COLLEGE OF
ALLIED HEALTH & NURSING
MINNESOTA STATE UNIVERSITY MANKATO

My MavPlan

Name: Sample Plan '24-25 **Date Revised:** 5/8/2024

Major(s): AHS: Pre-Athletic Training **Minor(s):** Not Required

This document is only to be used as an advising tool to help with planning graduation in an appropriate timeline. Please refer to your college catalog for most accurate information regarding requirements for general education, graduation, and your degree. Always consult with your advisor.

General Education & Graduation Checklist

Course Prefix & #
Check if Completed or In Progress

Course Prefix & #		Check if Completed or In Progress	Course Prefix & #		Check if Completed or In Progress
ENG 101	Goal Area 1A	☑		Goal Area 8	☐
COMM 100 or 102	Goal Area1B	☑		Goal Area 9	☐
HLTH 212	Goal Area 2	☑	HLTH 101	Goal Area 10	☑
BIOL 105	Goal Area 3* (w/Lab)	☑	HLTH 210	Goal Area 11	☑
				Goal Area 12 (0-1 credit; optional)	☐
CHEM 111 or 201	Goal Area 3*	☑		Goal Area 13 (0-2 credits; optional)	☐
STAT 154	Goal Area 4	☑		44 cr. from Goals 1-13	☐
PSYC 101	Goal Area 5*	☑	HLTH 361W	Writing Intensive	☑
	Goal Area 5*	☐	HLTH 482W	Writing Intensive	☑
	Goal Area 6*	☐		Diverse Culture**	☐
	Goal Area 6*	☐		Diverse Culture**	☐
	Goal Area 7	☐		120 credits total	☐
				40 cr. at 3/400 level	☐

*Complete this goal area with 2 courses from 2 different disciplines, 6 or more credits. Writing Intensive courses must also come from 2 different disciplines. **Need: either 1 purple & 1 gold OR 2 purples; must come from 2 different disciplines.

Additional Advising Notes:

*Must earn a C or better in statistics.

Admission Requirements (refer to academic catalog): 30 credits, cumulative GPA 2.5, "C-" or higher in HLTH 101 and HLTH 260.

Must earn "C-" or better in all general education, major required, and elective classes in the major (except Chemistry and Human Anatomy).

Must earn "C" or better in all Major Common Core classes to be eligible to take the Certified Health Education Specialist (CHES) exam.

^Students should meet with the Applied Health Science Program Coordinator prior to enrolling in HLTH 260.

Competitive applicants for graduate and professional programs will need to achieve higher grades than the minimum requirements for the major (2.50). Important: Start to research graduate programs in 2nd-3rd year to identify and complete all prerequisites by Fall of senior year.

Year Of: 2024-2025

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
ENG 101 Foundations of Writing & Rhetoric	4	HLTH 101 Health & the Environment	3		
*STAT 154 Elementary Statistics	4	PSYC 101 Intro to Psych. Science	4		
BIOL 105 General Biology 1	4	CHEM 111 or 201	5		
		COMM 100 or 102	3		
				Total Semester Credits	
Total Semester Credits	12	**Total Semester Credits**	15		

Year Of: 2025-2026

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HLTH 212 Consumer Health (not offered Spring)	3	HLTH 321 Medical Terminology	3	Start researching Grad. programs	
^HLTH 260 Introduction to Health Education	3	FCS 140 or 242 Nutrition	3		
HLTH 295 Prof Prep in Hlth Careers	1	BIOL 202 Anatomy & Physiology 2	4		
HLTH 360 (permission need as co-req.HLTH 260)	3				
BIOL 201 Anatomy and Physiology 1	4				
				Total Semester Credits	
Total Semester Credits	14	**Total Semester Credits**	10		

Year Of: 2026-2027

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HLTH 361W Health Comm...[HLTH 101,360]	4	HLTH 380W Hlth Ed PIE 1 [HLTH 361W]	3		
HLTH 460 Intro to Epidemiology	3	HLTH 454 Chronic & Infectious Disease	3		
PHYS 101 or 211	3-4	HP 328 OR HP 363 + HP 431	3-6		
HP 314 Physiology of Exercise	3	HLTH 210 Emergency Medical Responder First Aid & CPR	3		
				Total Semester Credits	
Total Semester Credits	13-14	**Total Semester Credits**	12-15		

Year Of: 2027-2028

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HLTH 480 Hlth Ed PIE 2 [HLTH 380W]	3	Completion of remaining graduation			---
HLTH 482W Admin. & Grant...[HLTH 380W]	4	requirements or unrestricted electives			---
HP 340 Prevention and Care (optional)	2	HP 415 Advanced Sports Medicine (optional)	2		
Apply for Graduation after register for SP28				**Total Semester Credits**	
Total Semester Credits	9	**Total Semester Credits**			

(fa)=only offered in fall; (sp)=only offered in spring; (v)=varied when offered or on demand; [ ]= course has a pre-req. refer to catalog or the information provided in brackets

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