

# Annual Report



## The Glen Taylor NURSING INSTITUTE for FAMILY and SOCIETY MINNESOTA STATE UNIVERSITY, MANKATO

### The Glen Taylor Nursing Institute for Family and Society

The Glen Taylor Nursing Institute for Family & Society at the School of Nursing at Minnesota State University, Mankato, is committed to developing and enhancing innovating nursing knowledge that improves the health and healing of family and society. The Institute strives to be a national leader in its support and implementation of innovative family and societal nursing practice.

- Taylor Forums highlight nursing scholars and encourage ongoing discussions about family and society health.
- Becky Taylor Fellowships support research by Doctor of Nursing Practice students and create an environment where research is valued and encouraged.
- Visiting Scholars collaborate with students and faculty to enhance their understanding of family and societal health needs.
- The Institute links regional and international efforts through the collaboration with the International Family Nursing Association and other organizations.
- Faculty engaged in the Institute are committed to pursuing scholarship related to family and societal health.

## Highlights from 2010—2012

- All revised School of Nursing curricula (undergraduate and Bachelor of Science -Doctor of Nursing Practice) with a family and societal health focus are being implemented.
- Taylor Visiting Scholars have helped faculty gain a foundation in knowledge of family and societal health to support the mission of the Institute. The focus included increasing faculty knowledge of family and societal concerns and nursing. With completion of this initiative, the new focus is moving to the community.
- Supported the launching of a community based action research project focused on elderly caregiving families. This initiative is being conducted via an interdisciplinary partnership with the Chesley Center for Aging in the University system and community agencies.
- Hospital systems in the region (Mankato and Twin Cities) are beginning to collaborate with the Institute in developing family focused knowledge, skills, practices, workshops and efforts. Taylor Visiting Scholars and Institute Director have increased the partnership and initiatives with Mayo Health System in Mankato and the Hennepin County Medical Center and Fairview Systems in Minneapolis and Madelia Community Hospital in Madelia.
- Collaboration with Minnesota Nurses Association and Sigma Theta Tau International Honor Society of Nursing, Mu Lambda chapter to support nursing scholarship.
- A bi-annual newsletter has been produced with collaboration of the University marketing department. Initial newsletter distributed to all School of Nursing alumni and University community.
- Continued financial support for the formation of the International Family Nursing Association (IFNA). Director's participation on Board of Directors as an advisor, and faculty participation on numerous committees.
- Planning and supporting an International Family Nursing Association Conference (IFNC) to be held in Minneapolis in June, 2013 with the Institute as key sponsor.
- The Institute and School of Nursing have been invited to present a preconference focused on Simulation and Family Nursing Education to the IFNC in June, 2013.
- A luncheon dialogue with Becky Taylor and graduating Doctor of Nursing Practice (DNP) student who is the Becky Taylor Fellow and faculty advisor is ongoing every spring. A fall event will be added to the calendar when the new Becky Taylor Fellow is selected so that interaction begins early in the DNP student's academic program.
- Increased interaction of Becky Taylor Fellows and Taylor Visiting Scholars results in completed projects, commitment to the University and scholarly community.
- Continue to engage School of Nursing students, faculty, and Mu Lambda inductees to Taylor Visiting Scholar, mission of the Taylor Institute, and IFNA.



### Message from Director Dr. Sandra Eggenberger

The Glen Taylor Nursing Institute is becoming more visible and engaged with the University, regional and international community. The Taylor Advisory Council, Taylor Visiting Scholars and Becky Taylor Fellows remain an integral element of the Institute. The Becky Taylor Fellowships are strengthening the Doctor of Nursing practice program at Minnesota State University, Mankato. Becky Taylor Fellows with the guidance of faculty and Visiting Scholars have continued to conduct quality practice projects that aim to advance nursing practice. Graduating Becky Taylor Fellows remain committed to the University, the Institute and advancing the science of nursing practice. The Institute continues to seek ways to support faculty as they launch research and projects focused on nursing practice and nursing education with a goal of improving the health of families and society. Plans are underway to develop a new five year strategic plan with consultation of the Taylor Advisory Council. Sustainability of the Institute and initiatives is the key focus of the Director.

Taylor Visiting Scholars bring expertise to Minnesota State Mankato throughout the year and work with students and faculty to further their understanding of family and societal health needs and advance areas of research and practice. The strategic plan now calls for a direction of the Institute to move to the community and strengthen presence in the regional community. In 2010-2011 several members of the Taylor Advisory Council and other scholars served as Taylor Visiting Scholars:

Dr. Kit Chesla is Professor at University of California, San Francisco School of Nursing. Dr. Chesla's scholarship explores and illuminates how families, through their relationships and caring practices, heal and hold the chronically ill family member. Her teaching focuses on the topics of family health, chronic illness, and research methods. Dr. Kit Chesla has numerous publications in nursing, family nursing, psychology and research journals. Dr. Chesla is also dedicated to working with persons and families from diverse backgrounds. She is leading a large multi-method study of the personal, family and provider factors in well-being of persons with type 2 diabetes in African-Americans, Chinese-Americans, European-Americans and Latinos. The studies include a community-based sample of people with diabetes and their spouses with an interpretive study of their illness understandings and practices of living with diabetes. Dr. Chesla is currently the principal investigator on a 4-year Community Based Participatory Research Project to develop and test a family-focused behavioral intervention for Chinese immigrants with type 2 diabetes and their families. Dr. Chesla provided the following keynote presentations:

- Mu Lambda Research Forum in September 2011, sponsored by the Glen Taylor Nursing Institute for Family and Society and Mu Lambda chapter. Dr. Chesla's keynote "Can Nurses Improve Health by Working with Families?" received television and print press attention.
- Minnesota Nurses Association community forum on September 10, 2011 featured Dr. Chesla. The event partnered the Institute and the community while the topic, "Adapting Interventions for Culturally Diverse Families" increased the nursing focus on societal concerns.
- Doctor of Nursing Practice Scholarly event of the Minnesota State Colleges and Universities Consortium Program provided visibility for the Institute, shared current knowledge of family nursing interventions with DNP students and helped consortium members understand translation of knowledge to nursing practice with a DNP.
- Celebration dinner in Mankato and Twin Cities in spring of 2012 for preceptors of undergraduate and graduate students with presentation featured. Dr. Kit Chesla. The purpose was to support the partnership with practice settings while honoring the preceptors' efforts, highlighting the Institute and increasing focus on family nursing practice.

Dr. Denham is an internationally recognized family scholar dedicated to advancing family nursing practice and the science of family nursing. Dr. Denham recently retired from a Professor at Ohio University in the School of Nursing where she taught courses in family, evidence-based practice, theory, nursing education, nursing research, and community health. Dr. Denham authored a textbook entitled Family Health: A Framework for Nursing. This text is used in graduate curriculum in the School of Nursing. Dr. Denham introduces the Family Health Model as a guide for family-focused care that addresses nursing practice and family health outcomes. Currently Dr. Denham has received project funding from the Center for Disease Control and Prevention (CDC) to build community coalitions that will combat the diabetes disparities. This continuing 5-year grant brings several million dollars to fight diabetes among families. Her program of research has focused on family health issues of Appalachian populations and health disparities. Diabetes has emerged as a priority area of concern for nursing—practice, research and education. Dr. Denham focuses on diabetes from the family perspective and provides information, activities, and media geared towards not only those suffering from diabetes, but also their families, friends and communities. Dr. Denham has developed an innovative Tool kit to address diabetes as a family matter. Dr. Denham has been a Visiting Scholar who has presented workshops focused on family nursing practice at:

- Hennepin County Medical Center (HCMC) staff Leadership Retreat on April, 2012. The event was attended by over 50 participants who provided positive feedback such as, "this was a reaffirmation of family centered care", "Sharon Denham was exactly who the nursing leaders needed to hear from at this year's retreat. I continue to hear of positive outcomes as a result of the retreat and a greater focus on family nursing." The event solidified an ongoing partnership between Institute and HCMC. Discussions about future initiatives continue.
- Mayo Health Systems, Mankato Leadership team participated in Dr. Denham's presentations of Family-Focused Care and Family Health Model on April, 2011. Follow-up consultations with small groups of leadership teams continued in June, 2011 to increase family focused practice initiatives.
- School of Nursing faculty meeting and graduate class presentations focused on family health and family-focused nursing practice.

Dr. Ann Garwick, Professor and Director, Center for Child and Family Health Promotion Research and Center for Children with Special Health Care Needs from the University of Minnesota provided a presentation to faculty on Community Action Research Projects in May, 2011. Several School of Nursing faculty are beginning to plan a launching of community projects that will support societal health and need knowledge, guidance, and support in this area. Dr. Ann Garwick will be offering continued consultation as these projects are launched. The Taylor Institute is supporting the launching of these community projects in Twin Cities and Mankato region.

Becky Taylor Fellowships support research by Doctor of Nursing Practice students and create an environment where research is valued and encouraged.

The Becky Taylor Fellowships continue to support doctoral student scholarship in areas of concern related to family and societal health and helps create an environment where family and societal research and scholarship are valued and encouraged.

Becky Taylor Fellowship recipients graduated. This graduation of Doctor of Nursing Practice students was noted in local and University media releases, local and University newspapers and television publicity.

Rhonda Bender, RN, MS, FNP-BC from Bagley Minnesota was named a Becky Taylor Fellow for fall 2011. Rhonda is a Doctor of Nursing Practice student at Minnesota State University Mankato. Her focus is health literacy and chronic illness. Rhonda's capstone project seeks to answer the question: In rural Midwestern adult HCH enrollees (age 65 years and older) with complex chronic illness, how does implementation of evidence-based health literacy workshops (based on the HeLP MN Seniors guidelines) impact patient health literacy and satisfaction with the primary care experience compared to current practice? Rhonda Bender recently provided Dr. Eggenberger with a letter to be shared with Becky Taylor with statements, such as, "Becky Taylor Fellowship funds have permitted me to change a career direction and enter the clinical practice environment. ...I was way dying on the vine and desired an employment change in order to have opportunities for professional growth and leadership development. I had an employment offer on the table but could not accept it until the day I humbly learned of my Taylor Fellowship award! This allowed me to spread my wings and fly without jeopardizing my doctoral program completion." (Bender, July 8, 2012 Letter)

Joyce Bredesen's DNP project titled *A Comparison of Recommended Practice Guidelines for Health Care of the Homeless and the Current Health Status of Homeless Families in St. Paul, Minnesota as Assessed Through the Use of Photovoice Methodology* purpose was to increase Community awareness of the health care needs of homeless families, promote dialogue about the strengths and health care system problems, and to encourage improvement in the delivery of services to the homeless within the St. Paul, Minnesota community. Specifically, the national guidelines recommended for healthcare of the homeless population was compared with the current health care experiences of homeless adult family members through a Photovoice assessment. The results were shared and discussed at a community forum to promote dialogue and bring about change. The Becky Taylor Scholarship Award funded the project and enabled this DNP project to affect change within the community as well as promoting improvements in delivery of healthcare services and ultimately improve the health outcomes of homeless families within the St. Paul community. Dr. Marcia Stevens says "I have no question that Joyce will continue to be a strong advocate for changes in the way homeless families receive health care services." The Becky Taylor Dissemination Award allowed Dr. Bredesen to disseminate the results of her capstone project at the NET 2012 Conference in London, England.

The May 2011 Becky Taylor Fellow graduate, Amanda Winrow recently accepted an adjunct faculty position at Winona State University teaching her expertise, maternity nursing practice. Amanda recently shared with Dr. Eggenberger her excitement about being able to "share her passion for improving family nursing care by teaching undergraduate nursing students." Amanda reports that her capstone project: Implementing Postpartum Family Care Evidence" as a Becky Taylor Fellow focused on implementing current practice guidelines based on the research. Her guidelines aim to support family care at Winona Health Hospital and reports, "The guidelines should be fully implemented in the hospital practice by end of August, 2011." Amanda stated, "I am excited to begin teaching family nursing care and seeing my project fully implemented in the hospital setting. The Becky Taylor Fellowship helped my dreams become reality."



Visiting Scholars collaborate with students and faculty to enhance their understanding of family and societal health needs.

### **Taylor Visiting Scholars, Students, and Faculty Collaboration**

- Graduate students and faculty attended a lunch and dialogue with *Taylor Visiting Scholar, Dr. Sharon Denham* on February 1, 2010.
- Graduate students and faculty invited to Dr. Denham's presentation, "My Journey as A Nursing Scholar" at Minnesota State Mankato at 7700 France on February 2nd followed by welcome reception.
- Undergraduate students and faculty were invited to a presentation by Dr. Denham, "Healthy Lifestyle and Diabetes Prevention", on February 11 with a welcome reception at Minnesota State University Mankato on February 11, 2010
- A community-wide conference titled "Patient Centered Care to Meet Societal Needs" was planned for April 5-7, 2010 with Dr. Denham as the keynote and panel presentation by regional health care system leaders. The conference was not held due to limited number of participants enrolled with plans to continue on this path in the future.
- Family nurse researcher and academic from Brazil, *Dr. Regina Bousso* came to the Institute to meet with Director to plan the nursing research initiatives focused on nursing practice education.
- Several graduate students and faculty collaborate and consult with the Institute Director throughout each year to plan and conduct research that advances nursing practice and improvise the health of individuals and families.
  - Graduate students Becky Sharpe completed family support group research in critical care setting.
  - Prior faculty Mary Ann Moon planning family research in critical care setting.
  - Graduate student Marita Sanders is planning a nursing education initiative in critical care setting.
- Several graduate students collaborated with Dr. Diane Witt and Dr. Eggenberger to conduct Family Caregiving research in Mankato community.
- *Dr. Sharon Denham, Taylor Advisory Council member*, came to campus on September 17-20, 2010 to share her family nursing framework with faculty and students. Dr. Denham made presentations to faculty and met with graduate students in family nursing science courses.
- *Dr. Naomi Ervin, Taylor Advisory Council member*, came to campus on October 28, 2010 to share knowledge related to societal health concerns, population nursing, and future trends in societal health. This presentation formally launched the focus on community nursing, societal health, and population focused nursing.
  - Taylor Visiting Scholar, Dr. Sharon Denham, Institute Director and faculty moved forward with the idea of authoring a textbook for undergraduate nursing students: *Family Focused Care: Think Family* with textbook chapter meetings September 26-October 1, 2011. Textbook prospectus accepted by FA Davis who is primary publisher of family nursing textbooks. Collaboration and consultation continues with textbook publication date of June, 2013.
- Workshops for faculty were held on November 8 and 9<sup>th</sup>, 2010 by *Taylor Visiting Scholar, Dr. Janice Bell*, editor of *Journal of Family Nursing* and internationally recognized family nursing scholar. Teaching Family Nursing Assessment and Intervention Model was workshop focus.
- Several of the Video and PowerPoint presentations of Visiting Scholar work with faculty and students are available for faculty reference.
- Resource textbooks authored by Visiting Scholars and presentations by Visiting Scholars were made available to faculty and students for references.

The Institute links regional and international efforts through the collaboration with the International Family Nursing Association and other organizations.

#### **International Family Nursing Association**

The Glen Taylor Nursing Institute for Family and Society continues to support the growth of the International Family Nursing Association (IFNA) that sponsors the premier International Family Nursing Conference. Currently the IFNA has 115 members, representing 17 countries. The mission of the Association is to foster the individual and collective development of nurses involved in the promotion of health care to families by providing a unique international forum of shared responsibility for the advance of family nursing. See <http://internationalfamilynursing.org/>. IFNA makes substantial contributions to the advancement of family nursing through facilitating networking among those interested in family nursing education, practice, and research promoting the care of families in health and illness. Institute Director Dr. Eggenberger continues to serve as an advisory on the IFNA Board of Directors. The first IFNA webinar on titled, "Getting to the HEART of Family Nursing Interventions" was offered by Dr. Janice Bell, Taylor Visiting Scholar and Advisory Council member on May 2, 2012.

#### **Family Nursing Externship**

On May 3-7, 2010 faculty were invited to attend Family Externship offered by Dr. Janice Bell and Dr. Lorraine Wright, international leaders, authors and scholars in family nursing in Calgary, Alberta Canada. The Institute provided faculty with the opportunity to attend and Dr. Patricia Young attended.

#### **Family Nursing Research Partnership**

The Institute was invited to participate in an international research project funded by the Canadian Health Institute. The principal investigator Dr. Fabie Duhamel and facilitator Dr. Janice Bell are leading family nursing scholars who plan to implement family nursing practice change projects. Institute has invited practice partners of hospital systems in Mankato and Minneapolis region to join the partnership.

#### **International Family Nursing Conference in Iceland**

Institute Director, Dr. Marcia Stevens, and Dr. Sonja Meiers attended International Family Nursing Conference in Iceland April 28-May 6, 2010. The International Family Nursing Association founding meeting occurred. A poster featured The Glen Taylor Nursing Institute for Family and Society. An introductory reception was held to introduce the Institute to the international community. Over 25 interested individuals attended with Taylor Advisory Board Members also present.

#### **International Family Nursing Conference in Japan Recognizes Glen Taylor Nursing Institute as a Center of Excellence in Family Nursing Practice**

The Glen Taylor Nursing Institute for Family and Society was recognized as a leader in family nursing at the International Family Nursing Conference in Kyoto, Japan in June, 2011. The Institute had a strong presence at the international conference and was identified as a Center of Excellence in Family Nursing Practice. Over one thousand participants from 34 countries participated in this conference dedicated to advancing family nursing in the areas of practice, education, and research.

#### **SPONSORSHIPS**

- Gala for Madelia Hospital Foundation May 2011
- Booth Exhibit at Southern Minnesota Nurses' Exposition May 2012
- Caregiving in America

#### **Glen Taylor Nursing for Family and Society will support 2013 *International Family Nursing Conference: Honoring the Past, Celebrating the Future*, on June 19 - 22, 2013.**

Minnesota, USA will be the site of this biennial conference focuses on family nursing practice, research, and education. Leaders in family nursing share knowledge and experiences that move family nursing practice forward globally. The Taylor Institute will be recognized in several ways during this conference. Regional faculty, practitioners, and students will be participating in this conference. The School of Nursing faculty at Minnesota State University Mankato will be instrumental in planning the conference events. Dr. Sandra Eggenberger is co-chairperson of the committee. Dr. Eggenberger is collaborating with the other co-chairs who are Taylor Advisory Council Members: Dr. Kit Chesla and Dr. Kathy Knafl. School of Nursing faculty Dr. Norma Krumwiede, Dr. Patricia Young, Dr. Hans Peter De Ruiter, and Dr. Marcia Stevens will be leading committees that support the conference.

The Institute links regional and international efforts through the collaboration with the International Family Nursing Association and other organizations.

## **Regional Linkages**

### **Midwest Nursing Research Conference**

The Glen Taylor Nursing Institute for Family and Society hosted an information session at the Midwest Nursing Research Society, the premier nursing research organization in Kansas City, Missouri on April 8, 2010. The Family Health Research Section held its first preconference at this event, so it was imperative that the Taylor Nursing Institute have a presence. We had more attending than we originally expected so the interest in the Institute was significant. We connected with potential faculty interested in family and societal health, students wanting to know about our Becky Taylor Fellowships, and potential collaborators in family and societal research.

### **Director of Institute serves as Family Health Research Section Chair**

Institute Director Dr. Sandra K. Eggenberger was elected to serve as Midwest Nursing Research Society's Family Health Research Section Chair. This position increased visibility of the Institute and strengthened role in family health and family nursing research. A symposium focused on family nursing intervention research was planned and held with excellent reviews.

### **Glen Taylor Nursing Institute Collaborates with Mayo Clinic Health System to Strengthen Family Care**

Taylor Visiting Scholar Dr. Sharon Denham and Taylor Institute Director Dr. Eggenberger are currently collaborating with Mayo Clinic Health Systems to strengthen family focused care. A purpose of the Glen Taylor Institute for Family and Society is to improve family health by including family care into nursing practice. This consultation with Mayo Clinic Health Systems will advance family nursing practice based on current evidence and practice. Family-focused care presentations have been made to nursing staff, medical staff, and leadership teams in 2010. Dr. Denham and Dr. Eggenberger will continue this consultation with Mayo staff and leadership team in September, 2011.

### **Glen Taylor Nursing Institute for Family and Society Featured in *Caregiving in America* Magazine**

*Caregiving in America* is a newly formed local magazine targeting caregivers of family members. The Ask a Nurse section of the magazine indicates managing health and illness issues often have unanswered questions about when to seek a provider's assistance, how to manage symptoms, how to plan for the future and how to blend all of these with family life. The Family Nursing Research Team in the School of Nursing is cooperating with the Glen Taylor Nursing Institute for Family and Society to answer questions submitted to the magazine by family caregivers. Faculty in the School of Nursing has responded to family caregiver questions.

Faculty engaged in the Institute are committed to pursuing scholarship related to family and societal health.

#### **School of Nursing faculty Attend and Present at the International Family Nursing Conference**

Four School of Nursing faculty attended the 10<sup>th</sup> International Family Nursing Conference, *Making Family Nursing Visible: From Knowledge Building to Knowledge Translation*, at the Kyoto Japan International Conference Center. Dr. Sandra Eggenberger collaborated with Taylor Advisory Council Member, Dr. Janice Bell to highlight the Glen Taylor Nursing Institute for Family and Society in special sessions and symposiums. Dr. Sandra Eggenberger, Dr. Norma Krumwiede, Dr. Hans Peter De Ruiter, and Dr. Patricia Young presented symposiums, special sessions and individual presentations focused on family nursing education, research, and practice:

- Bell, J. M. & Eggenberger, S. *Centers for Excellence in Family Nursing Practice Around the World: The Glen Taylor Nursing Institute for Family and Society.*
- Eggenberger, S. K., Bell, J.M. & Young, P.K. *Glen Taylor Institute: Clinical Scholarship and Research Methods to Advance Family Nursing Practice.*
- Eggenberger, S. K. *Psychometric Testing of the Family Nurse Presence Instrument among Family Members in Critical Care: Making Visible the Importance of Understanding, Connecting, Including and Listening for Nurses.*
- Krumwiede, N., Eggenberger, S., Meiers, S., & Nelson, K. *Making Family Visible: One Approach to Baccalaureate Nursing Education.*
- Krumwiede, N., Meiers, S., & Eggenberger, S. K. *Development of Family Nursing Outcome Competencies for Undergraduate and Graduate Nursing Education.*
- Meiers, S., Eggenberger, S. & Krumwiede, N. *Implementation of Family Nursing Pedagogy Model.*
- Peter de Ruiter, H. *The Invisibility of Family in the Electronic Patient Record.*
- Young, P., Eggenberger, S., & Nelson, K. *Teaching Undergraduate Students to Think Family.*
- Young, P., Lavalley, P., Beunza Nuin, M., Justin, D., & Kuhlman, D. *Who is suffering the most?*

#### **Glen Taylor Nursing Institute Supports Faculty Scholarship Aligned Institute Purposes**

Glen Taylor Nursing Institute for Family and Society supports faculty attendance at conferences related to Family and Societal Health, dissemination of faculty scholarship and research projects related to family and societal health. In 2010-2011 the funds supported:

- Dr. Sue Ellen Bell: Distributive Justice Perspectives of Hospital Medical/Surgical Nurses- Research Project
- Dr. Sue Ellen Bell: American Association of Colleges of Nursing Doctoral Education Conference Attendance
- Dr. Hans Peter De Ruiter: Visibility of the Family in the Electronic Health Record: Dissemination at International Family Nursing Conference
- Jennifer Demma: Building Equal, Meaningful, and Sustainable Relationships with International Nursing Education Partners: A Participatory Action Research Project in Ghana, Africa
- Dr. Sandra Eggenberger: Psychometric Testing of Family Nurse Presence Instrument Research Project presented at Midwest Nursing Research Society
- Dr. Norma Krumwiede: Making Family Nursing Visible: One Approach to Baccalaureate Nursing Educate-Dissemination at the International Family Nursing Conference
- Dr. Patricia Young: Family Nursing Externship provided by Taylor Advisory Council Member Dr. Janice Bell
- Dr. Sandra Eggenberger: Advancing Nursing Scholarship: The Glen Taylor Nursing Institute for Family and Society. Dissemination at the Midwest Nursing Research Society.
- Dr. Janice M. Bell (Taylor Advisory Council Member), Dr. Sandra Eggenberger, and Dr. Ruth Van Heukelom (Becky Taylor Fellow) Advancing Family Nursing Practice: The Glen Taylor Nursing Institute for Family and Society-Dissemination at National Council for Family Relations at National Conference.

#### **Glen Taylor Nursing Institute and School of Nursing Faculty Writing a Family Textbook: *Family-Focused Nursing Care***

Taylor Advisory Council member -Dr. Sharon Denham, Institute Director- Dr. Sandra Eggenberger, and School of Nursing faculty Dr. Patricia Young, and Dr. Norma Krumwiede are collaborating with several School of Nursing faculty to author a book ***Family-Focused Nursing Care*** that will be published by F. A. Davis Company. The book aims to teach nurses to empower the family throughout assessment, care planning, care interventions, and care evaluation processes. The text will help readers develop a clear understanding of ways to offer emotional and practical support to family members during times of illness and ‘think family.’ Publishers state the text will fill a gap in current textbooks with potential to impact undergraduate nursing education. School of Nursing faculty are completing their chapters with peer review process underway.



## Faculty engaged in the Institute are committed to pursuing scholarship related to family and societal health

Funding continued in 2011-2012 to support those educational activities, dissemination and research that support the mission and vision of the Institute. Funding supported:

- Dr. Norma Krumwiede – *The Quest for Excellence in Geriatric Education Award*. Family and Society Conference Grant for \$2,630.00. And *Evaluating Student Learning using the Red Yoder Unfolding Case Study*. Research Dissemination Grant for \$3,134.00.
- Dr. Norma Krumwiede and Dr. Angela Christian – *The Maverick Family; Planning the Development of Standardized Family Cases*. Faculty Research Grant for \$6,500.00.
- Dr. Stacey Van Gelderen – *Development of the Van Gelderen Simulation Rubric of Family Based Care*. Faculty Research Dissemination Grant for \$2,495.00.
- Dr. Nancyruth Leibold – *Service Learning Strategy that Incorporates Family Nursing in a Community Health Nursing Clinical Course*. Family and Society Conference Grant for \$1,440.00.
- Dr. Hans-Peter de Ruiter – *Transforming Caring into Bytes: Examining how the Electronic Health Record Impacts Community Mental Health Care*. Faculty Research Grant for \$4,370.00.
- Dr. Diane Witt – *Conversations and Caregiving in Aging families, phase 1*. Faculty Research Grant for \$7,555.94.
- Dr. Patricia Young – *Professional Joy: Finding Well-being, Pride and Engagement in your Profession*. Family and Society Conference Grant for \$400.00.

Madelia Community Hospital and Clinic partnered with Minnesota State University Mankato School of Nursing to complete a community health needs assessment. School of Nursing faculty members Kelly Krumwiede, Norma Krumwiede, Donna Erickson, and Stacey Van Gelderen worked with 15 community health senior nursing students, and Madelia community leaders and members to complete an initial assessment. Seven groups were identified as priority populations to include in the initial assessment. The seven groups included 1). Madelia Community, 2). Hispanic Population, 3). Elderly Population: Amberfield Assisted Living, Hartshorn Manor, and Luther Memorial Home, 4). Home Care, 5). St. Mary's Preschool and Elementary, 6). Madelia Public Elementary School, and 7). Madelia Public Secondary School.

The Glen Taylor Nursing Institute for Family and Society led by Dr. Sandra Eggenberger sponsored a meeting with Dr. Margaret Dexheimer Pharris author of Community-Based Collaborative Action Research to further inform the Madelia Community project. At this time, the school of nursing will continue to assess more areas in the community and will be meeting with community members to verify findings of initial community assessment project. Through the Glen Taylor Nursing Institute for Family and Society, a meeting is scheduled with Dr. Margaret Dexheimer Pharris and Carol Pillsbury Pavlish to discuss a collaborative action research plan for the community of Madelia. The team working on collaborative action research is called Madelia Community Based Collaborative (MCBC). The purpose is to enhance the health status of members of the Madelia Community.

# Appendix

Appendices provide evidence to support annual report.



## MINNESOTA STATE UNIVERSITY MANKATO

### THE GLEN TAYLOR NURSING INSTITUTE FOR FAMILY AND SOCIETY

You are cordially invited to a reception celebrating the collaboration of

The Glen Taylor Nursing Institute for Family and Society, School of Nursing at Minnesota State University, Mankato, and the International Family Nursing Association.

Thursday, November 5, 2009  
4:00 – 5:30 P.M.  
Johnson Alumni Room  
Taylor Center  
Minnesota State University, Mankato

Minnesota State Mankato is an Affirmative Action/Equal Opportunity University. A member of the Minnesota State Colleges and Universities System. Individuals who need a reasonable accommodation to participate in this event should contact both Regan at 507-389-6026, or 800-437-3529 or 711 (HRS/TTY), at least three days prior to the event. This document is available in alternative format to individuals with disabilities by calling the numbers above.



## MINNESOTA STATE UNIVERSITY MANKATO

### Becky Taylor Fellowship Becky Taylor Doctoral Fellow

Become a

Find support for your doctoral education through the Glen Taylor Nursing Institute for Family and Society

Your research could improve health care for families. It could help the health care system meet the needs of our changing society. It could create solutions, bridge gaps and promote innovative practices.

A Becky Taylor Doctoral Fellowship could help you apply research better—and easier.

Minnesota State Mankato Doctor of Nursing Practice students are encouraged to apply for a fellowship, which supports education and research focused on improving and enhancing family and societal health. Fellowship dollars can be used for tuition, fees, capstone projects costs and living expenses.

Fellowships will be awarded based on application materials and available resources.

Find out more about the Fellowship and the application process at [ahn.mnsc.edu/nursing/institute/fellowships](http://ahn.mnsc.edu/nursing/institute/fellowships) or contact Dr. Sandra Eggenberger at 507-389-6821 or [sandra.eggenberger@mnsc.edu](mailto:sandra.eggenberger@mnsc.edu)

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## MINNESOTA STATE UNIVERSITY MANKATO

### SCHOOL OF NURSING

#### The family experience of participating in an ICU Support Group: A pilot study

Rebecca M. Wenthold, RN, MS

##### Introduction

Intensive Care Unit (ICU) began in the 1950s when the medical and surgical wards, housing monitoring of postoperative patients (Barnham, 1975). ICUs have been primarily patient centered with limited focus on the family. The family experience during critical illness is filled with emotional distress, suffering, and difficulty coping (Dionisio, 2000; Eggenberger & Miles, 2007). Currently, ICU nurses are striving to provide care to critical patients and their families.

##### Review of Literature

The family experience when a loved one is hospitalized in the ICU

- Qualitative data demonstrate elevated stress responses (Miles et al., 1993; See-Horn & Bell, 2000), increased levels of anxiety and depression (Winkler et al., 2010; Pappagiovanni, 2006; Hall & Kibbey, 2007), and a risk for post-traumatic stress disorder (Chen & Chen, 2007; Winkler et al., 2010; Pappagiovanni, 2006).
- Qualitative data found families experience a strong emotional response to having their loved one in the ICU with a range of emotions such as fear and shock, loneliness, anxiety, worry, fatigue, and a need to be strong (Eggenberger & Miles, 2007; Hughes et al., 2006; Johnson et al., 1995; Kollar et al., 1994).
- Family involvement in ICU was also filled with uncertainty, and a feeling of not knowing, as well as time of family conflict and family unity (Dwyer & Newman, 2006; Eggenberger & Miles, 2007).

##### Family Support Groups in ICU

- Family Support Group research in the ICU is limited and inconsistent. Studies reported small sample sizes and heterogeneous results when compared to a control group. However, findings still suggest some benefits.
- Families reported support groups as helpful, indicating they would attend again (Stiller et al., 1998; Stiller et al., 1994).
- Provide opportunities for family communication (Eaton, Eggenberger, & Eggenberger, 2009).
- Family members in support groups reported more of their needs being met using the Critical Care Family Needs Inventory (Stiller et al., 1994).
- Family members participating in an ICU support group had significantly decreased anxiety compared to pretest (Stiller, 1993).

##### Methods

- Qualitative approach
- 21 Bed General ICU at Level 2 Stoll Medical Hospital
- All members of support group, families were invited to participate in the research study
- Consent signed and Family Background Completed
- Interviews began with the question, "Tell me about your experience participating in an ICU Support Group"
- Three interviews conducted with three individuals (interviews with an individual family member, 1 interview with a family of three individual)
- Interviews analyzed using Van Manen's (1990) Life World Theme

##### Lived Space: Trying to Understand

###### Experiencing Information

- "I would like to get more information from you so where else to look for support. I can get information from the staff, so there are some people right here that I could talk to or a social worker to have because I haven't talked to a social worker. I could also get some additional resources." (Family A)
- "I was very interesting, the other person that was there, I thought she was helpful in explaining what she learned while she was going through ICU with her husband. And I felt the information that what she shared was very helpful because I didn't know any of that." (Family D)

###### Decision Making

- "I think it's very beneficial to establish, for a hospital to have these types of support groups because people are in a state of decision making." (Family D)
- "When I heard about that I would need to have for a bit, and I felt hesitant to me and the kind of person the way for that to be on my decision." (Family B)
- "It's not time when every family has to go through, at some point in life, and if one of those life moments that you have to make their decisions of what's best." (Family D)

###### Sense of Direction

- "You just thinking about what comes next with my mom, what's the next doctor's what's next, and not thinking about the supportive person." (Family A)
- "She can breathe on her own. The only other option is immediately and help us. I see people for that. I had experience about the situation." (Family C)
- "I got some questions answered and that gave me some direction." (Family B)

##### Lived Relation: Being Not Alone

###### Having Presence

- "I felt like talking during the support group, you were there for me even me being the person that there for everyone else." (Family A)
- "It did feel good that someone was caring enough to want to know how I was feeling." (Family B)
- "To know she and I were available to you, know, and take the time to share with us and to say, you know, we're here for you." (Family D)

###### Being Supportive

- "I thought she was a goddess because she was open and you know how honest about what she's going through with the end her daughter." (Family D)
- "I was very helpful, I liked to hear that everybody else is going through the same thing." (Family C)

##### Lived Time: Realizing

- "I guess most of it, I heard, and then I can be there for my family again." (Family A)
- "I had your mind of your situation for a minute. And let you just let the other people share their stories and answers." (Family C)
- "Come me more time to process things and to think about it all." (Family D)

##### Conclusions

- Experience of participating in a support group is described in Getting Strength, Having Presence, Being Together, Sharing my Story, Realizing, Negative Response, Experiencing Vulnerability with Others was described as an initial vulnerability, yet participants reported a feeling certain in the group and a feeling of being supported.
- Realizing, Sharing, Suffering, and others can be difficult to hear, but families found comfort in this sharing.
- Valid information for families of ICU patients providing information and emotional support.





## MINNESOTA STATE UNIVERSITY MANKATO

### School of Nursing Minnesota State University Mankato

#### Preceptor Celebration Dinner and Presentation Program

March 28, 2012

6:00 p.m.  
Welcome and Introductions - Sandra Eggenberger, PhD, RN  
Appreciations and Partnership - Marcia Stevens, DNSc, RN

6:15 p.m.  
Dinner

7:00 p.m.  
Featured Speaker

Catherine (Kit) Chesla, DNSc, RN, FAAN  
Thelma Shobe Endowed Chair in Ethics and Spirituality  
University of California, San Francisco

Nursing's Pivotal Position in Promoting Health in Families and Communities

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Appendices provide evidence to support annual report.






# School of Nursing

## Minnesota State University, Mankato

### Celebration for Baccalaureate, Masters, and Doctor of Nursing Practice Degree Graduates

### Pre-Commencement Reception Program

### Saturday, May 5, 2012

10:00 - 10:30 A.M.	Continental Breakfast
	Social Time and DNP Poster Viewing
10:30 - 11:00 A.M.	Program

<b>Welcome</b> Greetings from the SON Chairperson Greetings from the Taylor Institute Director Reflections on Graduation Acknowledgment of Graduates Pinning of RN-to-BS Completion Students Hooding of Masters Students Recognition of DNP Students	Dr. Marcia Stevens Dr. Sandra Eggenberger Dr. Patricia Young Dr. Laura Schwarz Ms. Marlys Sandve Dr. Marcia Stevens
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**The Glen Taylor NURSING INSTITUTE for FAMILY and SOCIETY**

# Becky Taylor Fellowship

## Congratulations Becky Taylor Fellowship Recipients



**Susan Field, RN, DNP**  
Cultural Competence of Nurses  
in a Rural Clinic Setting  
Adviser: Sue Ellen Ball, PhD, RN, FNCNS, BC



**Ruth Van Heukelom, RN, DNP**  
Impact of Selected Patient and Family-Centered  
Interventions on Press Ganey Satisfaction Scores  
Adviser: Dr. Mary Mueser, DNP, BC



**Dana Schardt, RN, DNP**  
The Effects of Guided Imagery on  
Perceived Stress in the Perinatal Adolescent  
Adviser: Mary Mueser, DNP, BC



**Amanda Winrow, RN, DNP**  
Delivery to Discharge: Implementing Postpartum  
Guidelines into a Small Rural Hospital  
Adviser: Dr. Tracy Wright



**Rhonda Bender, RN, MS, FNP-BC**  
How does adoption of a patient/family-centered  
education system that incorporates health literacy  
design principles impact patient satisfaction and  
readmission rates?  
Adviser: Sue Ellen Ball, PhD, RN, FNCNS, BC



**Joyce Bredesen, RN, MSN**  
A Comparison of Recommended Practice  
Guidelines for Health Care of the Homeless  
and the Current Health Status of Homeless  
Families in St. Paul, Minnesota  
as Assessed Through the Use of Photovoice Methodology  
Adviser: Marcia Stevens, RN, DNP

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This document is available to Minnesota faculty and students with disabilities by calling the Center of Learning at 612-243-6222 (T), 612-243-2029 (V), 612-243-7775, 1-800-877-0128

**MINNESOTA STATE UNIVERSITY MANKATO**

**The Glen Taylor  
NURSING INSTITUTE  
for FAMILY and SOCIETY**

**MINNESOTA STATE UNIVERSITY MANKATO**

# 11th International Family Nursing Conference



**Honoring the Past, Celebrating the Future**

**June 19-22, 2013  
Hyatt Regency Minneapolis  
Minnesota, USA**



The official meeting of the  
International Family Nursing Association  
[www.internationalfamilynursing.org](http://www.internationalfamilynursing.org)

Sponsored in part by  
**The Glen Taylor Nursing Institute  
for Family and Society**

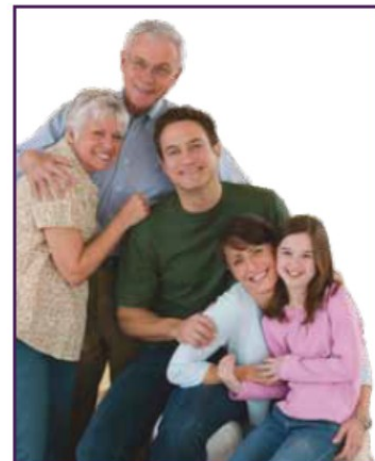
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# The Glen Taylor NURSING INSTITUTE for FAMILY and SOCIETY



The Glen Taylor Nursing Institute for Family and Society at the School of Nursing at Minnesota State University, Mankato, is committed to developing and enhancing innovative nursing knowledge that improves the health and healing of families and society. The Institute strives to be a national leader in its support and implementation of innovative family and societal nursing practices.

- Taylor Forums highlight nursing scholars and encourage ongoing discussions about family and societal health.
- Becky Taylor Fellowships support research by Doctor of Nursing Practice students and create an environment where research is valued and encouraged.
- Visiting Scholars collaborate with students and faculty to enhance their understanding of family and societal health needs.
- The Institute links regional and international efforts through collaborations with the International Family Nursing Association and other organizations.
- Faculty engaged in the Institute are committed to pursuing scholarship related to family and societal health.



For more information contact Director Sandra Eggenberger, Ph.D., R.N., at 507-389-6821 or [sandra.eggenberger@mnsu.edu](mailto:sandra.eggenberger@mnsu.edu).



[ahn.mnsu.edu/nursing/institute](http://ahn.mnsu.edu/nursing/institute)

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## THE GLEN TAYLOR NURSING INSTITUTE FOR FAMILY AND SOCIETY MINNESOTA STATE UNIVERSITY, MANKATO

## International Nursing Leaders and School of Nursing Faculty Create Direction for The Glen Taylor Nursing Institute for Family and Society



### Becky Taylor Fellowship Recipients



Susan Field, RN, DNP  
Cultural Competence  
of Nurses in a Rural  
Clinic Setting



Dawn Schenk, RN, DNP  
The Effects of  
Guided Imagery on  
Perceived Stress in the  
Perinatal Adjustment



Ruth Van Velsdonk, RN, DNP  
Impact of Selected Patient  
and Family-Centered  
Interventions on Post-  
Cesarean Satisfaction Scores

### Background

A \$7 million endowment from Glen and Becky Taylor to the School of Nursing at Minnesota State University, Mankato provides a unique opportunity for the School of Nursing to focus on influencing the health and healing of families and society. Glen Taylor is chairman of the Mankato-based Taylor Corporation and a Minnesota State Mankato alumnus. The Taylors are committed to enhancing family and societal health and recognize that nurses are more important now than ever to families' well being and societal health.

### Taylor Advisory Council

An Advisory Council Panel guiding the School of Nursing faculty are:

- Janice M. Bell, RN, PhD
- Catherine (Kit) Chesla, DNSc, RN, FAAN
- Sharon Denham, DNSc, RN
- Naomi Ervin, PhD, RN, PHCNS-BC, FAAN
- Kathleen Knaff, PhD, FAAN
- Patricia Tomlinson, PhD, MSN, RN

### Method

The Advisory Council interviewed faculty members, administrators, and students. Interview data were gathered and a content analysis method was used to guide the data analysis process. Data included written field notes and audiotapes of all meetings. Advisory Council members then dialogued about the interview data and interpretations of data given their own sense of the current and future directions of needs for family and societal nursing care. Through conversations, the Advisory Council and School of Nursing faculty are reaching consensus on directions for the Endowment. Further faculty dialogue is operationalizing the directions.

### Results

Development of the vision, mission, purposes and initiatives emerged as the most immediate priority of the Endowment.

### Vision

Create landmark innovations in the scholarship of family and society nursing practice.

### Mission

- Focus on innovative nursing practice knowledge that influences the health and healing of families and society at local, state, national, and international levels.
- Provide leadership and expertise in family and society health concerns

### Purposes of the Institute

- Support the scholarship of nursing practice with emphasis on advancing family and societal health and healing.
- Establish and nurture an intellectual community of scholars who will develop and test innovative ideas, educational models and policies to improve family health within the context of current societal needs.
- Develop inclusionary models that translate knowledge to change practice and improve family and societal health and healing.
- Focus on development, testing and dissemination of nursing practice models that attend to the unique nature of families.

### Target Initiatives

- Becky Taylor Doctoral Fellowships in Nursing
- Doctor of Nursing Practice Student-Faculty Projects
- Doctor of Nursing Practice Program Courses with Family and Society Focus
- Partner with Clinical Practitioners
- Partner with the International Family Nursing Association
- Annual Forums
- Visiting Faculty Scholars

### Conclusion

The distinctive knowledge, expertise and vision of the Taylor Advisory Council members from their unique backgrounds in practice, scholarship, administration and teaching are creating a synergy and energy surrounding this endowment. School of Nursing faculty are engaged with an Institute to provide lifelong influence on nursing care in support of family and societal health and healing.

<http://ahn.mnsu.edu/nursing/institute/>

### Visiting Scholars



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