COLLEGE OF
ALLIED HEALTH & NURSING
MINNESOTA STATE UNIVERSITY MANKATO

# My MavPlan

**Name:** Sample Plan '21-'22 **Date Revised:** 04/01/2021

**Major(s):** AHS: Occupational Therapy Prep **Minor(s):** Not Required

This document is only to be used as an advising tool to help with planning graduation in an appropriate timeline. Please refer to your college catalog for most accurate information regarding requirements for general education, graduation, and your degree. Always consult with your advisor.

## General Education & Graduation Checklist

**Course Prefix & #**
**Check if Completed or In Progress**

| Course Prefix & # | | Check if Completed or In Progress | Course Prefix & # | | Check if Completed or In Progress |
|---|---|---|---|---|---|
| | Goal Area 1A | ☐ | SOC 101 | Goal Area 8 | ☐ |
| CMST 100 or 102 | Goal Area1B | ☐ | | Goal Area 9 | ☐ |
| HLTH 212 | Goal Area 2 | ☐ | HLTH 101 | Goal Area 10 | ☐ |
| PHYS | Goal Area 3* (w/Lab) | ☐ | | Goal Area 11 | ☐ |
| | | | | Goal Area 12 (0-1 credit; optional) | ☐ |
| CHEM | Goal Area 3* | ☐ | | Goal Area 13 (0-2 credits; optional) | ☐ |
| STAT 154 or SOC 202 | Goal Area 4 | ☐ | | 44 cr. from Goals 1-13 | ☐ |
| SOC 101 | Goal Area 5* | ☐ | HLTH 361W | Writing Intensive | ☐ |
| PSYC 101 | Goal Area 5* | ☐ | | Writing Intensive | ☐ |
| | Goal Area 6* | ☐ | | Diverse Culture** | ☐ |
| | Goal Area 6* | ☐ | SOC 101 | Diverse Culture** | ☐ |
| | Goal Area 7 | ☐ | | 120 credits total | ☐ |
| | | | | 40 cr. at 3/400 level | ☐ |

*Complete this goal area with 2 courses from 2 different disciplines, 6 or more credits. Writing Intensive courses must also come from 2 different disciplines. **Need: either 1 purple & 1 gold OR 2 purples; must come from 2 different disciplines.

## Additional Advising Notes:

*Must earn a C or better in statistics

Admission Requirements (refer to academic catalog): 30 credits, cumulative GPA 2.5, "C-" or higher in HLTH 101 and HLTH 260

Must earn "C-" or better in all general education, major required, and elective classes in the major (except Chemistry and Human Anatomy)

Must earn "C" or better in all Major Common Core classes to be eligible to take the Certified Health Education Specialist (CHES) exam

^Students should meet with the Applied Health Science Program Coordinator prior to enrolling in HLTH 260

Competitive applicants for graduate and professional programs will need to achieve higher grades than the minimum requirements for the major. Important: Start to research graduate programs in 2nd-3rd year to identify pre-reqs. and complete all pre-reqs. by Fall of senior year.

**Year Of:** 2021-2022

| Fall | | Spring | | Summer | |
|---|---|---|---|---|---|
| **Course/Course #** | **Credits** | **Course/Course #** | **Credits** | **Course/Course #** | **Credits** |
| ENG 101 Foundations of Writing... | 4 | CMST 100 or 102 | 3 | | |
| *STAT 154 Elementary Stats. | 4 | HLTH 101 Health and the Environment | 3 | | |
| BIOL 220 Human Anatomy | 4 | CHEM 104, 106, 111, OR 201 | 3-5 | | |
| Goal 11 | 2-3 | PSYC 101 General Psychology | 4 | | |
| | | | | | |
| | | | | | |
| | | | | **Total Semester Credits** | |
| **Total Semester Credits** | 15 | **Total Semester Credits** | 13-15 | | |

**Year Of:** 2022-2023

| Fall | | Spring | | Summer | |
|---|---|---|---|---|---|
| **Course/Course #** | **Credits** | **Course/Course #** | **Credits** | **Course/Course #** | **Credits** |
| HLTH 212 Consumer Health | 3 | PHYS 101 or 211 | 3-4 | Start researching Grad. programs | |
| ^HLTH 260 Intro.[or co-req. HLTH 101] | 3 | PSYC 343 or KSP 235 | 4 | | |
| HP 265 Orientation to OT, PT, AT | 2 | HLTH 321 Medical Terminology | 3 | | |
| HLTH 360 [HLTH 101, 260 (permission need as co-req.] | 3 | PSYC 455 Abnormal Psychology | 4 | | |
| BIOL 330 Human Physiology [BIOL 220 & chem] | 4 | | | | |
| | | | | | |
| Meet with Program Coordinator | | | | **Total Semester Credits** | |
| **Total Semester Credits** | 15 | **Total Semester Credits** | 15-16 | | |

**Year Of:** 2023-2024

| Fall | | Spring | | Summer | |
|---|---|---|---|---|---|
| **Course/Course #** | **Credits** | **Course/Course #** | **Credits** | **Course/Course #** | **Credits** |
| HLTH 361W Health Comm...[HLTH 360] | 4 | HLTH 380W Health Ed...[HLTH 360, 361W] | 3 | Grad. School Pre-reqs. completed | |
| HLTH 460 Intro. to Epidemiology | 3 | HLTH 454 Chronic... | 3 | | |
| Goal 6 | 3 | Electives | 3 | | |
| Electives | 4 | Goal 9 | 3 | | |
| Electives | 1 | SOC 101 | 3 | | |
| | | take GRE if needed | | | |
| | | Apply for Graduation | | **Total Semester Credits** | |
| **Total Semester Credits** | 15 | **Total Semester Credits** | 15 | | |

**Year Of:** 2024-2025

| Fall | | Spring | | Summer | |
|---|---|---|---|---|---|
| **Course/Course #** | **Credits** | **Course/Course #** | **Credits** | **Course/Course #** | **Credits** |
| HLTH 480 Health Ed....[HLTH 380W] | 3 | Gen. Ed. | 3 | | |
| HLTH 482 Admin. & Grant...[HLTH 380W] | 4 | Electives | 12 | | |
| HLTH 495 Senior Sem.[HLTH 380W] | 1 | | | | |
| Gen. Ed. if needed | 3 | | | | |
| Electives | 4 | | | | |
| | | | | | |
| | | | | **Total Semester Credits** | |
| **Total Semester Credits** | 15 | **Total Semester Credits** | 15 | | |

(fa)=only offered in fall; (sp)=only offered in spring; (v)=varied when offered or on demand;
[ ]= course has a pre-req. refer to catalog or the information provided in brackets