
The Quest



Mu Lambda Chapter of Sigma Theta Tau International

August 2002

Letter from the President

Many of you do not know this, but you have Linda Hertz to thank for having two Krumwiedes in office at one time! I was surprised and thrilled to hear Kelly would be serving as President-Elect. Even though we are sisters-in-law, it is fun to expand our relationship in the professional arena. As President and President-Elect, the Krumwiedes would like to first introduce ourselves to the membership.

I am Norma Krumwiede and am originally from East Chain, Minnesota. I am a farmer's daughter and a first generation college student. I currently live in Madelia, Minnesota and teach at Minnesota State University, Mankato School of Nursing. I have a busy life-style and enjoy being an active participant in moving forward the profession of nursing.

I am humbled to be serving as your Chapter President for 2002-2004. As I reflect on the role each of the past presidents have played in creating and moving Mu Lambda Chapter forward, I am struck by the continued commitment each of these women have made. Julie Hebenstreit, initial Charter of the chapter; Linda Wenkel, nurturance and love for the fledgling chapter; Sonja Meiers, structure for committees; Linda Hertz, philanthropic advances of the chapter; and Cindy Scherb, structure for newsletter and committee schedules. Each past-president has left the chapter a gift or legacy of her leadership. As I begin the journey as the new president, I will focus on the critical pursuit of mind, body, and spirit connection through STTI and Mu Lambda. I am excited to start the journey of the next two years and look forward to working with each of you.

Whenever I start a new professional opportunity, I find it helpful to review the mission, vision, and goals of the leadership:

Mission: Sigma Theta Tau International, Honor Society of Nursing, provides leadership and scholarship in practice, education and research to enhance the health of all people. We support the learning and professional development of our members who strive to improve nursing care worldwide.

Vision: To create a global community of nurses who lead using scholarship, knowledge and technology to improve the health of the world's people.

Goals:

1. Develop members across the span of their careers.
2. Build strong chapters and foster collaborative leadership.
3. Advance global linkages at the organizational and member levels.
4. Prepare and position nurses to lead in diverse, complex, health-related environments.
5. Advance the scientific base of nursing practice through the scholarship of research.
6. Stimulate scholarly practice in the professional lives of members.
7. Identify, secure and use a variety of resources to ensure the organization's future.

Membership: Membership is by invitation to baccalaureate and graduate nursing students who demonstrate excellence in scholarship, and to community leaders exhibiting exceptional achievements in nursing. Here are some additional facts about STTI membership:

- * More than 120,000 active members make Sigma Theta Tau the second largest nursing organization in the world.
- * Members are found in 90 countries.
- * There are 423 chapters on 523 college campuses in the US, Canada, Hong Kong, Pakistan, South Korea, Australia, Taiwan, Brazil, and the Netherlands.
- * Sixty percent of active members hold master's and/or doctoral degrees.
- * More than sixty percent are clinicians, twenty three percent are administrators or supervisors, and seventeen percent are educators or researchers.

I hope this summary from the STTI 2002 Fact Sheet has brought the honor society to life and you can see that you belong here!

Norma Krumwiede, President

Letter from the President-Elect

I would like to take this opportunity to thank you for electing me President-Elect for Mu Lambda Chapter. For those of you who do not know me, I will tell you a little bit about myself. I graduated from Minnesota State University, Mankato in 1994. In April of 2000, I became a member of Sigma Theta Tau International, Mu Lambda Chapter as a Community Leader. I am married and have two young children; Brianna is 5-1/2 years old and Derek is going to be 3 years old in August. I work part-time for Immanuel St. Joseph's-Mayo Health System in Community Health Services as a Clinical Supervisor. I supervise the Home Health Aides and Homemakers and case manage our Maintenance Care clients. I also volunteer as a Parish Nurse with Trinity Lutheran Church in Lake Crystal and St. John's Lutheran Church in Rapidan. I look forward to my role as President-Elect. If you would like to contact me, you can call me at (507) 726-2675 or email me at krumwiede.kelly@mayo.edu.

Kelly Krumwiede, President-Elect

Letter from the Past President

As my presidency of Mu Lambda Chapter comes to a close, I want to thank everyone for allowing me the opportunity to serve you as Chapter President. It has been a privilege to work with the Board, the chairs of the committees, and Chapter members. I have been impressed by the commitment that has been shown to our organization by each of you. Thank you to everyone who has been a member of a committee, participated in a fundraising event, or attended chapter meetings. Even if you have not been able to participate in these events, by paying your membership dues and remaining an active member of STTI you have supported our Chapter and STTI. Maybe there will come a time in your life that you will be able to be more active in the work of STTI and our Chapter. I thank all of you for your dedication to the organization.

The Chapter is headed into a new biennium under the great leadership of Norma Krumwiede and Kelly Krumwiede. They have many talents that will enhance the direction and growth of our Chapter. I hope you will support them as you have me the past two years. Thank you!

Cindy Scherb, Past President

Toot Your Horn...or Toot a Horn for Someone Else!!!



Perhaps you know of a news item, important event, or professional celebration announcement for you or one of your Mu Lambda colleagues. Please submit your news for upcoming issues of The Quest to Cindy Scherb at Immanuel St. Joseph's - Mayo Health System, 1025 Marsh Street, Mankato, MN 56002-8673 (telephone 507-389-4734; email: scherb.cindy@mayo.edu)

Thank you!



Chapter Key Award

Ever wonder how we are doing as a chapter? Ever wonder how you can get more involved? Now is your chance to get both of these questions answered!

STTI established the Chapter Key Award in 1991. It honors chapters which excel in chapter-related activities such as:

- * Membership recruitment and retention
- * Publicity and programming
- * Professional and leadership development

Entries must be submitted to headquarters by July 15, 2003. Though we may not qualify to place our entry in this biennium, we can strive to complete our entry for the next biennium.

The criteria evaluation form for the Chapter Key Award can help us recognize where we excel and where we need to improve. Chapters get evaluated on accentuated opportunities for new membership, maximized membership involvement, optimized membership renewal opportunities, promoted professional and leadership development, recognized achievements, and promoted collaboration.

As President-Elect I will be overseeing the process for completing and submitting the Chapter Key Award application. If you are interested in being involved in this process please call me at (507) 726-2675 or email me at krumwiede.kelly@mayo.edu.

Kelly Krumwiede, President-Elect



NEW

Focus on the Scholarship of Reading

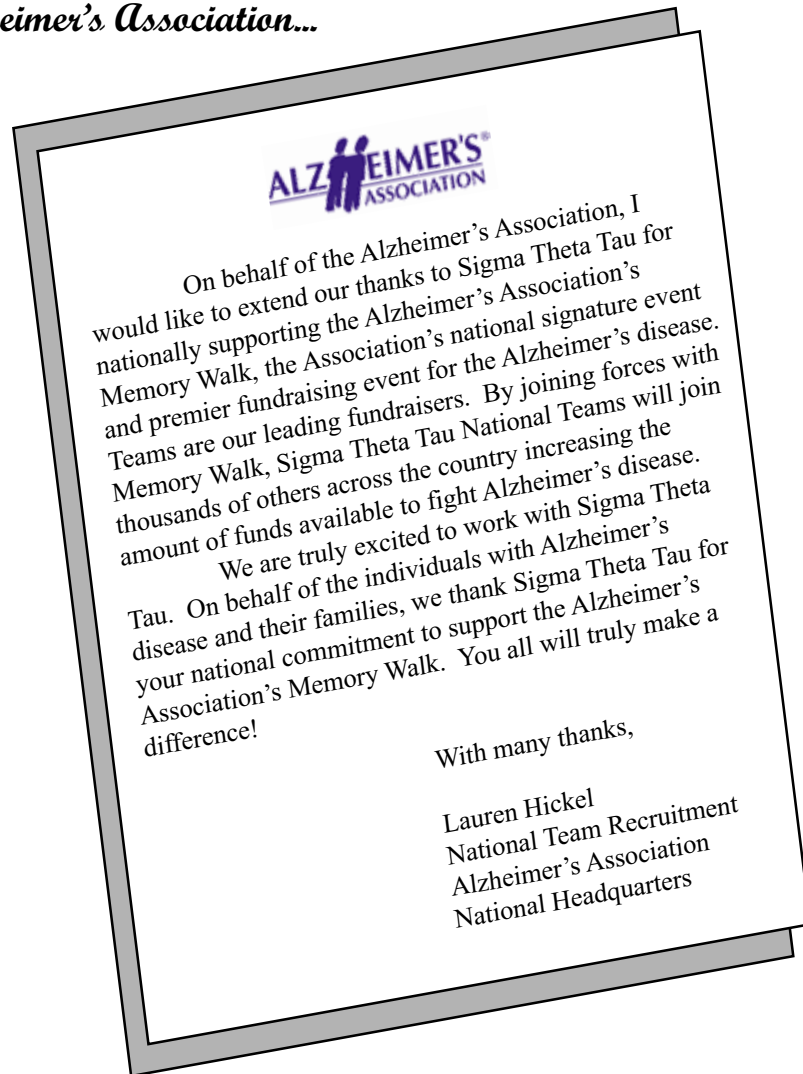
Reading, writing, thinking and dialogue constitute practices of scholarship and as such are promoted through the various activities of membership in the Mu Lambda Chapter of Sigma Theta Tau International. Although these practices are interwoven and often inseparable, perhaps thinking and dialogue become more visible in the Mu Lambda community gatherings at the annual research forum, the biannual meetings, and the Induction ceremony, while writing is made visible in publications (including this newsletter) that are read by members. Reading as a practice of scholarship can be explored further at Mu Lambda meetings which include a discussion of books read by chapter members.

Engendering community dialogues through reading is a growing phenomenon in contemporary society. Perhaps inspired by Oprah's book club, leaders in large municipalities such as Portland and more recently Chicago are encouraging their citizens to read the same book during the same time frame and then discuss it in multiple settings. The program committee is proposing a similar concept, i.e., that all Mu Lambda Chapter members read a book and engage in discussion of it at the annual meeting in January. Preserving the practice of reading as a meaningful and transformative scholarly endeavor means reading

thoughtfully, interpreting what is read and looking not only at what is read but at how reading is practiced. Thus, the "speaker" for the January program will be a skilled reader and facilitator of literary discussion. At this time, the program committee is asking members to forward suggestions of book titles as a possible selection for the chapter to read. Are there books you have read that are particularly interpretive of the human condition or that you have found yourself reflecting on days or weeks later? Please email Bev Linnes (linnes.beverly@mayo.edu) your suggested title, author and why you are recommending this book. The book that the whole chapter will read and discuss will be announced in the November newsletter, so stay tuned.

Tricia Young, Faculty Counselor

*Thank you from the
Alzheimer's Association...*



The Mankato community Alzheimer's Association's Memory Walk will be held on September 10, 2002 at the Mankato Lutheran Home, 718 Mound Ave., by Sibley Park. The registration for the one-mile walk will begin at 4:30 pm. Please contact Norma Krumwiede at 389-6806 if you are interested in participating in the Memory Walk.

***A Special
Thank You***



to
**Immanuel St. Joseph's-
Mayo Health System**
for their support in printing
and mailing

The Quest,
Sigma Theta Tau International
Mu Lambda Chapter's newsletter



New Members Wanted!

The Mu Lambda chapter is seeking nominations of nurses from the community who would welcome membership in Sigma Theta Tau International. Do you know a colleague who qualifies for nomination to membership as a community leader? The person must meet these criteria:

- 1) Minimum of a baccalaureate degree
- 2) Practicing nursing for at least 5 years
- 3) Achievement in nursing education, practice, research, administration or publication

* *Examples of Achievement in Education*

Teaching; curriculum development; course development; evaluation process; education administration

* *Examples of Achievement in Practice*

Outstanding clinician in field as documented by peers and others; outstanding contributor to improvement of the status of professional nursing organizations; innovative practice

* *Examples of Achievement in Research*

Achievement of research in practice, teaching or administration; conducting outstanding research as documented by peer researchers and nurse colleagues

* *Examples of Achievement in Administration*

Outstanding administrator in nursing service as documented by peers and others; outstanding contributor to improvement of health care through leadership in nursing service; achievement in staff development by creating a climate for nurses to practice professional nursing

* *Examples of Achievement in Publication*

Contribution to nursing knowledge through publication of books, articles, research reports, news media, etc; recognition by peers and nurse colleagues for nursing publications

* *Examples of Achievement in Other Category*

Outstanding consultant in field of nursing as documented by peers and others; outstanding contribution to nursing as an entrepreneur

Persons who are nominated need to complete the Community Leader Membership Intent form, which includes submitting information and vita that support the selection criteria. Copies of documents to verify the highest degree, i.e., diplomas or transcripts, also need to be submitted. In addition, two Endorsement Forms need to accompany the application. As this year a chapter goal is to invite four community leaders to membership in Mu Lambda Chapter, we need everyone's eyes open for possible members.

Contact Tricia Young at (507) 389-6824 or patricia.young@mnsu.edu for clarification and the appropriate forms.

Deadline for nominations: January 18, 2003.

Top 10 Reasons to Join STTI!

Created by Eta Nu Chapter of Sigma Theta Tau International

- * It is the only Nursing Honor Society
- * Recognizes academic achievement and exceptional contribution to the profession
- * Career and professional development opportunities in:
 - Research development
 - Leadership development
 - Manuscript/publishing development
 - Chapter programs
 - Networking and mentoring with nursing scholars
- * Opportunity to participate in the International Honor Society
- * Current information regarding issues in nursing practice, education, and research
- * Receive STTI publications including:
 - The Journal of Nursing Scholarship* and *Reflections on Nursing Leadership*
- * Internet access to career opportunities and literature searches
- * Financial support with grants, scholarships, and awards
- * Wear honor cord at graduation
- * Demonstrates honor/recognition on your resume/CV

Sigma Theta Tau International
Honor Society of Nursing



**Chapter Leader Academy
June 13-15, 2002
Indianapolis, Indiana**

Thank you to the membership for sending Kelly Krumwiede and me to the Leadership Academy. The Chapter Leader Academy provided useful strategies for chapter growth and vitality. The Honor Society of Nursing President, May L. Wykle, RN, PhD, FAAN, and President-Elect, Dan Pesut, RN, PhD, CS, FAAN, spoke at the opening and closing sessions respectively.

May Wykle called the society to build diverse relationships. "Individually and collectively, those involved with the society shape the health of people through the diversity of experiences, perspectives, and knowledge they have. The practice, research and education that members engage in, for themselves and with others, influence the health of people they care for, the collaborations with other disciplines, and the partnerships that are built" [p. 1 Chapter Leader Emphasis, January, 2002 Volume 9, Number 1.].

Dan Pesut provided strategies chapter leaders can employ to implement desired strategic plans. His presentation Navigating the Future with Courage, Creativity, and a Sense of Renewal was exhilarating. The essence of the presentation was:

- * Navigating the Future - A navigator is someone who has a destination in mind and is able to adjust course as needed.
- * Foresight and Navigating - Foresight involves locating information that you have previously ignored.
- * "What the Future Holds for Us Depends on What We Hold for the Future." Mikela and Philip Tarlow

The challenge Pesut made to all the chapter leaders in the audience is to be a Navigator, i.e., have a destination in mind and adjust course as needed.

Norma Krumwiede, President

Membership Renewal Made Easy

Have you misplaced your renewal form for Sigma Theta Tau International? Do you have a friend/colleague who maybe forgot to renew in the past, but would now be interested in renewing his/her membership? Below is a form you can fill out to renew your membership, or you can also renew online at www.nursingsociety.org.

I would like to renew my membership in Mu Lambda Chapter of Sigma Theta Tau International. I was inducted into Sigma Theta Tau International in _____ (year) at _____ (college/university).

My name at induction was: _____

Member Number: _____

Name: _____

Address: _____

Email Address: _____

Home Phone: _____ Work Phone: _____

Visa/Master card number: _____

Exp. Date: _____

Make check payable to Sigma Theta Tau International for \$65.00 regular membership. Return this form with payment to:

Sigma Theta Tau International
Member Services Department
550 West North Street
Indianapolis, IN 46202

If you have any questions please feel free to contact Jani Johnson, Chair of Membership Involvement, at johnson.jani@mayo.edu.



**Research Forum 2002:
 “Research Odyssey: The Journey to Clinical Excellence”
 September 20, 2002**

INTRODUCTION

Janet M. Bingle, RN, MS, Vice President for Clinical Standards, Education, and Research, Chief Nurse Executive for Community Hospitals and Health Care Systems, and Clinical Specialist in Nursing Care of the Adult, Indianapolis, Indiana.

***Keynote Address:
 “Creating a Culture of Evidence-Based Nursing Practice”***

Ms. Bingle’s presentation is designed to explore the role of the nurse leader in creating a culture that supports evidence-based nursing practice. Attributes of the leader, the scope and work of nursing, and nurse-sensitive patient outcomes will be discussed in light of current health care trends and available clinical evidence relevant to state of the art nursing practice. The impact of organizational context and culture on evidence-based innovation development and implementation will be highlighted.

Contact Hours: 5.7

**Registration Form – Nursing Research Forum 2002
 Register by: September 11, 2002**

Fee: (Please check) Professional: \$65 Student: \$20 Student Guest (No Charge;does not include handouts or luncheon)

Name (please print): _____ SSN #: _____

Address: _____ Phone: (home) _____
 (work) _____



City: _____ State: _____ ZIP _____ Place of Employment: _____

E-mail address: _____ Position/Specialty: _____

**Mail registration form and fee to: Phyllis Roseberry, 714 Sherman St., North Mankato, MN 56003
 MAKE CHECKS PAYABLE TO MU LAMBDA CHAPTER, STTI
 For information, contact Marcia Stevens at 612-825-9266 or marcia.stevens@mnsu.edu**

Mu Lambda Chapter Board ** 2002 - 2003 **

President	Norma Krumwiede (w) 507-389-6806	norma.krumwiede@mnsu.edu
President Elect	Kelly Krumwiede	krumwiede.kelly@mayo.edu
Vice President	Marlys Daly (w) 507-625-4031	daly.marlys@mayo.edu
Treasurer	Phyllis Roseberry (w) 507-389-4652	roseberry.phyllis@mayo.edu
Secretary	Beverly Bortrager	bevbor@mchospital.org
Faculty Counselor - 1st	Patricia "Tricia" Young (w) 507-389-6022	patricia.young@mnsu.edu
Faculty Counselor - 2nd	Julie Hebenstreit (w) 507-389-	julia.hebenstreit@mnsu.edu
Nominating Committee	Jodi Wallschlaeger	jodi.wallschlaeger@state.mn.us


 If you are interested in how to become a more active member, please contact any of the Board members or Jani Johnson (johnson.jani@mayo.edu), Chair of the Membership Committee. We desire to reach for the stars, and we need our members to help forge our paths into the future. You can choose to be active on committees or consider running for a future office. Together we can achieve our highest aspirations.
 

<p>To keep our mailing labels up to date, please notify the Mu Lambda Chapter concerning any name or address changes by completing the form at the right and mailing it to:</p> <p style="text-align: center;">Mu Lambda Chapter Sigma Theta Tau, International School of Nursing Minnesota State University, Mankato 360 Wissink Hall Mankato, MN 56001</p> <p>If you would like to be on our email contact list, or if you have changed your email address, please contact linda.rossow@mayo.edu with your updated email information.</p>	<p>Name changed from: _____</p> <p>To: _____</p> <p>Address changed from: _____</p> <p>_____</p> <p>To: _____</p> <p>_____</p> <p>_____</p> <p>Effective date of change: _____</p>
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