COLLEGE OF
ALLIED HEALTH & NURSING
MINNESOTA STATE UNIVERSITY MANKATO

My MavPlan

Name: Sample Plan '18-'19 **Date Revised:** 03/29/2019

Major(s): Exercise Science-Pre-PT **Minor(s):** Not Required

This document is only to be used as an advising tool to help with planning graduation in an appropriate timeline. Please refer to your college catalog for most accurate information regarding requirements for general education, graduation, and your degree. Always consult with your advisor.

General Education & Graduation Checklist

Course Prefix & #
Check if Completed or In Progress

Course Prefix & #			Course Prefix & #		
ENG 101	Goal Area 1A	☐	^SOCI 101	Goal Area 8	☐
	Goal Area1B	☐	IT 100	Goal Area 9	☐
PHYS 211	Goal Area 2	☐		Goal Area 10	☐
CHEM 201	Goal Area 3 (w/Lab)	☐	Restricted Electives	Goal Area 11	☐
				Goal Area 12 (0-1 credit; optional)	☐
PHYS 211	Goal Area 3*	☐		Goal Area 13 (0-2 credits; optional)	☐
MATH 115	Goal Area 4	☐		44 cr. from Goals 1-13	☐
PSYC 101	Goal Area 5*	☐		Writing Intensive	☐
^SOCI 101	Goal Area 5*	☐		Writing Intensive	☐
	Goal Area 6*	☐	^SOCI 101	Diverse Culture**	☐
	Goal Area 6*	☐		Diverse Culture**	☐
	Goal Area 7	☐		120 credits total	☐
				40 cr. at 3/400 level	☐

*Complete this goal area with 2 courses from 2 different disciplines, 6 or more credits

**Need: either 1 purple & 1 gold OR 2 purples

Additional Advising Notes:

In order to take upper level courses (3/400), you must apply and be accepted into the major

Admissions Reqs. (pg 150 of '18-'19 college catalog): 32 credits, cum. GPA 2.75, minimum C- in: BIOL 220, CHEM 111 or 201, MATH 112 or 115 and completed or currently enrolled in: [General Track: HP 291 & HP 160] or [Pre-PT Track: HP 265]

Deadlines for applications are Oct. 1st and March 1st

For Major Unrestricted electives---they may not be double counted for courses required in the emphasis

See page 150 in college catalog for restricted and unrestricted electives required of the major (need 2 credits of major restricted; need 3 credits of major unrestricted)

Need min. 3 cr. of internship (refer to page 151 in college catalog for more info.)

^SOCI 101 is not required but recommended depending on graduate program, counting for Goals 5 & 8 as well as Diverse Cultures

Most PT graduate schools only allow 2-3 pre-requisite courses in-progress when applying

Year Of:					
Fall		Spring		Summer	
Course/Course #	Credits	Course/Course #	Credits	Course/Course #	Credits
ENG 101 Composition	4	BIOL 105 General Biology I	4		
BIOL 220 Human Anatomy	4	CHEM 201 General Chemistry I	5		
PSYC 101 Intro. to Psyhcology	4	STAT 154 Elementary Statistics	4		
MATH 115 Precalculus...	4	GE 1B Elective	3		
				Total Semester Credits	
Total Semester Credits		Total Semester Credits			

Year Of:					
Fall		Spring		Summer	
Course/Course #	Credits	Course/Course #	Credits	Course/Course #	Credits
Major Restricted Elective	1	BIOL 330 Human Physiology [BIOL 220&CHEM]	4		
CHEM 202 General Chemistry II [CHEM 201]	5	IT 100 Intro. to Computing & App.	3		
BIOL 106 General Biology II [BIOL 105]	4	GE 6&7- also Diverse Cultures	3-4		
HP 265 Orientation to OT and PT	2	^GE 8 Elective/GE 5 Elective- non PSYC prefix	3-4		
GE 6 Elective - also Writing Intensive	3-4	Major Restricted Elective	1		
		Application to Major		Total Semester Credits	
Total Semester Credits		Total Semester Credits			

Year Of:					
Fall		Spring		Summer	
Course/Course #	Credits	Course/Course #	Credits	Course/Course #	Credits
PHYS 211 [MATH 112& h.s. phys. or PHYS 101]	4	HTLH 321 Medical Terminology	3		
HP 414 Phys. of Ex...[BIOL 330]	3	PHYS 212 Principles of Physics II [PHYS 211]	4		
PSYC 433 Child Psychology	4	PSYC 455 Abnormal Psychology	4		
PSYC 436 Adolescent Psychology	4	PSYC 466 Psychology of Aging [PSYC 101] (sp)	4		
		Apply for Graduation		Total Semester Credits	
Total Semester Credits		Total Semester Credits			

Year Of:					
Fall		Spring		Summer	
Course/Course #	Credits	Course/Course #	Credits	Course/Course #	Credits
HP 439 Sport Nutrition [HP 414]	3	HP 465 Legal Aspects of Sport	3		
HP 466 Graded Ex. Testing...[HP 414]	3	Unrestricted Elective	3		
HP 348 Structural Kines..[BIOL 220]	3	HP 496 Internship [HP 414]	3		
HP 456 Athletic Testing & Conditioning [HP 414]	3	GE 10 Elective	3-4		
		Writing Intensive	3-4		
				Total Semester Credits	
Total Semester Credits		Total Semester Credits			

(fa)=only offered in fall; (sp)=only offered in spring; (v)=varied when offered or on demand; [ ]= course has a pre-req. refer to catalog or the information provided in brackets

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