

FREE MENTAL HEALTH FAMILY SUPPORT GROUP

Mankato Parents Family Support Group for Parents & Caregivers is a free, peer-led support group for any adult with a child under 21 living with a mental illness.

Gain insight from the challenges and successes of others facing similar experiences, build understanding and awareness, and connect with others.

Join any meeting



**1ST MONDAY
AND 3RD TUESDAY
OF THE MONTH
6:00 - 7:30 PM**

**PIONEER BANK
COMMUNITY ROOM**
Go up the stairs to
the left when people
come in the main doors

1450 Adams Street
Mankato MN

PLEASE, RSVP
mankatopsg@gmail.com



Greater Mankato
**MENTAL HEALTH
HUB**