

HeartCode BLS is for healthcare professionals seeking an alternative method for completing an initial or renewal BLS Course.

This course provides the foundation for saving lives after cardiac arrest using new 2015 science. Basic Life Support (BLS) teaches the concepts of high-quality CPR, improvement of chest compression fraction, and highperforming team dynamics. This course is for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital settings. Minnesota State University, Mankato's BLS course is offered with Laerdal's The Little Family Pack, age-specific and cutting edge CPR training manikins!

#### **COURSE COVERS**

- · New science and education from the 2015 **AHA Guidelines**
- · Components of highquality CPR for adults. children, and infants
- prehospital and in-facility providers
- · Importance of early use of an AED

- · Effective ventilations using a barrier device
- Importance of teams in multirescuer resuscitation and performance as an effective team member · AHA Chain of Survival for during multirescuer CPR
  - Relief of foreign-body airway obstruction (choking) for adults and infants



## **INSTRUCTOR**

Tiffany Gordon MSN, RN, CPN, is a pediatric nurse who has been working with Minnesota State University, Mankato as the Simulation Coordinator for Workforce Training since 2017. She has over 15 years of experience as a nurse to offer this course and other trainings.

# \$85 per person

Online theory + Skills test Out

### **MANKATO**

all Mankato skills sessions at:

Clinical Sciences Building Minnesota State University, Mankato 150 South Road Mankato, MN 56001

### **EDINA**

all Edina skills session held at:

7700 France Ave, Suite 500 Edina, MN 55435

By appointment Only! Sign up via link sent after registration

Masks required MDH social distancing guidelines followed Disinfection between appointments



## REGISTER ONLINE AT:

link.mnsu.edu/register-cpr or contact us at 507.389.1094 or cepd@mnsu.edu





