Mu Lambda Chapter

Cordially invites you to a very special evening celebrating New Inductees, Spring Awards & Installation of New Officers

2007 Induction Ceremony and Celebration

With Invited Guest Speaker

Dr. Sue Ellen Bell

Presenting

"Following Scholarly Passion: Reflections on a Personal Journey"

Friday, April 20, 2007

5:30 - 7:30 p.m.

Centennial Student Union 253, 254, 255

Minnesota State University, Mankato

Cost: $15/person for a "Roma Italian" Buffet Meal

—Detach Here—

Reservations Required

Name: ____________________________________________

Address: _____________________________City: _________________State: ______Zip_____________

Telephone: ______________________ Email: ____________________________________________

Please submit your reservation and check for $15.00 per person payable to:

Mu Lambda Chapter by April 6, 2007 to Sonja Meiers, Minnesota State University, Mankato School of Nursing, 360 Wissink Hall, Mankato, MN 56001.

Your check is confirmation of your reservation. Reservations are required to guarantee a meal. No refunds after April 16, 2007.
Gratitude is the word that keeps surfacing in my mind as I think about our Mu Lambda Chapter and all that is happening. Let me be specific. I am grateful for...

...Bonnie Hanson who provided our December newsletter in great style. In her first issue with us Bonnie did a superb job of organizing, formatting, and giving us a new look complete with volume and issue numbers to honor our history and progress. Thank you Bonnie and Editor, Linda Wenkel.

...the Past Presidents' Council who met in January and once again have agreed to lead our fund raising campaign for 2007. Cindy Scherb chairs the Council; Note the leadership profile in this issue of Cindy Scherb, Chairperson of this council. Watch for a letter from Sonja Meiers and Julie Hebenstreit with their offer of valued and fun surprises in connection to a Campaign 16 Fund Raising opportunity.

...the Leadership Succession Committee who provided a list of nominees for the positions of Vice President, Faculty Counselor, and Treasurer for voting upon at the Annual Meeting in January. Chairperson, Heidi Riehl, along with Emily Goetzke and Nicole Deutsch have presented a revised survey which will be mailed to members in the next month. Asking for input about how Mu Lambda Chapter can best serve members has not been done for a while. Please respond to the survey and share your thoughts so that we can plan in the best way possible.

...being able to actively use the listserv. Diane Witt is ready to assist us again in using this as a communication tool for our Chapter. See instructions in the newsletter to get connected.

...our Program Committee. Kara Anderson and Julie Hatleli provided a wonderful setting for a taco buffet and book discussion as part of the Annual Meeting in January. Read about the book discussion in this newsletter. There was agreement that next year’s discussion will be a novel that is easily accessible and reasonably priced.

...Candy Mortenson-Klimpel and her leadership with the Research Forum for 2007. Plans are progressing nicely with the hope of collaborating with another chapter.

...Sonja Meiers and the Governance Committee for planning a wonderful induction ceremony. Everyone is enthusiastic about the new day and time. Plan to join us and welcome new members. Details and information about making your reservation are on the first page.

...Norma Krumwiede who will serve as Awards Committee Chairperson for the remainder of this year. Mary Bliesmer has agreed to lead Chapter Publicity and let people in the broader community know about what is going on among Mu Lambda Chapter members and the organization.

...approval of a new award. The Sonja Meiers Outstanding Graduate Student Award was approved at the January meeting. The first person to be selected will be honored at the Induction Ceremony, April 20, 2007.

...Lani Wilson, Instructional Technology person, for her assistance in keeping our web site updated.

...Alice Weydt and her leadership with the Chapter Key Award initiative. We have decided to apply for an award in 2007. A March 27, 2007 meeting will be devoted primarily to preparation and application for this award.

...Margaret Brewer and her assistance with the list of members. Margaret is creating a membership profile fact sheet and helping us determine the most effective ways to reach out to our active and inactive members. Membership recruitment and retention are important goals for our Chapter.

...opportunities that are percolating for our Chapter to be more closely connected to others globally. Through the School of Nursing partnership with a School of Nursing in Ghana and with Alice Weydt’s connections with the Global Nursing Exchange, new possibilities are being realized.

...the enthusiastic and diligent leaders in Mu Lambda Chapter who take great pride in what our Chapter is doing and can do to make a difference in the lives of many. My list of gratitude could continue; look for more in the next issue. In the meantime, please plan to attend the Induction Ceremony on April 20, 2007. The majority of us never tire of hearing the meaning and importance of Sigma Theta Tau International in the life of our nursing profession. Just come; you will enjoy it!

Mary Huntley, PhD, RN
President, Mu Lambda Chapter
News from Minnesota State Mankato

There is so much happening in the School of Nursing! Where should I begin? How about starting with what is on the horizon at this time and soon to come to fruition.....offering doctoral education at Minnesota State Mankato. I shared this as a new quest for the SON a year ago in the Mu Lambda Chapter newsletter and progress has been made. The Doctor of Nursing Practice (DNP) curriculum has been planned with the other three state universities that have master’s degrees in nursing and the ‘consortium package’ is waiting for approval. The goal is to admit students this year to a post-master’s curriculum, probably 7 students to each university. This initiative is based on the recommendation of the American Association of Colleges of Nursing to move credentialing of all advanced nursing practice to the doctoral level by 2015. We have had several of our own graduates ask when we will be offering this degree. At some point in the future, a BS to DNP curriculum may also be developed.

Other ‘hot topics’ in the SON include: potential curriculum revision, plans for a new building that will house all of the departments in the College of Allied Health & Nursing, the recent election of our own nursing faculty member Kathy Sheran to the Minnesota Senate and international travel for faculty and students. Future newsletters may allow me the space to share more on these topics.

See you here on campus April 20th for the Mu Lambda Chapter Induction of new student and community members.

Mary Bliesmer
Professor and Chair, School of Nursing

Awards …Nominate Your Colleagues …Apply for Scholarly Activity Funding…

The Awards Committee has announced the following call for nominations: The Kathryn Schweer Nurse Mentorship Award. This award honors a nurse who has demonstrated mentorship through sustained and significant leadership to nurses and nursing by modeling values, attitudes, and behavior consistent with those of the profession.

The Awards Committee invites the faculty in the School of Nursing at Minnesota State University, Mankato to nominate two students for awards: The Linda Wenkel Outstanding Undergraduate Student Performance Award and a new award for 2007, The Sonja Meiers Outstanding Graduate Student Performance Award. Information and criteria can be found on the Mu Lambda Chapter web site.

Applications for funding are being accepted at this time. The Chapter has designated $500 for two awards. No applications were received for the funds in the fall, thus the call for applications is being extended to this spring. Applications for the two awards listed below are due March 20, 2007 to Norma Krumwiede, Awards Committee Chairperson.

1.) The Julie Hebenstreit Presidential Research Award honors a Mu Lambda Chapter member who is engaged in scholarly activity related to the advancement of nursing. Scholarly activity includes nursing research, nursing practice, nursing education, or nursing service partnership.

2.) The Cindy Scherb Research Dissemination Award honors a Mu Lambda Chapter member who is engaged in scholarly activity related to the advancement of nursing through dissemination of learnings resulting from research, practice, nursing education, or nursing service partnerships.

If you are interested in how to become a more active member, please contact any of the Board members. We desire to reach for the stars, and we need our members to help forge our paths into the future. You can choose to be active on committees or consider running for a future office. Together we can achieve our highest aspirations!
New Officers for 2007-2009

The Leadership Succession Committee is very pleased to announce the election results determined at the Annual Meeting of Mu Lambda Chapter, January 25, 2007.

Vice President: Annette Benson earned an Associate Degree from Normandale Community College, a Bachelor’s degree from Metropolitan State University, and a Master’s degree from Winona State University. Annette is employed as an instructor at the School of Nursing, Minnesota State University, Mankato and also works as a staff nurse at Fairview Ridges Hospital Emergency Department in Burnsville. The Vice President performs duties of the President in the President’s absence and is responsible for planning Chapter programs. Welcome, Annette.

Treasurer: Phyllis Roseberry earned her baccalaureate degree from MSU School of Nursing and Master’s in Nursing Administration from the University of Minnesota. Phyllis is Director of the 2MS patient care unit at ISJ-MHS. The treasurer manages the Chapter funds, prepares quarterly reports, presents current financial reports at each Board meeting, coordinates preparation of the budget, and prepares the annual Chapter Financial Report. Phyllis’ expertise for another term is most appreciated and welcomed.

Faculty Counselor: Diane Witt, an assistant professor at Minnesota State University, Mankato School of Nursing is a certified adult nurse practitioner, has a Post-Master’s Certificate in Transcultural Nursing and earned her PhD in Nursing from Duquesne University in Pittsburgh, PA. Diane also assists with the Chapter listserv. Welcome, Diane.

There are two open positions at this time to be filled by an election. Two people are needed to serve on the Leadership Succession Committee. We are grateful to Emily Goetzke and Nicole Duetsche for the two terms they have each served. Please nominate yourself to work with Heidi Riehl, chair of the committee. The two-year term will provide you with the opportunity to assist in mentoring/developing members to serve in leadership roles, assist with identifying candidates for officers/committee chairs, and assist with ballot preparation and election processes. Please contact Heidi Riehl to let her know of your desire to serve in this role.

The newly elected officers will be installed April 20, 2007 during our gathering for the Induction of New Members and Recognition of Award Winners.

Serve Region 4 Sigma Theta Tau International

As each of you contemplate your respective careers, consider opportunities to share your expertise and leadership at the regional and international levels of Sigma Theta Tau International. Please take time to reflect on the following messages from Region 4 and STTI Headquarters with regard to your own gifts/talents.

The Board of Directors at Sigma Theta Tau International is requesting that Region 4 consider adding one or two more persons to run for the office of Regional Coordinator. Additional names will fill the ballot and allow for sufficient competition and choices to the members for voting. We need strong leaders to represent all areas of the Region! Maureen T. Greene, current Region 4 Coordinator, Sigma Theta Tau International will also be running for a second term.

Sigma Theta Tau International encourages all active members to seriously consider running for an elected leadership position. Positions to be filled by an election for the 2007-2009 Biennium include: President-Elect, Vice President, Secretary, Treasurer, Director-At-Large (3 positions), Regional Chapter Coordinating Committee Chairperson, Leadership Succession Committee (7 positions), Governance Committee (7 positions), and Regional Chapters Coordinating Committee (15 positions).

Kudos

Dr. Marilyn L. Fox, a Professor of Management and Director of the MBA Program at Minnesota State University, Mankato, led approximately 15 people in a great book discussion reviewing *Embracing Uncertainty: The Essence of Leadership* by P.G. Clampitt & R.J. DeKoch. This was a wonderful evening of scholarly discussion, taking place after the Annual Meeting and dinner.

Dr. Fox led the group with many questions, such as: “Why does the management of an organization create the illusion of certainty?” Various responses being…“People have expectations of the leader to know the answer” and “We tend to emphasize efficiency in order to get things done.”

Another question that stimulated discussion was: “Embracing uncertainty is the key to effective leadership…why?” Responses to this question included “Creativity”, “Entity would be lost without changing” and “Flexibility.” Dr. Fox’s questions led the group members to reflect on their own beliefs in regards to uncertainty.

After about an hour of discussion, a couple of messages were spread throughout the room…

- “See uncertainty as an opportunity, not as a threat.”
- “A good leader will help with the uncertainty and use the uncertainty to reach a goal.”
- Finally, “Dialogue is key.”

Thanks so much to Dr. Marilyn Fox for leading such an interesting book discussion! Great scholarly insight was gathered from everyone present! Thank-you to those who were able to attend!

*Kara Anderson*

**Toot Your Horn…or Toot a Horn for Someone Else!!**

Perhaps you know of a news item, important event, or professional celebration announcement for you or one of your Mu Lambda Chapter colleagues. Please submit your news for upcoming issues of *The Quest* to:

Linda Wenkel
Minnesota State University, Mankato, School of Nursing, 360 Wissink Hall, Mankato, MN 56001
telephone: 507-389-6825 email: linda.wenkel@mnsu.edu.
Traveling Down Stadium Road

Minnesota State University, Mankato signed a Memorandum of Agreement with Kwame Nkrumah University of Science and Technology in Kumasi, Ghana Africa. Just as Stadium Road created an immediate connection between the two institutions, the spirit of nursing also connected nurses from Minnesota and Ghana. Over the next three years, both institutions will further explore ways to partner, engage and support one another. Dr. Sonja Meiers suggested that Mu Lambda Chapter explore the ability to induct members from Africa. During the January business meeting of the Chapter, the membership voted to induct two nursing faculty from KNUST. Victoria Bam and Monica Kom will become members of Mu Lambda Chapter during the April 2007 Induction Ceremony. This new university partnership will allow for exchange of faculty, students, and information for programs of interest. Currently, the KNUST Nursing Program is new and will graduate their first class of nurses June 10, 2007. The KNUST nursing faculty has voiced several needs: books, supplies, equipment, faculty development, joint teaching and research opportunities, and faculty or student exchanges.

Breaking news ……

Mu Lambda Chapter now has a listserv!

What is a listserv?
A listserv or distribution list is a way to send a message to a group of people. A message that is posted to the listserv is sent to everyone who is signed up on the listserv. Mu Lambda Chapter’s listserv is moderated. To be moderated means that all messages submitted for posting will be screened by a moderator (a Mu Lambda Chapter Board Member) before it is forwarded to everyone. You do not need to log in to the listserv to see the new messages as they are automatically sent to your email address.

What will Mu Lambda Chapter be using the listserv for?
- Share general information with each other
- Share information regarding upcoming programs
- Put out calls for volunteers
- Perhaps develop an electronic version of the Mu Lambda Chapter newsletter for distribution through the listserv

How do I access the listserv?
The web site for the listserv is http://mail.mnsu.edu/mailman/listinfo/mulambda

How do I join the listserv?
Go to http://mail.mnsu.edu/mailman/listinfo/mulambda
Scroll down to “Subscribing to Mu Lambda”. Enter your email address and your name,
Scroll down to “Pick a Password”. Enter a password, Re-enter the password.
Click on “Subscribe”.
At this point, a confirmation email will appear, Follow the directions on the confirmation email. You will now be a member of the listserv.

How do I post a message to the listserv?
Go to http://mail.mnsu.edu/mailman/listinfo/mulambda
Scroll down to “Using MuLambda”. Where it says “To post a message to all the list members, send email to mulambda@mail.mnsu.edu” hold cursor over mulambda@mail.mnsu.edu and click once with mouse.
An email message will now open addressed to Mu Lambda, add your subject, type your message and click send.
Spotlight on Past Presidents

Tell us about your nursing career.

Within one year of graduating from Mount Mercy College in Cedar Rapids, IA, nursing in the Midwest experienced an over supply of nurses and a nursing shortage. An over supply prevented me from getting employment in the Twin Cities leading me to start my nursing career at the University of Iowa Hospitals & Clinics on a neurosurgical unit. Within one year of the start of this valuable first employment experience, a nursing shortage in the Twin Cities opened up positions and I moved to an ICU/CCU at Fairview Hospital. While at Fairview, I began studying for a Master’s degree at the University of Minnesota. After working 5 years, I got married, moved to south central Minnesota and commuted to the Twin Cities to complete my Master’s degree with dual focus areas of nursing administration and clinical nurse specialist. Since that time, I have had a variety of nursing positions. Working in a very small rural hospital, I learned to appreciate all facets of nursing: skilled care, med/surg, OB, critical care, ER, and chemical dependency. Moving to a slightly larger organization, I held a variety of leadership positions: nursing supervisor, director of nursing, med/surg nurse manager, and acting director of inpatient services. In the early 1990s, I moved into academia and started teaching at Minnesota State University, Mankato. After 3 years, I chose to pursue doctoral studies in nursing administration at the University of Iowa. While at the University of Iowa, I was exposed to the world of informatics and the standardized nursing languages of the Nursing Interventions Classification (NIC) and the Nursing Outcomes Classification (NOC). After completing my coursework, I had the role of Documentation/Informatic/ Research Coordinator at ISJ-MHS for 4½ years where I assisted with the implementation of NANDA, NIC, & NOC into the computerized documentation systems of ISJ-MHS, Albert Lea Medical Center, and Austin Medical Center. On completion of my doctorate in 2001, I accepted a faculty position in the master’s nursing program at Winona State University on the Rochester campus. At Winona State University, I enjoy my role of teacher and thesis advisor. Besides focusing on teaching and hoping that I make a difference in students’ learning experiences, my efforts go toward research related to studying the effect of nursing interventions on patient outcomes through large database effectiveness research.

Who has been a mentor or someone who has influenced you greatly in your nursing career? How has she/he influenced your career?

What is the most important piece of advice that she/he has given you?

My first mentor was my nurse manager, Ruth, at Fairview who taught me many things about providing quality patient care, leadership and caring. It was because of Ruth that I decided to obtain my master’s in nursing administration. Another mentor, Dr. Meridean Maas at the University of Iowa has been instrumental in the development of my research agenda. Meridean has a passion for patient care, nursing research, leadership in the nursing profession, and for mentoring. My professional growth over the last 12 years has been most influenced by Meridean. It has been Meridean’s willingness to share her passion for nursing along with her belief in my abilities that have made the difference.

Why are you an active member of Mu Lambda Chapter?

I was inducted into Zeta Chapter Sigma Theta Tau International at the University of Minnesota. When I began employment with Minnesota State University, an invitation to join and become an active member of Mu Lambda Chapter was received. That invitation has led to many years of being exposed to and learning from colleagues and other leaders in nursing. I continue in hopes that I am giving to others as much as I have received.

What advice would you give to other Mu Lambda Chapter nursing leaders today?

Believe that you have something unique and valuable to contribute to our chapter and to the nursing profession. We need all of you to keep our profession vital, fresh, and reaching toward the future. It will only be with your input that we will flourish.

Is there anything else that you would like other Mu Lambda Chapter members to know about you?

While I have belonged to professional organizations my entire nursing career, prior to joining Mu Lambda Chapter I had not been an active member in any of those organizations. I became active because other people helped me see that I could make a difference. As much as I credit Meridean Maas with being a great mentor, I also give credit to the past leadership of Mu Lambda Chapter for assisting in my growth as a leader.

Cindy Scherb, PhD, RN, Mu Lambda Chapter President 2000-2002

Mu Lambda Chapter Officers 2006-2007

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<thead>
<tr>
<th>Office</th>
<th>Officer Name</th>
<th>Term Ends</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Mary Huntley</td>
<td>2008</td>
<td><a href="mailto:huntley@hickorytech.net">huntley@hickorytech.net</a></td>
</tr>
<tr>
<td>President Elect</td>
<td>Alice Weydt</td>
<td>2008</td>
<td><a href="mailto:aweydt@chcm.com">aweydt@chcm.com</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Kara Anderson</td>
<td>2007</td>
<td><a href="mailto:kdanderson4@earthlink.net">kdanderson4@earthlink.net</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Sandi Schuette</td>
<td>2008</td>
<td><a href="mailto:sandra.schuette@mnsu.edu">sandra.schuette@mnsu.edu</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Phyllis Roseberry</td>
<td>2007</td>
<td><a href="mailto:roseberry.phyllis@mayo.edu">roseberry.phyllis@mayo.edu</a></td>
</tr>
<tr>
<td>Faculty Counselor</td>
<td>Sonja Meiers</td>
<td>2007</td>
<td><a href="mailto:sonja.meiers@mnsu.edu">sonja.meiers@mnsu.edu</a></td>
</tr>
<tr>
<td>Faculty Counselor</td>
<td>Candence Mortenson-Klimpel</td>
<td>2008</td>
<td><a href="mailto:candence.mortenson-klimpel@mnsu.edu">candence.mortenson-klimpel@mnsu.edu</a></td>
</tr>
<tr>
<td>Quest Editor</td>
<td>Linda Wenkel</td>
<td>ongoing</td>
<td><a href="mailto:linda.wenkel@mnsu.edu">linda.wenkel@mnsu.edu</a></td>
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CALL FOR ABSTRACTS
INVITATION TO PARTICIPATE

EVENT: Mu Lambda Chapter Sigma Theta Tau International Honor Society of Nursing Annual Nursing Research Forum
TITLE: “Leading Change in Interdisciplinary Care”
DATE: Friday, September 14, 2007
SITE: Conference Center, South Central College, North Mankato MN
(1 hour 30 minutes south of Minneapolis/Saint Paul)

KEYNOTE SPEAKER: Becky Jo Lekander, PhD, RN, University of Minnesota Fairview Hospital

Please consider being a part of this annual event as either a podium presenter (30 minutes) or poster presenter (during a 45 minute break).

TOPICS: We encourage presentations from three areas of nursing.

- **Leadership:** practical ideas drawn from current knowledge and best practices in leadership with emphasis on practicality, innovation, and forward thinking. Examples include: leadership for change, leading in different situations, mentoring others as a function of leadership, leadership practice in health care organizations.
- **Scholarship:** connecting nursing scholarship and practice through dissemination of research findings to further the scholarship and health care of the populations of the world. Research in all areas of nursing practice are welcome.
- **Clinical Practice:** showcase your innovative professional accomplishments. Some examples include evidence-based practice applications, complimentary care, advanced practice initiatives, collaborative partnerships, technology innovations, outcomes of care, and health promotion.

DEADLINES: Please submit an electronic abstract describing the topic whether poster or podium presentation in leadership, scholarship/research, or practice you wish to present by May 30, 2007. Notification of acceptance will be sent by July 1, 2007.

ABSTRACT SUBMISSIONS and QUESTIONS:
Candence Mortenson-Klimpel, MSN, RN
Assistant Professor, Minnesota State University, Mankato
Phone: 507-389-6809
E-mail: candence.mortenson-klimpel@mnsu.edu
Mu Lambda Chapter, STTI - Strategic Plan 2005-2007

Based on STTI President Carol Picard’s Call for Action and Strategic Directions

Vision: The vision of the Honor Society of Nursing, STTI is to create a global community of nurses who lead in using knowledge, scholarship, service, and learning to improve the health of the world’s people.

Mission: The mission of the Honor Society of Nursing, STTI is to support the learning, knowledge, and professional development of nurses committed to making a difference in health worldwide.

Core Values: 1) Knowledge, 2) Leadership, 3) Service, 4) Communities, and 5) Sustainability

Goal 1. Knowledge:
- Advance the scientific base of nursing practice through the scholarship of research
  - A. Continue the Annual Research Forum.
  - B. Become familiar with and encourage registration of all research in the Virginia Henderson International Nursing Library.

Goal 2. Leadership:
- Develop members across the span of their careers.
  - A. Develop methods to market membership to undergraduate and graduate students and community leaders.
  - B. Survey membership for areas of interest and expertise and match them with corresponding chapter activities. Promote use of the VIProfile.
  - C. Increase the recruitment and retention of active Mu Lambda members.
  - D. Invite inactive members to reconnect with a STTI chapter

Goal 3. Service:
- Simulate scholarly practice in the professional lives of members.
  - A. Partner with local nursing organizations and other chapters.
  - B. Support a local/national organization focused on improving the health of others through research, education, advocacy, and leadership.
  - C. Raise public awareness of professional nursing throughout the region.
  - D. Submit career profiles of chapter members (newsletter, web site, newspaper).
  - E. Nominate members for leadership awards within the community and other nursing organizations.
  - F. Disseminate information about scholarly events and publicize scholarly achievements of members.

Goal 4. Communities:
- Advanced global linkages at the organizational and member levels.
  - A. Focus education programming on leadership, scholarship, and cultural needs of the community.
  - B. Promote international connections through conferences, speakers, and consultants.
  - C. Promote diversity among the membership.

Goal 5. Sustainability:
- Identify, secure, and use a variety of resources to endure the organization’s future.
  - A. Develop a local fund raising plan each year.
  - B. Maintain sound financial and investment policies/procedures for the chapter.
  - C. Be familiar with STTI philanthropic opportunities and respond accordingly.

Updated October 2006 & January 2007
To keep our mailing labels up to date, please notify the Mu Lambda Chapter concerning any name or address changes by completing the form at the right and mailing it to:

**Mu Lambda Chapter**
Sigma Theta Tau International
Minnesota State University, Mankato
School of Nursing
360 Wissink Hall
Mankato, MN 56001

If you would like to be on our email contact list, or if you have changed your email address, please contact: linda.wenkel@mnsu.edu with your updated email information.

**Name:** Changed from: ________________________________  Changed to: ________________________________

**Address:** Changed from: ________________________________  Changed to: ________________________________

city, state  zip  phone  email