Induction Ceremony and Celebration

Please welcome and congratulate the following individuals inducted into Sigma Theta Tau International Honor Society of Nursing Mu Lambda Chapter Friday, April 1st, 2011 at the Minnesota State University, Mankato annual "Induction Ceremony & Celebration".

Undergraduate Students

Front (left to right): Brandon Brewer, Samantha Anderson, Leah Grozdanich, Jennifer Rassatt, Kayla Whitaker, Katie Lahl, Kendra Huettl
Middle (left to right): Tara Hubert, Andrea Coyle, Tiffany Scofield, Michaela Quady, Ashley Wermedal, Katelyn Scharber, Andrea Niemeier
Back (left to right): Julia Reichel, Jenna Haberman, Brett Anderson, Rebecca Vogt, Carrilee Cluever, Chelsey Johnson, Rebecca Bedore, Shala Benson

Graduate Students

Megan Sheeley, MaryAnn McKenna Moon, Heidi Sannes

Send E-Mail Address

We have many active member email addresses from Sigma Theta Tau International.
To make sure you are included, please send your present or updated email address to Mary Bliesmer using:
mary.bliesmer@mnsu.edu
so you may also receive meeting reminders in a timely way.
We will also email The Quest.
**President's Column**

Dear Fellow Mu Lambda Members,

Warm greetings from my temporary home in Chapel Hill, NC.

It’s hard to believe, but spring has arrived and another academic year is winding down to a close—this is a time of endings and a time of new beginnings . . .

Since I was unable to welcome our newest members (the recent inductees) in person at the Induction Ceremony, I want to take a moment to say “Welcome to the Mu Lambda Chapter! We are excited that you have accepted membership into the Honor Society of Nursing—and look forward to your active participation & future contributions!” Although many of you new inductees will be facing the challenges of NCLEX Examination & locating employment which may take you away from the Mankato Community, we want you to know that regardless of where your professional nursing journey may take you, you can remain an active and vital member simply by maintaining membership as either a full or dual member and keeping us apprised of your contact information and accomplishments. With the lessons you have learned, embrace your future with bold confidence—and remember to thank those who have helped to shape and nurture you into the excellent nurses you have become! We are honored to have you.

This spring in NC, we have experienced adverse weather which has resulted in much devastation and some loss of life; unfortunately, NC is not alone in this experience as many of our nursing colleagues from around the globe have experienced even greater loss & devastation—keep these people in your thoughts and prayers—and if your so inclined, STTI has a page entitled Support for Victims of Natural Disaster(with links)- in addition, you can offer your support through the Leadership Fund for the STTI Foundation for Nursing, which supports membership subsidies for STTI members who have been victims of natural disasters.

On the international level: If you haven’t already, be sure to check out STTI’s President, Dr Karen Morin’s, insightful article on “being present” & the value of “real presence”. In addition, STTI is implementing structure changes to move towards the strategic goals of relevancy & globalization with an eye towards maximizing nursing’s presence in the global arena (and creating equity & opportunity for its membership), as such, the board has adopted a modified version of the United Nations (U.N.) global regions structure. These regions are: Africa; Asia; Europe; Latin/South America and the Caribbean; North America; and the Oceania. This will result in the addition of 5 new regions, with the North America/Canadian Regions remaining as established. (for additional information see the STTI website or attend the Biennial Convention October 29th- November 2nd in Grapevine, TX).

Special recognition and congratulations to Dr. Kaye Hearth—on being recognized for her many contributions to nursing scholarship and research by STTI and being selected for induction into the International Nurse Research Hall of Fame.

Most importantly, special thanks to Norma Krumwiede and Diane Witt for absorbing additional responsibilities of chapter business during my absence and to Mary Bliesmer for her gentle prompting and patience.

Thank you for the opportunity to serve!

With love for you all & anticipation of returning home soon,

Heidi Riehl
International Student Learning

The School of Nursing is very interested in supporting nursing education and research that prepare future nursing professionals for effective civic engagement in a global society. Most recently a group of nine students spent three and a half weeks completing their community health course requirements in Ghana, West Africa. Dr. Hans de Ruiter and Jennifer Demma were the course faculty. The students participated in community health care in outpatient clinic settings and spent two weeks living in small communities working with public health and community health nurses. While in the communities they helped with child welfare clinics, home visits, environmental assessments and completed community assessment reports on two communities: Onwe and Juaben. The students also had the opportunity to interact and work with Ghanian nursing and medical students. Some of the students even had a chance to work on a cocoa farm owned by the Chief of Onwe. Plans are in place for another course offering in Austria during fall, 2011 and a return trip to Ghana in spring, 2012.

Marcia Stevens, RN, DNSc
Minnesota State University, Mankato
School of Nursing Chairperson

Renew Your Membership

Give a gift to yourself by renewing your membership in Sigma Theta Tau International. The Journal of Nursing Scholarship arrives at your doorstep and many things come to you online with your membership. The networking opportunities to Heal, Learn, and Lead through STTI and Mu Lambda are plentiful.

Renewal is easy. Have your membership number ready and go to the Mu Lambda Chapter web site at http://ahn.mnsu.edu/nursing/mulambda/ and click on links, STTI, membership, and renew. If you do not have your membership card and number, go to the web site anyway and the web site will assist you. Also, invite your nurse colleagues who have baccalaureate degrees and have demonstrated leadership in their professional roles to become members of STTI.
CALL FOR ABSTRACTS
INVITATION TO PARTICIPATE

EVENT: Mu Lambda Chapter Sigma Theta Tau International Honor Society of Nursing Annual Nursing Research Forum

DATE: September 9th, 2011

SITE: South Central College Conference Center, North Mankato, MN

TOPICS: We encourage presentations from three areas of nursing:
Leadership: practical ideas drawn from current knowledge and best practices in leadership with emphasis on practicality, innovation, and forward thinking. Examples include: leadership for change, leading in different situations, mentoring others as a function of leadership, leadership practice in health care organizations.
Scholarship: connecting nursing scholarship and practice through dissemination of research findings to further the scholarship and health care of the populations of the world. Research presentations in all areas of nursing practice are welcome.
Clinical Practice: showcase your innovative professional accomplishments. Some examples include evidence-based practice applications, complimentary care, advanced practice initiatives, collaborative partnerships, technology innovations, outcomes of care, and health promotion.

DEADLINES: Please submit an electronic abstract describing the topic whether poster or podium presentation in leadership, scholarship/research, or practice you wish to present by June 15th, 2011. Notification of acceptance will be sent by July 1st, 2011.

ABSTRACT SUBMISSIONS and QUESTIONS:
Jolene Tietz, MSN, RN
Phone: 507-385-5960
E-mail: tietz.jolene@mayo.edu
Mark your Calendars!

2011
- July 8th - Transition meeting
- September 9th - Nursing Research Forum
- September 17 (AM) - Walk for Alzheimer's 2011 in Sibley Park
- October 29th -November 2nd — Grapevine, Texas, USA
  41st Biennial Convention STTI, "People and Knowledge:
  Connecting for Global Health." Join this international audience for the opportunity to learn and
share nursing knowledge and leadership skills that sustain the health of the world's people.
Web:

Spring 2011 Inductees to Mu Lambda Chapter of STTI

Undergraduate Students
Brett Anderson        Katherine Groeneweg, RN        Michaela Quady
Samantha Anderson    Leah Grozdanich            Jennifer Rassatt
Rebecca Bedore, RN    Jenna Haberman            Julia Reichel
Shala Benson, RN      Tara Hubert               Katelyn Scharber
Katie Bosma          Kendra Huettl               Tiffany Scofield
Brandon Brewer       Chelsey Johnson            Genna Scripture, RN
Carriilee Cluever    Katherine Lahl            Rebecca Vogt
Andrea Coyle         James Mangen               Ashley Wermedal
Chelsea Goosen       Andrea Niemeier             Kayla Whitaker

Graduate Students
Karen Anderson        Mary Ann McKenna Moon      JoLene Schlegel
Wendy Cregg           Kathryn Nelson            Amanda Shandor
Norma Glanz           Heidi Sannes               Megan Sheeley

Nurse Leaders
Erica Jordahl         Kjersti Nelson
May 2011

Kudos:

Minnesota State ROTC cadet Heather Bissonette (Nursing) was one of several future Army officers honored recently in Washington, D.C. by the Association of the United States Army. She received a $1,500 Geico insurance scholarship.

Michelle Deike (Nursing) has been named Dr. Donald and Marjorie Meredith Scholarship recipient for 2011-2012. Michelle is eligible to receive $3,000 each semester for the last three semesters of her program. The scholarship will allow her to participate in School of Nursing and Student Nurses Association leadership activities, and qualifies her to serve on the College of Allied Health & Nursing Advisory Board.

Brittany Frank: Meredith Scholar

Brittany Frank, a junior nursing student, has been awarded a $9,000 Donald and Marjorie Meredith Nursing Scholarship for 2011-2012.

She will receive $3,000 each semester for the last three semesters of her nursing program, allowing her to pursue her studies full-time, participate in the School of Nursing and Student Nurses Association, and serve on the College of Allied Health & Nursing Advisory Board.

Meredith Scholarships are intended to let recipients focus on their studies without having to work at part- or full-time jobs. Recipients must have a minimum of a 3.5 grade-point average and demonstrate a well-balanced lifestyle, leadership abilities and commitment to the nursing profession.

Meredith Scholarship recipients have opportunities to participate in undergraduate research and peer mentoring, and to assist in the high-tech nursing simulation learning lab.

In 2007, Donald and Marjorie Meredith of Mankato gave the university $375,000 to endow nursing scholarships. In addition, in 2005 the Merediths gave the university more than $700,000 to fully endow the Meredith Scholars program for promising science and mathematics students.

Donald Meredith co-founded Mankato’s Orthopedic & Fracture Clinic, PA with Dr. Paul Gislason in 1957. They served as Minnesota State Mankato’s first athletic team physicians and helped create what is now the nation’s oldest, continually accredited athletic training education program.

Video by STTI President Karen Morin

The video, about six minutes in length, highlights STTI’s activities and initiatives. The video is on YouTube and is easily accessible. Watch Karen H. Morin’s video by clicking here.
MU LAMBDA CHAPTER – SIGMA THETA TAU INTERNATIONAL
AT MINNESOTA STATE UNIVERSITY, MANKATO
IS EXCITED TO ANNOUNCE THEIR PAMPERED CHEF® FUNDRAISER

OUR PAMPERED CHEF® SPRING FUNDRAISER WILL RAISE MONEY FOR
HONORS, AWARDS, AND SCHOLARSHIPS.

THANK YOU FOR SUPPORTING OUR ORGANIZATION
BY PLACING YOUR ORDER IN ONE OF THE FOLLOWING WAYS:

VISIT www.pamperedchef.biz/corimichaelson AND CLICK ON “SHOP ONLINE”. ENTER ORGANIZATION
“MU LAMBDA”, AND HAVE FUN SHOPPING THE INTERACTIVE CATALOG.

-OR-

PICK-UP A FUNDRAISING PACKET THAT CONTAINS: SPRING/SUMMER 2011 CATALOG, ORDER
FORM, & MAY GUEST SPECIALS SHEET TO SHARE WITH YOUR FAMILY AND FRIENDS FROM
NORMA KRUMWIEDE AND RETURN BY FRIDAY, JUNE 17.

-OR-

EMAIL YOUR ORDER TO NORMA KRUMWIEDE BY FRIDAY, JUNE 17.

---------------------------------------------------------------

MAY GUEST SPECIAL – PURCHASE $60 OR MORE (BEFORE TAX & SHIPPING) AND
RECEIVE A FREE COUPON HOLDER!

THANK YOU IN ADVANCE FOR YOUR SUPPORT
2011 Mu Lambda Induction Ceremony, Officer Installation and Awards

Awards
Linda Wenkel Outstanding Undergraduate Student Performance Award: Brett Anderson
Sonja Meiers Outstanding Graduate Student Performance Award: Heidi Sannes
Julie Hebenstreit Presidential Research Award: Yvette M. Dulohery
Kathryn Schweer Mentor Award: Nancy McLoone
Cindy Scherb Dissemination of Research Findings Award: Angela Christian

Community Nurse Leaders: Kjersti Nelson, Erica Jordahl

Diane Witt, President-Elect
Julia Hebenstreit (Faculty Counselor) and Yvette Dulohery (Vice President)

Hans-Peter De Ruiter, PhD RN: Learning the Skill of Being and the Art of Trusting: Lessons from a Community Health Nursing Clinical in Ghana (Scholarly Presentation)
### Mu Lambda Chapter Officers 2010-2011

<table>
<thead>
<tr>
<th>Office</th>
<th>Officer Name</th>
<th>Term Ends</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Heidi Riehl</td>
<td>2012</td>
<td><a href="mailto:mhzkriehl@netscape.com">mhzkriehl@netscape.com</a></td>
</tr>
<tr>
<td>President Elect</td>
<td>Diane Witt</td>
<td>2012</td>
<td><a href="mailto:diane.witt@mnsu.edu">diane.witt@mnsu.edu</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Mary Date</td>
<td>2011</td>
<td><a href="mailto:date.mary@mayo.edu">date.mary@mayo.edu</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Jolene Tietz</td>
<td>2012</td>
<td><a href="mailto:tietz.jolene@mayo.edu">tietz.jolene@mayo.edu</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Phyllis Roseberry</td>
<td>2011</td>
<td><a href="mailto:roseberry.phyllis@mayo.edu">roseberry.phyllis@mayo.edu</a></td>
</tr>
<tr>
<td>Faculty Counselor 1</td>
<td>Julie Hebenstreit</td>
<td>2011</td>
<td><a href="mailto:julia.hebenstreit@mnsu.edu">julia.hebenstreit@mnsu.edu</a></td>
</tr>
<tr>
<td>Faculty Counselor 2</td>
<td>Kelly Krumwiede</td>
<td>2012</td>
<td><a href="mailto:kelly.krumwiede@mnsu.edu">kelly.krumwiede@mnsu.edu</a></td>
</tr>
</tbody>
</table>

### Mu Lambda Chapter Committee Chairs 2010-2011

<table>
<thead>
<tr>
<th>Committee</th>
<th>Chairperson</th>
<th>Term</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Governance</td>
<td>Julie Hebenstreit</td>
<td>2011</td>
<td><a href="mailto:julia.hebenstreit@mnsu.edu">julia.hebenstreit@mnsu.edu</a></td>
</tr>
<tr>
<td>Newsletter Editor</td>
<td>Mary Bliesmer</td>
<td>2011</td>
<td><a href="mailto:mary.bliesmer@mnsu.edu">mary.bliesmer@mnsu.edu</a></td>
</tr>
<tr>
<td>Leadership Succession</td>
<td>Linda Rosow</td>
<td>2012</td>
<td><a href="mailto:rossowlj@hickorytech.net">rossowlj@hickorytech.net</a></td>
</tr>
<tr>
<td>Research Forum</td>
<td>Jolene Tietz</td>
<td>2011</td>
<td><a href="mailto:tietz.jolene@mayo.edu">tietz.jolene@mayo.edu</a></td>
</tr>
<tr>
<td>Awards</td>
<td>Yvette Dulohery</td>
<td>2011</td>
<td><a href="mailto:yvette.dulohery@mnsu.edu">yvette.dulohery@mnsu.edu</a></td>
</tr>
<tr>
<td>Membership</td>
<td>Linda Wenkel</td>
<td>2011</td>
<td><a href="mailto:linda.wenkel@mnsu.edu">linda.wenkel@mnsu.edu</a></td>
</tr>
<tr>
<td>Publicity</td>
<td>Mary Bliesmer</td>
<td>2011</td>
<td><a href="mailto:mary.bliesmer@mnsu.edu">mary.bliesmer@mnsu.edu</a></td>
</tr>
<tr>
<td>Chapter Key Council</td>
<td>Diane Witt</td>
<td>2011</td>
<td><a href="mailto:diane.witt@mnsu.edu">diane.witt@mnsu.edu</a></td>
</tr>
<tr>
<td>Program</td>
<td>Mary Date</td>
<td>2011</td>
<td><a href="mailto:date.mary@mayo.edu">date.mary@mayo.edu</a></td>
</tr>
<tr>
<td>Past Presidents’ Council</td>
<td>Julie Hebenstreit</td>
<td>2011</td>
<td><a href="mailto:julia.hebenstreit@mnsu.edu">julia.hebenstreit@mnsu.edu</a></td>
</tr>
</tbody>
</table>

---

**Toot Your Horn...or Toot a Horn for Someone Else!!!**

Perhaps you know of a news item, important event, or professional celebration announcement for you or one of your Mu Lambda Chapter colleagues. Please submit your news for upcoming issues of The Quest to:

Mary Bliesmer  
2010 Roe Crest Drive  
North Mankato, MN 56003  
telephone: 507-380-4308  
email: mary.bliesmer@mnsu.edu  
Thank You!
To keep our mailing labels up to date, please notify the Mu Lambda Chapter concerning any name or address changes by completing this form.

**Name:** Changed from: ________________________________

______________________________

**Address:** Changed from: ________________________________

______________________________

**Email Address:** Changed from: ________________________________

______________________________

Effective date of change: _____________