COLLEGE OF
ALLIED HEALTH & NURSING
MINNESOTA STATE UNIVERSITY MANKATO

My MavPlan

Name: Sample Plan '22-'23 **Date Revised:** 04/01/2021

Major(s): FCS: Foods & Nutrition **Minor(s):** Strongly Recommended

This document is only to be used as an advising tool to help with planning graduation in an appropriate timeline. Please refer to your college catalog for most accurate information regarding requirements for general education, graduation, and your degree. Always consult with your advisor.

General Education & Graduation Checklist

Course Prefix & #
Check if Completed or In Progress

Course Prefix & #		Course Prefix & #	
ENG 101	Goal Area 1A ☐		Goal Area 8 ☐
	Goal Area1B ☐		Goal Area 9 ☐
ENG 271W	Goal Area 2 ☐		Goal Area 10 ☐
CHEM 111	Goal Area 3* (w/Lab) ☐		Goal Area 11 ☐
			Goal Area 12 (0-1 credit; optional) ☐
FCS 140	Goal Area 3* ☐	ENG 271W	Goal Area 13 (0-2 credits; optional) ☐
HLTH 475 Pre-req	Goal Area 4 ☐		44 cr. from Goals 1-13 ☐
	Goal Area 5* ☐	ENG 271W	Writing Intensive ☐
	Goal Area 5* ☐		Writing Intensive ☐
	Goal Area 6* ☐		Diverse Culture** ☐
	Goal Area 6* ☐		Diverse Culture** ☐
	Goal Area 7 ☐		120 credits total ☐
			40 cr. at 3/400 level ☐

*Complete this goal area with 2 courses from 2 different disciplines, 6 or more credits. Writing Intensive courses must also come from 2 different disciplines. **Need: either 1 purple & 1 gold OR 2 purples; must come from 2 different disciplines.

Additional Advising Notes:

Admissions Req.-- Refer to academic catalog (32 cr. hrs; 2.5 cumulative GPA); contact department for application procedures; All courses at C level; Recommended to apply in Fall of second year

Minor is not required but strongly recommended to have a minor such as: Marketing, Management, or Health Science

This major has exactly 40 cr. of 3/400 built into reqs.

Year Of: 2022-2023

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
FCS 101 Intro. to FCS	3	FCS 140 Intro. to Nutrition	3		
BIOL 220 Human Anatomy	4	CHEM 106 [MATH 112 ready]	3		
ENG 101 Foundations of Writing...	4	MATH 110, STAT 154 or higher Math	4		
				Total Semester Credits	
Total Semester Credits		**Total Semester Credits**			

Year Of: 2023-2024

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
FCS 150 Food and Culture	3	FCS 242 Nutrition...[BIOL 220&CHEM]	4		
CHEM 111 Chem. of Life II	5	BIOL 330 Princ. of H. Phys [BIOL 220&CHEM]	3		
ENG 271W Tech. [ENG 101]	4				
Apply to Program				**Total Semester Credits**	
Total Semester Credits		**Total Semester Credits**			

Year Of: 2024-2025

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
FCS 252 Food Service SystemsI (fa)	3	FCS 350 Food Service Systems II [ ] (sp)	3		
FCS 340 Food Science [FCS 150] (fa)	4	FCS 347 Food Policy [242 & 340] (sp)	3		
Major Unrestricted Elective	3-4	FCS 444 Experimental Food Science [ ] (sp)	3		
HLTH 475 Biostatistics [goal 4 math]	3				
		Apply for Graduation		**Total Semester Credits**	
Total Semester Credits		**Total Semester Credits**			

Year Of: 2025-2026

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
FCS 446 Lifespan Nutrition [140 or 242] (fa)	3	FCS 342 Food Production Man. [ ] (sp)	3		
FCS 483 Adult & Tech. Ed (fa)	3	FCS 420 Nutrition Assessm. [242] (sp)	3		
Major Unrestricted Elective 3/400 level	3-4	FCS 440 Nutrition II [ ] (sp)	3		
		FCS 497 Internship [consent]	2		
		Major Unrestricted Elective-if needed	3-4		
				Total Semester Credits	
Total Semester Credits		**Total Semester Credits**			

(fa)=only offered in fall; (sp)=only offered in spring; (v)=varied when offered or on demand; [ ]= course has a pre-req. refer to catalog or the information provided in brackets

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