

Program of Study Sport and Exercise Psychology Master's Degree

36 credit hours required

Option 1: AASP Certification Option*

		<u>Fall Term</u>	
1st year	HP 641	Sport and Exercise Psychology	3
	CSP 571	Interpersonal Helping Skills	3
	HP 640	Seminar in Sport Psychology	1
	HP 572	Psychology of Sport Injury	3

		<u>Spring Term</u>	
	HP 630	Research Methods	3
	HP 646	Exercise Psychology & Behavior Change	3
	HP 644	Applied Sport Psychology	3

		<u>Summer Term</u>	
	HP 698	Optional: Elective or Internship - On or off-site	3+
2nd year	HP 681	Supervised Techniques in Sport Psychology	3
	HP 610	Statistics	3
	HP 682	Practicum I	1

	HP 648	Ethics in Sport and Exercise Psychology	3
	HP 694/6	Manuscript or APP	3
	HP 649	Sport in American Culture	3
	HP 682	Practicum II	1

**The Certification Option is the gold standard in sport psychology and includes earning earning applied consulting hours towards provisional "Certified Consultant" with the Association for Applied Sport Psychology.*

Recommended Electives for Certification:

PSYC Foundational Psychological Course for Knowledge Area 3
 PSYC Psychopathology Course for Knowledge Area 4 (i.e., PSYC 600)

Recommended Electives if interested PhD

PSYC 618 Multivariate Analysis
 SOC 580 Qualitative Research

Option 2: Non-Certification Option

		<u>Fall Term</u>	
1st year	HP 641	Sport and Exercise Psychology	3
	CSP 571	Interpersonal Helping Skills	3
	HP 640	Seminar	1
	HP 572	Psychology of Sport Injury	3

		<u>Spring Term</u>	
	HP 630	Research Methods	3
	HP 646	Exercise Psychology & Behavior Change	3
	HP 644	Applied Sport Psychology	3

		<u>Summer Term</u>	
	HP 698	Optional: Elective or Internship	3+
2nd year	HP 610	Statistics	3
	HP 570	Psychology of Coaching	3
		Elective	3

	HP 698	Internship - on or off-site	3+
	HP 694	Alternate Plan Paper	3
		Elective if not taken in Summer	3

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