COLLEGE OF
ALLIED HEALTH & NURSING
MINNESOTA STATE UNIVERSITY MANKATO

My MavPlan

Name: Sample Plan '23-'24 **Date Revised:** 3/24/23

Major(s): Health & Physical Education **Minor(s):** Not Required

This document is only to be used as an advising tool to help with planning graduation in an appropriate timeline. Please refer to your college catalog for most accurate information regarding requirements for general education, graduation, and your degree. Always consult with your advisor.

General Education & Graduation Checklist

Course Prefix & #
Check if Completed or In Progress

Course Prefix & #		Check if Completed or In Progress
ENG 101	Goal Area 1A	☐
COMM 102	Goal Area1B	☐
	Goal Area 2	☐
BIOL 100	Goal Area 3* (w/Lab)	☐
FCS 140	Goal Area 3*	☐
MATH	Goal Area 4	☐
HLTH 240	Goal Area 5*	☐
PSYC 101	Goal Area 5*	☐
**	Goal Area 6*	☐
***	Goal Area 6*	☐
KSP 220W	Goal Area 7	☐
BIOL 100	Goal Area 8	☐
***	Goal Area 9	☐
HLTH 101	Goal Area 10	☐
HLTH 210	Goal Area 11	☐
	Goal Area 12 (0-1 credit; optional)	☐
	Goal Area 13 (0-2 credits; optional)	☐
	44 cr. from Goals 1-13	☐
KSP 220W	Writing Intensive	☐
HLTH 420W	Writing Intensive	☐
**	Diverse Culture**	☐
KSP 220W	Diverse Culture**	☐
	120 credits total	☐
	40 cr. at 3/400 level	☐

*Complete this goal area with 2 courses from 2 different disciplines, 6 or more credits. Writing Intensive courses must also come from 2 different disciplines. **Need: either 1 purple & 1 gold OR 2 purples; must come from 2 different disciplines.

Additional Advising Notes:

Strongly encouraged to add: Developmental Adapted P.E. minor

= Professional education courses must be taken in sequence by levels and the courses within levels must be taken during the same term.

Admissions Standards: 2.5 cumulative GPA, "C-" in required gen. ed. courses.

Professional Education requires a 2.75 cumulative GPA; Students interested in teaching must be admitted to BOTH the major program AND professional education--refer to academic catalog.

**Goal 6 & Diverse Cultures recommended options (ART 160; ART 260; EET 125; ENG 125; FILM 334W; FREN 280W; GER 150W; GER 280W; HUM 156; HUM 282W; PHIL 122W; SCAN 150W; SCAN 251W; SPAN 280W; WLC 280W).

***Goal 6 & 9 recommended options (CS 201W; ENG 213W; COMM 280; PHIL 120W; PHIL 222W; PHIL 224; PHIL 224W; PHIL 240W).

Please contact Dr. Ben Schwamberger (ben.schwamberger@mnsu.edu)

Year Of: 2023-2024

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HLTH 101 Health & the Env. (Goal 10)	3	FCS 140 (goal 3)	3		
PSYC 101 Intro. to Psyc (Goal 5)	4	BIOL 100	4		
ENG 101 (Goal 1A)	4	COMM 102	3		
Math (Goal 4)	4	HLTH 210	3		
		HLTH 311	3		
				Total Semester Credits	
Total Semester Credits	15	**Total Semester Credits**	16		

Year Of: 2024-2025

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HP 201 Intro to PE (fa) co-req. w/295	3	HP 313 Motor Development (sp)	3		
HP 295 PE Activities (fa)	3	HP 330 MN PE Std-Bench [201,295] (sp)	2		
HP 333 Intro to DAPE (fa)	3	HP 331 Game Forms I	2		
**Goal 6 & Diverse Cultures	3	KSP 220W	3		
HLTH 240 Drug Education (Goal 5)	3	KSP 222	2		
KSP 202	1	***Goal 6 & 9	3-4		
				Total Semester Credits	
Total Semester Credits	16	**Total Semester Credits**	15-16		

Year Of: 2025-2026

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HP 334 Game Forms III	2	HP 427 Applied Movement Principles	3		
HP 388 Assessment [295, 313] (fa)	3	HP 449 K-12 PE Mthds [201, 295, 388] (sp)	3		
HP 426 PE Teaching Styles (fa)	3	HP 450 K-12 PE Pract. co-req. w/449 (sp)	1		
HLTH 320 School HLTH (fa)	3	KSP 330	3		
HLTH 451 Emotional HLTH...(fa, su)	3	KSP 334	3		
		HLTH 420W Health Teaching Methods [320]	3		
				Total Semester Credits	
Total Semester Credits	14	**Total Semester Credits**	16		

Year Of: 2026-2027

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HP 460 Curriculum Design [449, 450] (fa)	3	KSP 464 Prof. Seminar #	1		
HLTH 454 Chronic & Infectious..	3	KSP 476 K-12 Student Teaching #	11		
KSP 440	3				
KSP 442	3	Do not take other classes while student teaching			
General Elective (if needed for 120 credits)	3-4				
Apply for graduation after spring course registration				**Total Semester Credits**	
Total Semester Credits	15-16	**Total Semester Credits**	12		

(fa)=only offered in fall; (sp)=only offered in spring; (v)=varied when offered or on demand; [ ]= course has a pre-req. refer to catalog or the information provided in brackets

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