

## HLTH 497/697: Internship in Alcohol and Drug Studies

### Log of Hours

| Date    | Description of Activity   | # of Hours | Core Function (or "Other")            |
|---------|---|------------|---------------------------------------|
| 9-12-11 | Individual session with client (1 hr.) and co-facilitated group - explored defense mechanisms and addiction (2 hrs.). | 3.0        | Counseling                            |
| 9-12-11 | Completed 2 chemical use assessments.   | 2.0        | Screening (.5) / Assessment (1.5)     |
| 9-12-11 | Completed 2 intake procedures.  | 2.0        | Intake                                |
| 9-12-11 | Participated in mandatory agency training event on maintaining a safe environment.                                    | 1.0        | Other                                 |
| 9-13-11 | Oriented client to the treatment/group process.   | 1.0        | Orientation                           |
| 9-13-11 | Met with client and identified treatment needs.   | 1.0        | Treatment planning                    |
| 9-13-11 | Met with client and probation officer, discussed relapse.   | 1.0        | Case Management                       |
| 9-13-11 | Client called expressing suicidal ideation, contacted police and mental health practitioner                           | 1.0        | Crisis Intervention                   |
| 9-13-11 | Lectured on stages of changes.  | 2.0        | Client Education                      |
| 9-13-11 | Referred client to inpatient MI/CD program, referred another client to social services.                               | 0.5        | Referral                              |
| 9-13-11 | Entered group notes, individual counseling notes, typed up 2 treatment plans.   | 1.5        | Report & Record Keeping               |
| 9-14-11 | Treatment staffing - discussed clients in treatment and progress, psychologist and RN were present.                   | 2.0        | Consultation with other professionals |
| 9-14-11 | Completed consultation with an individual who was looking for treatment services.                                     | 1.0        | Screening                             |
| 9-14-11 | Co-facilitated group – discussed triggers and relapse prevention.   | 2.0        | Counseling                            |
| 9-14-11 | Completed two individual counseling sessions.   | 2.0        | Counseling                            |
| 9-14-11 | Entered group notes and individual counseling notes.  | 1.0        | Report and Record Keeping             |
| 9-15-11 | Developed educational lecture on communication skills.  | 2.0        | Client Education                      |
| 9-15-11 | Completed research for director regarding a culturally specific treatment grant.                                      | 2.0        | Other                                 |
| 9-15-11 | Met with director for individual supervision. Reviewed progress on internship goals.                                  | 1.0        | Consultation with other professionals |
| 9-15-11 | Co-facilitated co-occurring disorders group with supervisor.  | 2.0        | Counseling                            |
| 9-15-11 | Observed a mindfulness/meditation activity for clients.   | 1.0        | Other                                 |

Intern Name:

Internship Site: