# 2024 HEALTH SUMMIT





# CREATING COMMUNITY WELL-BEING: SHAPING THE FUTURE OF HEALTHCARE

This summit is about the link between good health and social connections! We'll be delving into how to thrive in communities that support our physical, economic, and social well-being, so we can reach our fullest potential for wellness.

### Schedule at a Glance

8:30 am - Registration Opens (Ostrander)

9:00 am - Welcome from Dean Patricia Marincic (Ostrander)

9:15 am - Keynote Speaker, Dr. Sarah Y. Vinson (Ostrander)

10:15 am - Networking, Posters & Tables, (CSU Ballroom)

10:45 am - Breakout Sessions (*CSU 245, 253, 254, 255*)

11:45 am - Lunch & Featured Speakers (CSU Ballroom)

12:50 pm - Networking, Posters & Tables (CSU Ballroom)

1:00 pm - Featured Speaker, Andrew Burk (CSU Ballroom)

2:00 pm - Featured Speaker, Annie Frisoli (CSU Ballroom)

Wednesday, April 3, 2024

8:30 a.m. - 3:00 p.m.

Minnesota State University, Mankato Centennial Student Union



Summit website & speaker bios

Feedback and evaluate





https://www.facebook.com/CollegeofAHN



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Delta Dental of Minnesota



# Keynote Speaker - Ostrander Auditorium



Dr. Sarah Y. Vinson

Dr. Sarah Y. Vinson is a national thought leader regarding the intersections of social justice, criminal justice, and mental health. Dr. Vinson is a triple board-certified physician who specializes in adult, child & adolescent, and forensic psychiatry and is a Professor of Pediatrics and Psychiatry and the Chair of Psychiatry and Behavioral Sciences at Morehouse School of Medicine (MSM).

#### **Breakout Sessions**

**CSU 245** 

**CSU 253** 

**CSU 254** 

**CSU 255** 

**B** 

**B** 11:15 Advanced Dental Therapy in School and Clinic Settings (Masih & Peddireddy)

10:30 am

**Supporting Comprehensive** Wellness for Healthy Aging (Becthold & Wunderlich)

Unlocking Potential: Utilizing Technology to Solve for Social Determinants of Health (Wilking, Mauerman, Fjerstad)

**Empowering Connections:** Unleashing the Power of Play in Our Community (VonBank, Kleven, Adams)

Addressing Oral Health Disparities Through Integrated Care (Cooper, Krenik-Matejcek & Westfall)

**Building Connections through** Group Therapy (Reif & Sommers)

Unlocking Potential: Utilizing Technology to Solve for Social **Determinants of Health** (Wilking, Mauerman, Fjerstad)

Case Study Presentation: Connecting Kids Program (Stratton)

# Featured Speakers - CSU Ballroom

12:00 pm



**Brad Schipper** System Chief Operating Officer for Logan Health



**Macy Schipper AH&N Student Exercise Science** 

Ed 00:1



**Andrew Burk Executive Director** Mankato Family YMCA

Ed 2:00



**Annie Frisoli** Founder & CEO Creating Community LLC

#### Networking Discussion Questions

How can we empower individuals to take an active role in their own health and well-being?

How can healthcare providers and community organizations collaborate to address social determinants of health and improve community well-being?

How can we ensure that the voices of marginalized communities are heard and their needs are addressed in our efforts to create healthier communities?

#### Thank you to the following organizations for providing information at this event!

Center for Rural Behavioral Health Center for Communication Sciences & Disorders Dental Hygiene Clinic Glen Taylor Nursing Institute for Family and Society Rec N' Read Center for Sport and Exercise Psychology Maverick Family Nursing Simulation Center Blue Cross and Blue Shield of Minnesota Open Door Ecumen

Special thank you to the Health Summit Student Advisory Board Abby Gruber, Alyssa Bartholow, Elise Hausmann, Sam Klinger, and Macy Schipper Moderators: Msendoo Aul-Mku, Sophia Reeves, Jessica Janssen, and Roni Carus