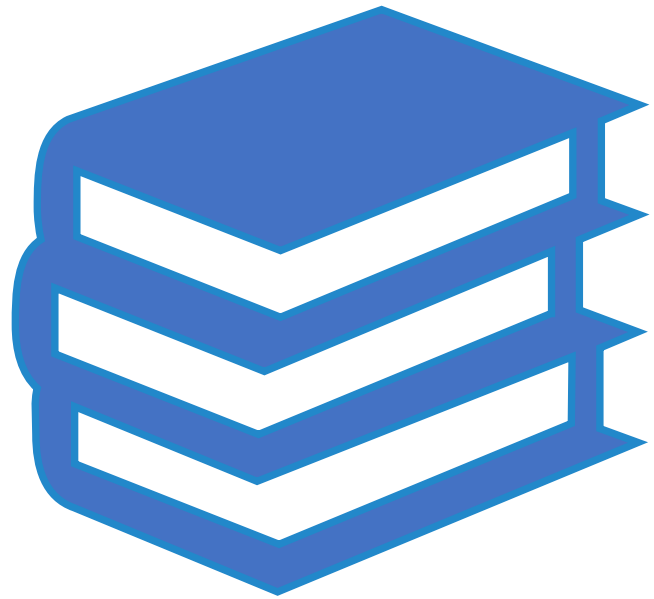




EXAM PREP & INFORMATION BY

**MADDISAN HEIDEBRINK
TAYLOR ERNSTE
CHRISTINE BLACK-HUGHES, PH.D., LICSW**



**CURRENT TEST
TAKING
HABITS/SKILLS
CBH**

TEST TAKING TIPS

- **SLOW DOWN**
 - Read the **ENTIRE** question
 - Think about the answer before looking at the options
- **Word usage**
 - ⑩ Ex: Not, Always, Sometimes, Always, and Never
- **Don't second guess yourself**

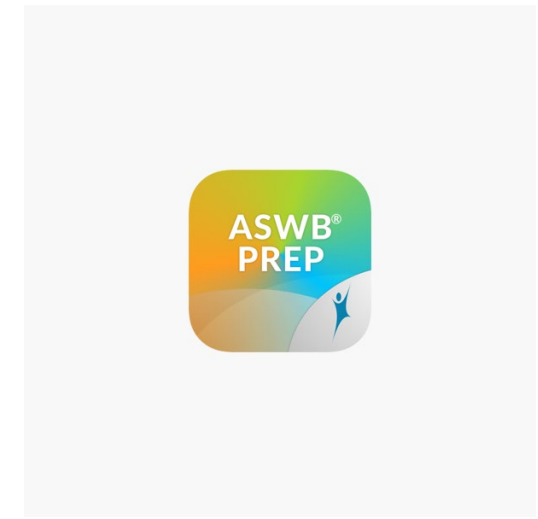
MH

STUDY TIPS

- Know how you learn and retain information best
 - ⑩ Time of day, visual pictures, color-coordinating
 - ⑩ Take breaks during studying
- Form study groups
 - ⑩ Keep the group number relatively small
- Go through previous course materials and notes



APPS



BSW App

BSW Pocket Prep

8:10 89%

← 1/10 VIEW ALL

A social worker is meeting with a client who is considering quitting her job to start her own business. The social worker encourages the client to make a list of reasons she should and should not leave her current job. The social worker is asking the client to base her decision on which of the following theories?

Social learning

Systems

Social exchange

Harm reduction

Flag Question

0:23 NEXT >

8:11 89%

← 1/10 VIEW ALL

following theories:

Social exchange ✓

Correct answer: Social exchange

Social exchange theory is based on the idea of totaling potential benefits and losses to determine behavior. A client will leave a current situation, such as a relationship or job, when the alternative is seen as better than the current situation (rewards outweigh costs).

The remaining answer options are incorrect. The harm reduction model is one that seeks to reduce risks associated with harmful behaviors, such as substance use, without requiring a client to discontinue use. Social learning theory posits that individuals learn from observing others. Systems theory operates from the perspective that an individual is in constant interaction with his or her environment.

Apgar, D. *Social Work ASWB Bachelors Exam Guide, Second Edition: A Comprehensive Study Guide for Success* Pg 219.

Flag Question Hide Explanation

0:36 II NEXT >

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VENUE

- The Pearson Test Centers is a global computer-based testing solution for academic, government, and professional testing programs
 - ⑩ All belongings are put away once you arrive
 - ⑩ Breaks are allowed, but the exam clock does not stop
 - ⑩ You are not allowed to eat, drink, or smoke in the testing room
- The test center staff will supply you with paper and a writing utensil



**WHAT THE TEST
CENTER WILL
LOOK LIKE**

INFORMATION ABOUT THE LICENSURE

- Exam length and time required: 4 hours maximum to take the test that has 170 questions
- Book an appointment for exam time and day
 - If you are a senior, you should be scheduling your exam time
- You can take the licensure before graduating
- If you fail the exam, you must wait 3 months before taking it again
- This document has the topics on the exam

⑩ [2018-Bachelors.pdf](#)

APPLICATION PROCESS

MSU LIBRARY SERVICES

- The MSU website provides the Social Work ASWB Bachelors Exam Guide
 - <https://ebookcentral-proquest-com.ezproxy.mnsu.edu/lib/mnsu/detail.action?pq-origsite=primo&docID=4102355>
 - A primary studying tool for the licensure exam and we will eventually be going through aspects of it together

SITES TO USE WHEN STUDYING FOR THE LICENSURE

- ASWB owns the licensure exam
 - <https://www.aswb.org/exam-candidates/>
- The Social Work Prep Test
 - ⑩ <https://www.socialworktestprep.com/free-social-work-exam-study-guide>
- MN Board of Social Work
 - ⑩ <https://mn.gov/boards/social-work/>

SOCIAL WORK DEFINITIONS & VOCABULARY

- Social Work Dictionary
 - ⑩ <https://naswpress.org/product/53610/the-social-work-dictionary>
- Social Work Encyclopedia
 - <https://www-oxfordreference-com.ezproxy.mnsu.edu/view/10.1093/acref/9780195306613.001.001/acref-9780195306613>