COLLEGE OF
ALLIED HEALTH & NURSING
MINNESOTA STATE UNIVERSITY MANKATO

My MavPlan

Name: Sample Plan '24-25 **Date Revised:** 5/8/2024

Major(s): AHS: Pre-Occupational Therapy **Minor(s):** Not Required

This document is only to be used as an advising tool to help with planning graduation in an appropriate timeline. Please refer to your college catalog for most accurate information regarding requirements for general education, graduation, and your degree. Always consult with your advisor.

General Education & Graduation Checklist

Course Prefix & #
Check if Completed or In Progress

Course Prefix & #		Completed
ENG 101	Goal Area 1A	☑
COMM 100 or 102	Goal Area1B	☑
HLTH 212	Goal Area 2	☑
PHYS	Goal Area 3* (w/Lab)	☑
CHEM	Goal Area 3*	☑
STAT 154 or SOC 202	Goal Area 4	☑
SOC 101	Goal Area 5*	☑
PSYC 101	Goal Area 5*	☑
	Goal Area 6*	☐
	Goal Area 6*	☐
	Goal Area 7	☐
SOC 101	Goal Area 8	☑
	Goal Area 9	☐
HLTH 101	Goal Area 10	☑
	Goal Area 11	☐
	Goal Area 12 (0-1 credit; optional)	☐
	Goal Area 13 (0-2 credits; optional)	☐
	44 cr. from Goals 1-13	☐
HLTH 361W	Writing Intensive	☑
HLTH 380W	Writing Intensive	☑
	Diverse Culture**	☐
SOC 101	Diverse Culture**	☑
	120 credits total	☐
	40 cr. at 3/400 level	☐

*Complete this goal area with 2 courses from 2 different disciplines, 6 or more credits. Writing Intensive courses must also come from 2 different disciplines. **Need: either 1 purple & 1 gold OR 2 purples; must come from 2 different disciplines.

Additional Advising Notes:

*Must earn a C or better in statistics.

Admission Requirements (refer to academic catalog): 30 credits, cumulative GPA 2.5, "C-" or higher in HLTH 101 and HLTH 260.

Must earn "C-" or better in all general education, major required, and elective classes in the major.

Must earn "C" or better in all Major Common Core classes to be eligible to take the Certified Health Education Specialist (CHES) exam.

^Students should meet with the Applied Health Science Program Coordinator prior to enrolling in HLTH 260.

Competitive applicants for graduate and professional programs will need to achieve higher grades than the minimum requirements for the major (2.50 GPA). Important: Start to research graduate programs in 2nd-3rd year to identify and complete all prerequisite courses by fall of senior year.

Year Of: 2024-2025

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
ENG 101 Foundations of Writing...	4	COMM 100 or 102	3		
*STAT 154 or SOC 202 Statistics	4	HLTH 101 Health and the Environment	3		
SOC 101 Introduction to Sociology	4	CHEM 104, 106, 111, OR 201	3-5		
		PSYC 101 Intro to Psych. Science	4		
				Total Semester Credits	
Total Semester Credits	12	**Total Semester Credits**	13-15		

Year Of: 2025-2026

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HLTH 212 Consumer Health (not offered Spring)	3	HLTH 360 Theories & Models of Health Education	3	Start researching Grad. programs	
^HLTH 260 Intro to Health Education	3	BIOL 202 Anatomy & Physiology 2	4		
HLTH 295 Prof Prep in Hlth Careers	1	PSYC 455 Abnormal Psychology	4		
HLTH 321 Medical Terminology	3	FCS 301, KSP 235, or PSYC 343 Human Development	3-4		
BIOL 201 Anatomy & Physiology 1	4				
Meet with Program Coordinator				**Total Semester Credits**	
Total Semester Credits	14	**Total Semester Credits**	14-15		

Year Of: 2026-2027

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HLTH 361W Health Comm...[HLTH 101,360]	4	HLTH 380W Hlth Ed PIE 1 [HLTH 361W]	3	Grad. School Pre-reqs. completed	
HLTH 460 Intro. to Epidemiology	3	HLTH 454 Chronic & Infectious Disease	3		
		PHYS 101 or 211	3-4		
		Take GRE if needed		**Total Semester Credits**	
Total Semester Credits	7	**Total Semester Credits**	9-10		

Year Of: 2027-2028

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HLTH 480 Hlth Ed PIE 2 [HLTH 380W]	3	Complete remaining general ed			
HLTH 482W Admin. & Grant...[HLTH 380W]	4	or graduation requirements			
Apply for Graduation after register for SP28				**Total Semester Credits**	
Total Semester Credits	7	**Total Semester Credits**			

(fa)=only offered in fall; (sp)=only offered in spring; (v)=varied when offered or on demand;
[ ]= course has a pre-req. refer to catalog or the information provided in brackets