

Minnesota State University, Mankato
Center for Communication Sciences & Disorders
150 South Road, 115 Clinical Sciences Building
Mankato, MN 56001

Case History- Transgender Voice

Please complete this case history as fully and legibly as possible.

I. IDENTIFYING INFORMATION

Today's Date: _____

Patient Information

Name _____

Person completing this form _____ Relationship to patient _____

II. PRIMARY CONCERN

Complaint (please state the main concern in your own words): _____

Please Describe any treatment you have had, where and who treated you: _____

Do you have any of the following?

___ Allergies (list) _____

Neurological Problems _____ Respiratory Problems _____ Endocrine/ Hormone Problems _____

Have you had any of the following?

___ Surgery on your larynx? When? _____

___ Heart Surgery? When? _____

___ Chest Surgery? When? _____

___ Thyroid Surgery? When? _____

___ Stroke? When? _____

___ Injury to the neck? When? _____

___ Chemical or Inhalation Exposure? When? _____

TVQ (MtF)

Rating Scale

1=never or rarely
2=sometimes
3=often
4=usually or always

Name: _____

Date: _____

Based on your actual experience of living as a female, please check the response that fits you best.

- | | 1 | 2 | 3 | 4 |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. People have difficulty hearing me in a noisy room. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. I feel anxious when I know I have to use my voice. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. My voice makes me feel less feminine than I would like to. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. The pitch of my speaking voice is too low. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. The pitch of my voice is reliable. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. My voice gets in the way of me living as a woman. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. I avoid using the phone because of my voice | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. I'm tense when talking with others because of my voice. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. My voice gets croaky, hoarse, or husky when I try to speak in a female voice. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. My voice makes it hard for me to be identified as a woman. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. When I speak the pitch of my voice does not vary often. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. I feel uncomfortable talking to friends, neighbors and relatives because of my voice. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. I avoid speaking in public because of my voice. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. My voice sounds artificial. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. I have to concentrate to make my voice sound the way I want it to sound. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. I feel frustrated with trying to change my voice. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. My voice difficulties restrict my social life. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. When I am not paying attention my pitch goes down. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. When I laugh I sound like a man. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. My voice doesn't match my physical appearance. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. I use a great deal of effort to produce my voice. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. My voice gets tired quickly. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. My voice restricts the sort of work I do. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. I feel my voice does not reflect the "true me". | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 25. I am less outgoing because of my voice. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

26. I feel self-conscious about how strangers perceive my voice.
27. My voice "gives out" in the middle of speaking.
28. It distressed me when I'm perceived as a man because of my voice.
29. The pitch range of my speaking voice is restricted.
30. I feel discriminated against because of my voice.

Please provide an overall rating of your voice:

Currently my voice is:
 Very female Somewhat female Gender neutral Somewhat male Very male

My ideal voice would sound: