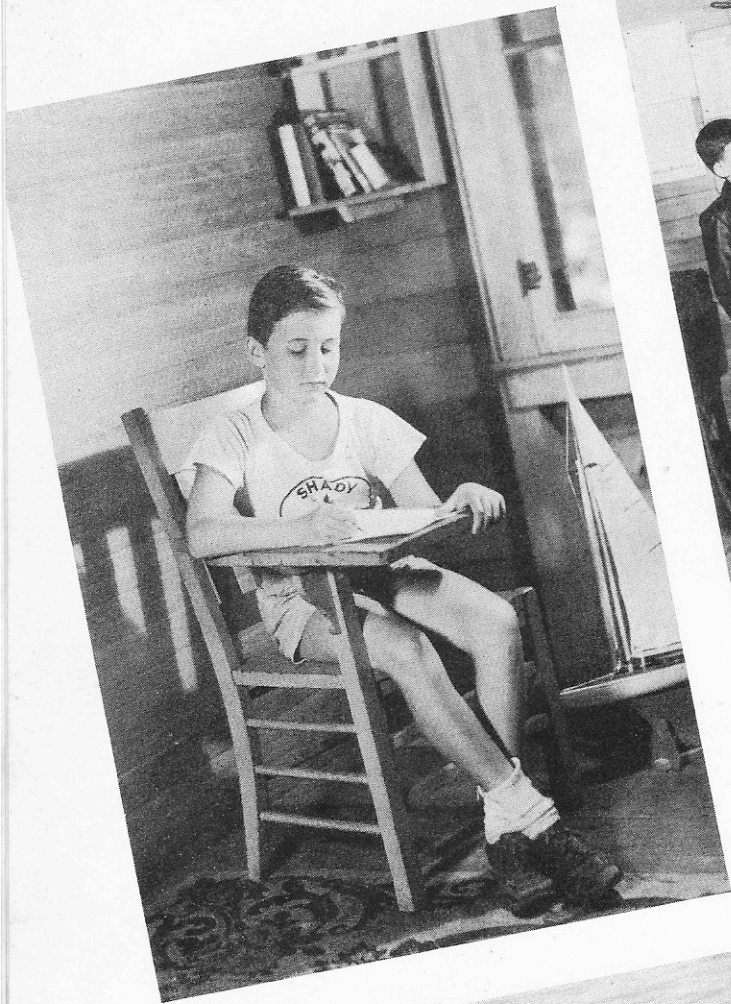




Whether in class, at a picnic, on a hike, or around a camp fire—his group, with his speech correctionist and physical correctionist, is a social unit in which much of the life of a camper at Shady Trails centers.



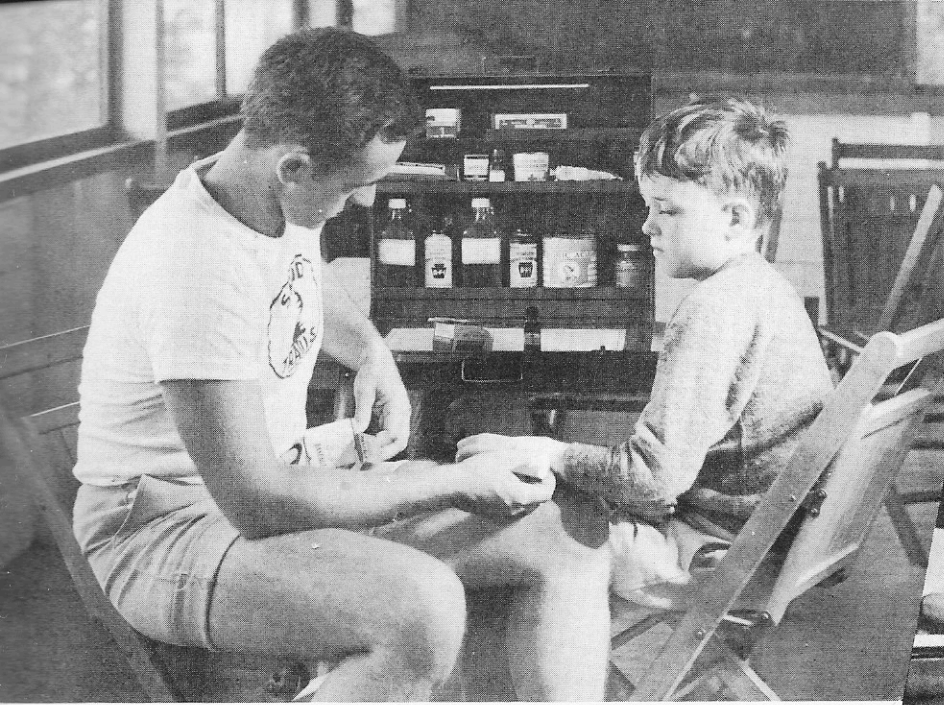




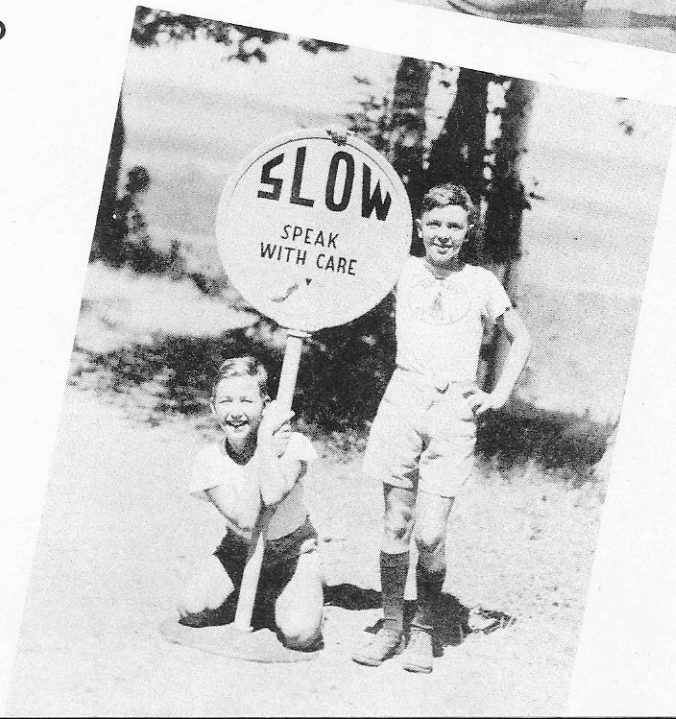
## THE PARK AVENUE . . .

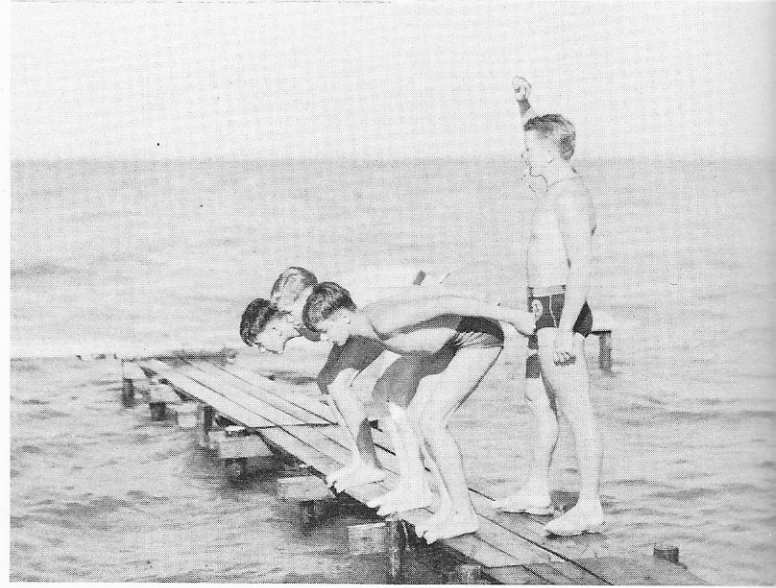
A  
Cottage  
for  
Minims





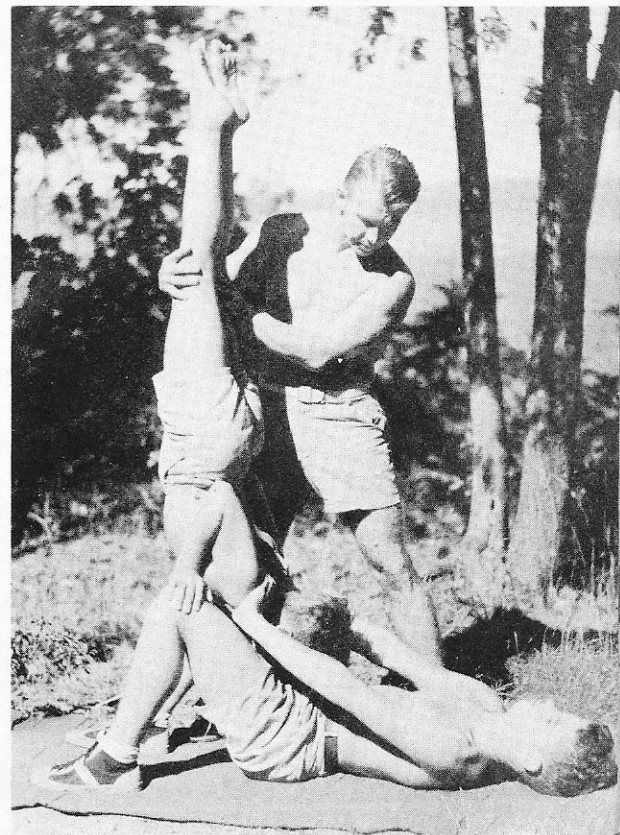
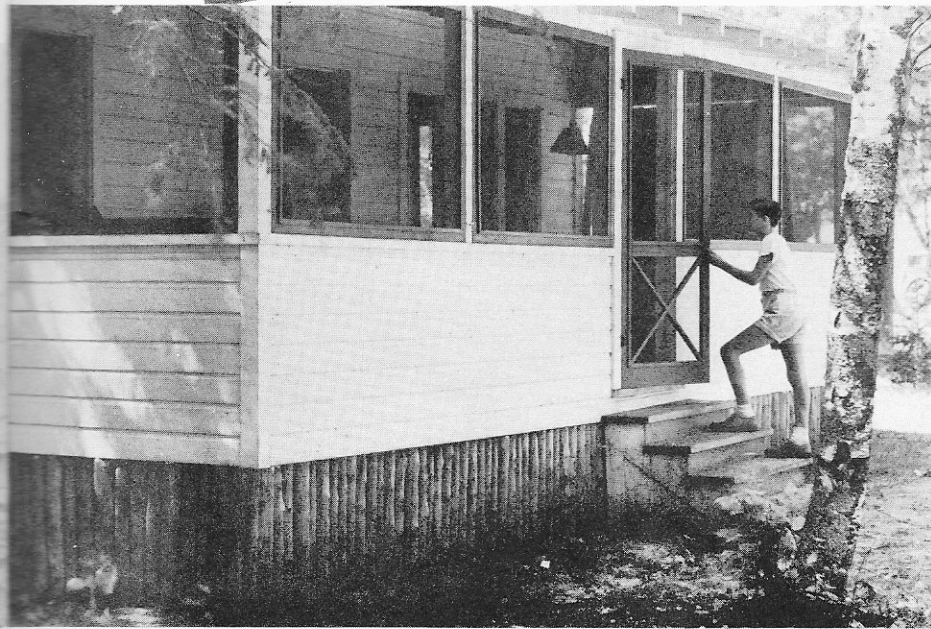
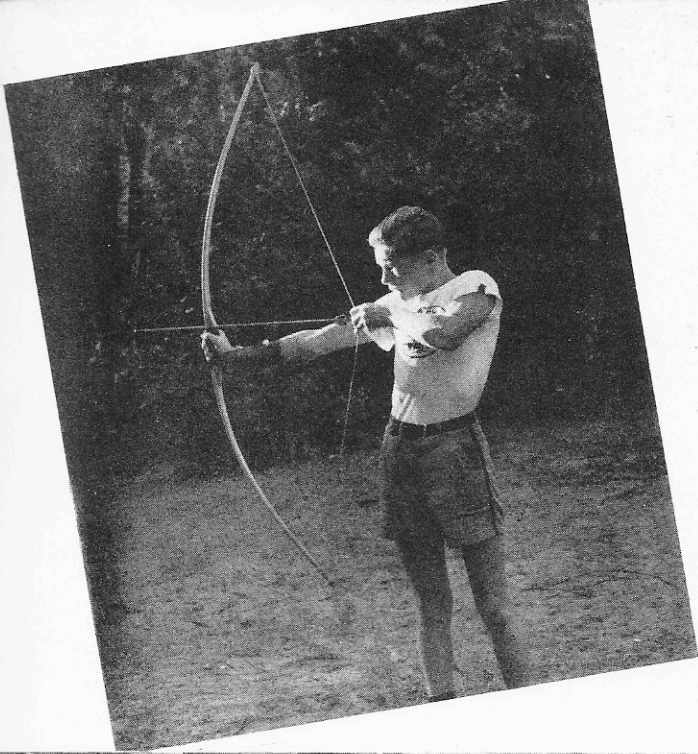
As in other groups, daily activities for younger members of the camp offer an unique opportunity for the carry-over of new habits from the classroom to practical environment.





## THE ROOST . . .

A Cottage  
for Juniors

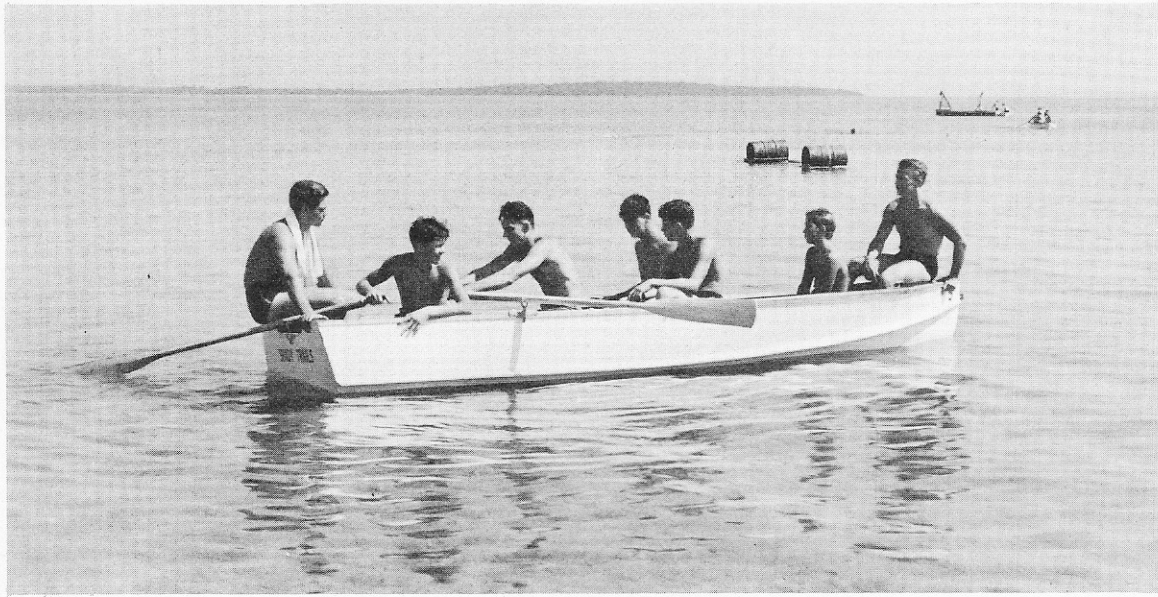


Guidance in group living, as afforded at Shady Trails, gives a practical and sensible means for adjusting personality and social problems so frequently concurrent with speech difficulties.

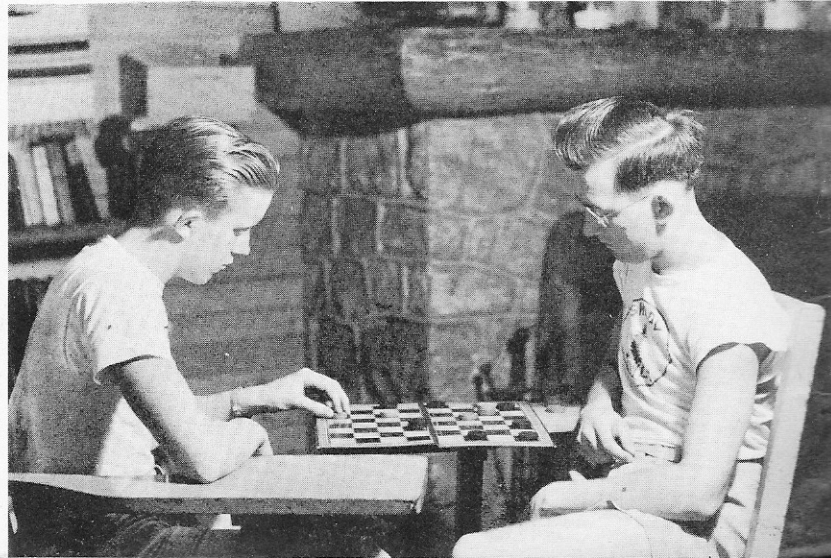


## HIGH GROUP...

Boys of  
High School  
Age



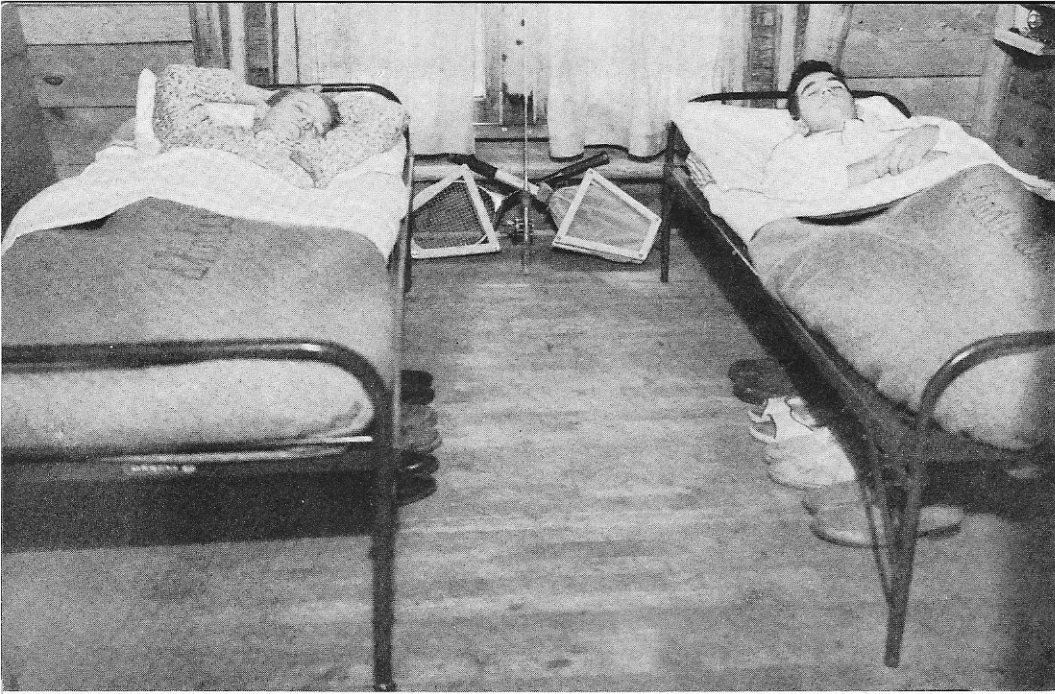
It is the policy of Shady Trails Camp to have each camper understand thoroughly every bit of his work of the season. The Camp does not feel that its obligations are discharged with the close of the camping season. It is anxious to assist each camper in a satisfactory adjustment of newly acquired habits upon his return home.





A complete report of the camping season covering analysis of difficulty, training at camp, the camper's response, and recommendations for his continued improvement is made at the close of the season to parents and, upon request, to the camper's school.





## SENIOR GROUP . . .

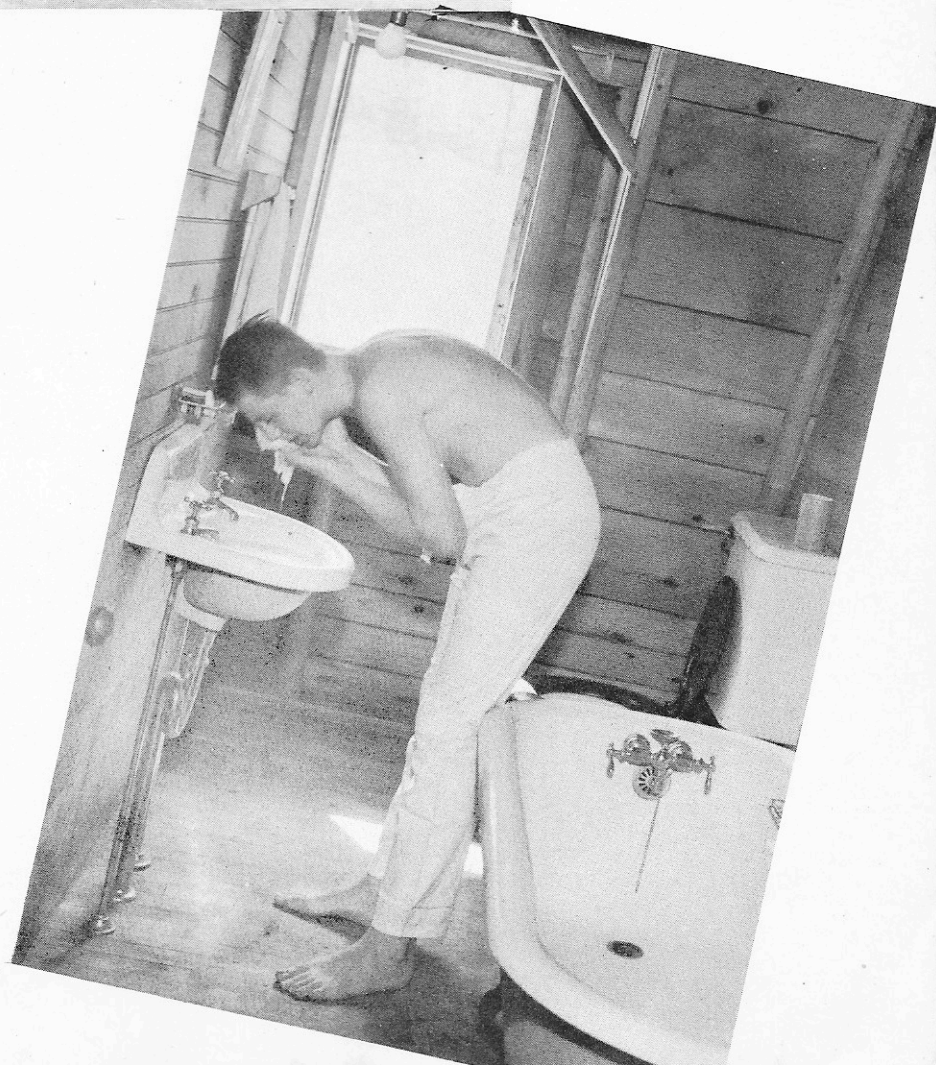
Boys beyond  
the  
high school  
age



The surroundings at  
Shady Trails are pleas-  
ant and harmonious . . .  
the buildings modern  
and comfortable . . .  
the atmosphere friend-  
ly. Homesickness is  
literally unknown in any  
age group.



In addition to formal programs of group and individual classes, life at Shady Trails is made varied and interesting through informal programs of swimming, boating, fishing, hiking, baseball, basketball, volley ball, tennis, as well as frequent club meetings, dramatics, camp fires, parties. The staff participates in all activities and always "speech comes first."





## DURATION

The session at Shady Trails Camp is nine weeks, the longest the summer permits. Enrollments, except for those boys returning for a second season, are accepted for the full session only.

The ninth session begins with classes on Monday, June 24, 1940, and closes after classes on Friday, August 23, 1940.

The tenth session begins with classes on Monday, June 23, 1941, and closes after classes on Friday, August 22, 1941.

Boys are expected to arrive in Camp on Saturday or Sunday previous to first classes and to remain until Saturday or Sunday after last classes.

## RESTRICTIONS

The Camp's enrollment is limited to thirty-two boys between the ages of eight and twenty-one inclusive; not more than eight boys in each of four age groups.

The privilege is reserved of returning any boy to his home if the results of diagnosis and examination indicate that his difficulty will not be materially benefited or that he is not of good moral character. In such instance a proportionate fee adjustment will be made immediately.

Since the service of the Camp is strictly rehabilitation wherein adequate results are expected by the staff, the parents and the camper, the Camp avoids enrollment of the mentally retarded.

The Camp is strictly non-sectarian. Boys of Protestant faith attend Sunday services in the neighboring village with a member of the Camp staff. Catholic boys attend Mass on Sunday with a staff member.

In the best interest of campers it is strongly suggested that visits from home between the opening and closing dates be limited to one or two.

# COST

The Camp fee, considering the specialized service of an expert and sizeable staff, the length of the session, the inclusiveness of examinations, tuition, board and room, is reasonable.

Extra items of expense are negligible. An ample supply of uniform camp clothing costs about \$15.00. Spending change and personal laundry should not exceed 75 cents per week each.

A limited number of scholarships in considerable reduction of the fee are granted each season to boys of high character and serious purpose who find the fee prohibitive. Scholarships are made available through the Camp's Supporting Fund.

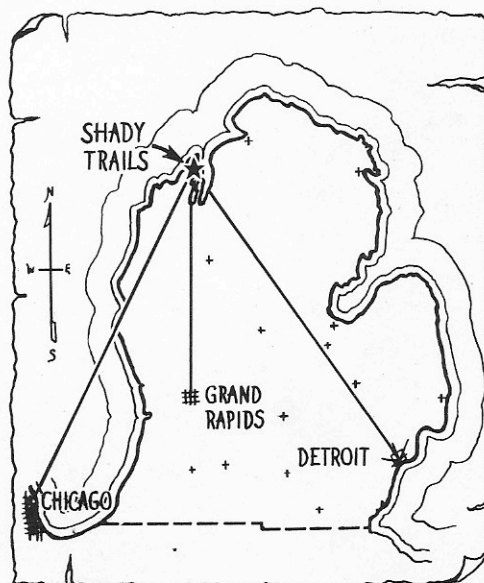
# LOCATION

The Camp road leads into M-22, the main highway between Traverse City and Northport (Michigan). The entrance to the Camp is approximately twenty-eight miles north of Traverse City.

Parents who bring their boys will find well paved roads. Those who come by train or plane will be received in Traverse City by a Camp committee.

*From Shady Trails Camp to:*

Chicago .....	356 miles
Detroit .....	285 miles
Ann Arbor .....	285 miles
Grand Rapids .....	178 miles
Traverse City .....	28 miles



## WHAT TO BRING

Uniform clothing should be ordered several weeks before Camp opening so that it can be made to measurement and delivered in time for marking before leaving for Camp. It is not necessary to bring a good suit.

It is desirable to have a sweater or jacket, a raincoat or slicker, and a pair of long trousers for use on cool or rainy days. The usual supply of handkerchiefs, underwear, pajamas, toilet articles, etc., are necessary. Four or six medium size turkish towels and wash cloths are practical. Musical instruments and recreational equipment are desirable but not necessary. Two small laundry bags are necessary.

The Camp furnishes Simmons cots and mattresses, bed linens and Kenwood blankets. Stationery is supplied by the Camp in a minimum charge that covers notebook and classroom necessities.

Every item brought to Camp should be plainly marked with name tapes or indelible ink. The name on adhesive tape serves for marking such articles as camera, tennis racquet and fishing rod.



## PAST, PRESENT, FUTURE . . .

Shady Trails, the National Speech Improvement Camp, was founded in the summer of 1932 by its present director. The Camp is built upon the cornerstone of service to boys with speech problems. Its objective has been and is to place in the hands of speech handicapped boys the tools with which to build normal speech.

The success that has attended the efforts of the Camp accounts almost solely for the healthy growth in enrollment from four boys, all from Michigan, in the summer of 1932 to an annual enrollment of more than thirty boys who come from ten or more states.

To the boy who now comes to Shady Trails, we extend a hearty invitation to determine his future — and thus the future of our camp-clinic.

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For further information write to:

JOHN N. CLANCY, P. O. Box 340,  
Ann Arbor, Michigan.

Or during the camping season write to:

JOHN N. CLANCY, Northport, Michigan.

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