Mark your calendars for the Annual Nursing Research Forum hosted by:
Mu Lambda Chapter – Minnesota State University Mankato!

**TITLE:** "Leading Change in Interdisciplinary Care"

**DATE:** Friday, September 14, 2007

**WHERE:** Conference Center, South Central College, North Mankato, MN
(1 hour, 30 minutes south of Minneapolis/Saint Paul)

**KEYNOTE SPEAKER:** Becky Jo Lekander, PhD, RN
Dr. Lekander has a BS with a Major in Nursing from Minnesota State University, Mankato, a MSN from the University of California San Francisco and a PhD in Nursing from the University of Minnesota. Currently, Dr. Lekander is Director of Nursing Practice, Research, Innovation, and Care Management at the University of Minnesota Medical Center University of Minnesota Children’s Hospital Fairview.

**OTHER TOPICS:** Breakout sessions and poster displays related to the three areas of nursing listed below will also be included in the day.

**Leadership:** practical ideas drawn from current knowledge and best practices in leadership with emphasis on practicality, innovation, and forward thinking. These may include leadership for change, leading in different situations, mentoring others as a function of leadership, leadership practice in health care organizations, etc.

**Scholarship:** connecting nursing scholarship and practice through dissemination of research findings to further the scholarship and health care of the populations of the world.

**Clinical Practice:** a showcase of innovative professional accomplishments. This may include evidence-based practice applications, complimentary care, advanced practice initiatives, collaborative partnerships, technology innovations, outcomes of care, health promotion, etc.

Check the Mu Lambda Chapter website for updated and more complete publicity. Publicity will also be sent via US Mail later in the summer.

Questions may be directed to:
Candence Mortenson-Klimpel, MSN, APRN
Assistant Professor, Minnesota State University Mankato
Phone: 507-389-6529
E-mail: candence.mortenson-klimpel@mnsu.edu

Check out our updated Mu Lambda Website at:
http://mnsu.edu/nursing/mulambda/
Mu Lambda Chapter President’s Column

Excitement is my key word for this issue of The Quest. There is so much happening and so much to share with all of you—all in this newsletter. The excitement is about...

...welcoming 32 new members to Mu Lambda Chapter at the Induction Ceremony, April 20.

...anticipating the energy new officers, faculty counselor, and committee members bring to a new year beginning July 1, 2007.

...congratulating award recipients.

...learning that many of our members responded to the April mailing by donating to our fund raising campaign and responding to the survey. We will be able to continue to support research related awards to Chapter members. Feedback to learn how to serve all of you better is very helpful and timely as we approach a new fiscal year.

...preparing our application document for a Chapter Key Award which is due July 16, 2007. The process of naming all of the ways in which our Chapter meets the criteria for this national recognition makes me feel very proud of our Chapter. Alice Weydt is leading the way on this project. Board members, committee chairs, and School of Nursing leadership and faculty are providing the evidence we need to demonstrate achievement of the criteria. With everyone working together all is coming together nicely.

...creating an enriching schedule of programs for the coming year, the first one being the Annual Research Forum, September 14, 2007, at South Central College, North Mankato.

...seeing a profile of our membership and focusing on where our members live—in our rural areas and in a variety of states across the country.

...supporting our delegates to the 39th Biennial Convention of STTI in Baltimore, MD, November 2-7, 2007 and inviting any of our members to attend if at all possible. STTI Conventions are full of knowledge, inspiration, and motivation.

...celebrating the many accomplishments of the School of Nursing at Minnesota State University, Mankato, and being excited to welcome new challenges.

...embracing the opportunities where we can make a difference in the lives of others through global connections.

...smiling proudly as colleagues share research, leadership, and practice through presentations, dialogue, and manuscripts locally, nationally, and internationally.

This issue of The Quest provides a “heads up” on what to anticipate in the coming months. Kindly write the meeting dates on your calendar now. Plan to join us as we share together the many ways we can work together to learn, lead, and heal.

Mary Huntley, PhD, RN
President, Mu Lambda Chapter of Sigma Theta Tau International

A Caring Message from the School of Nursing Chair

Recently, I had the opportunity to share a Nurse’s Week message with nurses at the Albert Lea Medical Center. The message was titled ‘The Fullness of Caring’ and included many ways to care for yourself so that when you care about and for others, you will do this from a ‘full cup.’ One example, taken from Stories for Nurses: Acts of Caring (Wieck, 2003), really resonated with these nurses, probably because the medical center is in the midst of a major remodeling project. What follows is an example, along with my personal additions that describes acceptance (allowing things to be the way they are) as a component of caring.

Nurses can become consumed by the nature of our work. We may lose focus on the fact that not every situation is life and death. If a patient quits breathing, we react immediately with the full force of our physical and emotional selves to save a life. Unfortunately, when the announcement comes that the parking lot is being repaved and we have to find alternative parking, we often react the same way. We expend a lot of energy over decisions that are not worthy of the adrenalin drain they trigger.

Perspective is the key. A good way of deciding how much of your precious energy to expend on any situation is the five-year test. Are you going to remember this in five years? If you give the wrong medication and have a disastrous outcome, you’ll remember it forever. I still remember a medication error that I made in 1969! It was devastating to me, even though the patient was not harmed and probably appreciated receiving 75mg of Demerol instead of 50mg. Still, the memory of this is vivid. Medication administration is a situation worthy of our time and energy. The parking lot situation is not. Chances are good that it will not become a vivid part of our memories.

The pace of health care continues to accelerate. While we cannot slow it down or stop it, we can control the demands we make of ourselves.

If you are not going to remember it in five years, move on. Take care of yourself. Nurses are a precious commodity. You are a precious commodity. Don’t forget it!

Mary Bliesmer DNSc, APRN, BC
Minnesota State University, Mankato
School of Nursing Chairperson
Personal Reflections on Following a Passion: 
A Journey Toward the Scholarship of Social Justice

When I was growing up I wanted to be a court thinker. I had heard that there were court jesters who entertained the king with jokes, court painters who documented the royal family in portraits, and court musicians who wrote music for all the royal occasions. I wanted to be the court thinker, basically paid to think. Lots of little girls want to be princesses, but I wanted to be a court thinker. As you may know there isn’t much demand for court thinkers, or princesses for that matter, in rural southeastern Iowa. So, I moved to Minnesota…and became a professor.

In order to keep the job, there are a couple of things that professors must do. One of them is to discuss with students in classes the thoughts of people who have come before us. That is, impart the body of knowledge that is characteristic of whatever field you are in. The second part of the job description entails developing new knowledge. In other words, you need to write a thesis and a dissertation, and then publish scholarly papers. That is how I came to need a research topic. In reflecting for this talk, it struck me how early in my life my interest in social justice actually emerged.

For me, it began in grade school. Periodically my father would pile us in the car and drive us out to the “west end” of town. That was where the city dump was located and where the poor people lived. He would drive us down the muddy roads and point out places where he knew particularly needy people lived. I am not sure why he did this. All I know is that it affected me profoundly. As the oldest child, I felt a responsibility to take care of those people or what I refer to as the Lillian Wald approach. Reacting to the same stimuli, two of my siblings took the Scarlet O’Hara approach or “As God is my witness, I’ll never be poor again.” My sister works very hard and owns her own business in downtown Chicago, and my brother, taking a different tack, married a rich woman. Both are doing very well! My youngest brother took the Jack Kerouac, “On the Road Again” approach, “since it is all going to end up a mess anyway, why worry?” or the Doris Day approach of “Que sera, sera whatever will be will be, the future’s not ours to see…” This brother is a musician and spends his money as it comes in. All had the same environmental influence with very different outcomes.

So what does this have to do with scholarly passion and the personal journey? I think that growing up I had a keen sense that people didn’t all have the same advantages in life, and I was struck by the injustice of it. Early on it became an issue that I wanted to do something about and, in fact, felt compelled to do something about.

One lesson that I have learned along the way is that it is not always easy to follow your passion. I was always interested in other cultures and civilizations. In high school I wanted more than anything to be chosen as an AFS exchange student. But, as a “court thinker” with a very active inner life, I was not particularly adept at interviews and the things that get students noticed for those sorts of things. While I didn’t get to be a foreign exchange student in high school, I kept looking for opportunities. My first college degree was in Spanish. As a junior in college, I went to South America for a year. I studied at the Universidad de los Andes in Bogota, Colombia and traveled to Peru to see Machu Picchu. After graduation, I was a VISTA volunteer for a Migrant Health Project in the Southwestern US. Between those two experiences, I saw poverty that made my hometown’s “west end” look relatively good.

It was after the VISTA experience that I enrolled in nursing school to get my Bachelor’s degree in nursing. I thought that if I had a skill like nursing, I would be able to help people in a tangible way. Upon obtaining my BSN, I worked as a Migrant Health Project nurse, as an advocate for Southeast Asian refugees, and as a public health nurse. I got to use both my Spanish and nursing degrees in a very positive way.

I met my husband while I was in nursing school. He was a teacher and had been in the Peace Corps in Malaysia. In 1984, I published my first paper that was a study of childbearing practices of Tai Dam women and demonstrated that Southeast Asian refugee women in Des Moines, Iowa, were unlikely to obtain prenatal care if they were uninsured. More than 20 years ago it seemed clear to me that we need to somehow provide health insurance to everyone if we were going to promote the public’s health. But, as I learned more about poverty and politics, I began to feel that I couldn’t do much as one person to change things unless I started working at the larger societal level. [Dr. Bell continued her story of passion in convincing health care professionals of the linkages between social justice issues, cultural competence, and public health. She continues to view these as fun challenges.]

I truly hope that each of you can find your passion and that you can give yourself permission to follow it. There will be plenty of stumbling blocks along the way. Remember, though, that you are now in the position to create a life work. I know that it sounds corny, but I have always kept a written list of the things that I want to accomplish. This is not a “To Do List” but rather a “Life Experience List.” Unlike achievement in school that is measured by success in “clinicals” and on exams, life success is measured by what you accomplish over years and maybe even over decades. Unlike achievement in school that is determined by someone else’s measure of success, you are now free to determine success and fulfillment for yourselves. In the work world there is very little that helps you to know how well you are doing. There are occasional reviews by your supervisor and sometimes pay raises. That is why it is important to keep a list of what is important for you (personally) to accomplish. Now and then, review your list and see how you are doing. Are you on the road to fulfilling your passion? Some things will seem silly in retrospect, but you will see constant themes emerging that reflect the things that matter to you most, “Your Passion”. Best wishes to all of you as you complete your degrees and move on to the stages of constructing your scholarly passion.

Sue Ellen Bell, PhD, APRN, BC, Associate Professor, School of Nursing, MSU, Mankato
Presented at Mu Lambda Chapter Induction Celebration, April 20, 2007
(Edited with permission for inclusion in The Quest.)
Spring 2007 Induction

The following individuals were inducted into Sigma Theta Tau International Honor Society of Nursing Mu Lambda Chapter Friday, April 20, 2007 at the Minnesota State University, Mankato annual "Induction Ceremony & Celebration". We are pleased to welcome and congratulate each of these individuals on their achievements.

### Undergraduate Students

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<thead>
<tr>
<th>Anderson, Kristin A.</th>
<th>Knick, Benjamin J.</th>
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<tr>
<td>Brand, Kathryn M.</td>
<td>Knops, Sarah J.</td>
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<td>Cottrell, Stephanie M.</td>
<td>Kunerth, Laurie A.</td>
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<td>Drache, Nicole L.</td>
<td>Lewison, Tom G.</td>
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<td>Fitzgerald, Jenna K.</td>
<td>Meese, Sheryl L.</td>
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<td>Horneber, Rebekah L.</td>
<td>Roberson, Amy E.</td>
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<td>Hueser, Patricia L.</td>
<td>Sander, Karolann C.</td>
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<td>Ingebritson, Kelly J.</td>
<td>Sautter, Elizabeth L.</td>
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<td>Janikowski, Erin M.</td>
<td>Sikhrakar, Sanam</td>
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<td>Joseph, Sheena M.</td>
<td>Volk, Sarah A.</td>
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<td>Kiecker, Shawna M.</td>
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### Graduate Students

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<th>Braun, Jessica C.</th>
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<td>Ellstrom, Jennifer A</td>
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<td>Hartman, Michaela A</td>
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<td>Huls, Cheryl D.</td>
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<td>Jirik, Treena M.</td>
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<td>Sistek, Sarah C.</td>
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<td>Tietz, Jolene M.</td>
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### Nurse Leaders/International Members

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<th>Bam, Victoria Bubunyo</th>
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<td>Bomar, Jenny</td>
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<td>Kom, Monica Charity (Posthumous)</td>
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You may know some of these new members. Please invite them to Mu Lambda Chapter meetings, assist them in learning more about Sigma Theta Tau International and encourage them to become involved in our Chapter’s activities.

### Undergraduate Student Inductees

(Left to Right) Kristin Anderson, Sarah Volk, Ben Knick, Amy Roberson, Laurie Kunerth, Amanda Sokoloski, Sheena Joseph, Nicole Drache, Kelly Ingebritson, Shawn Kiecker, Rebecca Horneber, Kastryn Brand

### Graduate Student Inductees

(Left to Right) Jolene Tietz, Sarah Sistek, Treena Jirik, Jessica Braun, Jennifer Ellstrom
Awards and Recognition

The Linda Wenkel Outstanding Undergraduate Student Performance Award
This year’s recipient of the award given in recognition of an outstanding undergraduate nursing student whose contributions to nursing fulfill the goals of Sigma Theta Tau International is Laurie Seive Kunerth. Ms. Kunerth, a BS Completion Program student, is a registered nurse with an Associate Degree in Nursing from Rochester Community College and a Bachelor of Arts degree in art from Hamline University. Nursing faculty members who nominated her noted that she is involved in leadership in her community as a volunteer in school, church, Girl Scouts and local political activities. Ms. Kunerth is recognized as a leader among her peers for the pursuit of excellence in innovative clinical thinking with an emphasis on holistic practice. In September 2006, Ms. Kunerth, along with three other students, presented an undergraduate research poster at the Annual Mu Lambda Chapter Research Forum.

The Sonja Meiers Outstanding Graduate Student Performance Award
The Sonja Meiers Outstanding Graduate Student Performance Award is being awarded for the first time this year. This year’s recipient of the award given in recognition of an outstanding graduate nursing student whose contributions to nursing fulfill the goals of Sigma Theta Tau International is Jessica C. Braun, a student pursuing a Master of Science in Nursing degree and enrolled in the family nurse practitioner program. Ms. Braun holds a Bachelor of Arts in nursing from Gustavus Adolphus College and is currently an on-call public health nurse for Le Sueur County Public Health where she works with clients in multiple age and cultural groups (Hispanic and Somali). One of Ms. Braun’s hopes is to advance policy directed at the management of home care clients primarily by family nurse practitioners. Ms. Braun’s colleagues and faculty view her as a diligent, well-prepared, intelligent, self-motivated, insightful, intuitive and solid-decision maker with compassion.

The Cindy Scherb Research Dissemination Award
The Cindy Scherb Research Dissemination Award was established in 2005 for the purpose of funding to support researchers who are ready to share their findings through paper or poster presentations at conferences or through journal or book manuscript preparation. This year’s award recipients are Dr. Mary Huntley and Ms. Edna Thayer for their project entitled “A Mirthful Spirit: Embracing Laughter for Wellness”. Dr. Huntley and Ms. Thayer, who have completed research and published a book by this title, anticipate using funding provided by this award to: disseminate their book to key hospital gift shops, libraries and health clinics; support community presentations; pay for warehouse storage and marketing for their book; and disseminate the book by audio tape for use by the visually impaired. Reviewers of this proposal concurred that it demonstrates a masterful translation of nursing research into use by society-at-large. Mu Lambda Chapter is proud to present this funded award to support the entrepreneurial spirit demonstrated by these retired, engaged nursing leaders.

The Kathryn Schweer Nurse Mentorship Award
The Kathryn Schweer Nurse Mentorship Award was established in recognition of former School of Nursing Dean Kathryn Schweer’s mentoring of Mu Lambda Chapter at Minnesota State University, Mankato. The purpose of this award is to recognize outstanding nurses whose contributions to nursing fulfill the goals of Sigma Theta Tau International. The award honors a nurse who has demonstrated mentorship through sustained and significant leadership to nurses and nursing by modeling of values, attitudes, and behaviors consistent with those of the profession. The mentor has a unique way of accepting individuals and guiding them to realize their full potential. This year’s recipient, Linda Rossow, RNC, has been described as being “dedicated to improving the human condition for the populations being served, going beyond bedside nursing to developing policies and programs, promoting nursing education and working to improve the working conditions of our profession.” Linda “walks alongside her colleagues, providing support, and modeling grass roots caring, making a difference for nurses as well as the nurses’ patients.”
Installation of Officers

New officers were installed April 20, 2007 at the Induction Ceremony and Celebration. The following Mu Lambda Chapter members will serve a two-year term 2007-2009.

Vice President – Annette Benson, MS, Minnesota State University, Mankato School of Nursing Instructor.

Treasurer – Phyllis Roseberry, MS, 2MS Patient Care Unit Director, Immanuel St. Josephs Hospital-Mayo Health Systems, Mankato

Faculty Counselor – Diane Witt, PhD, Minnesota State University, Mankato School of Nursing Assistant Professor.

The credentials of these individuals and roles were described in the March 2007 issue of The Quest. The new officers will assume their new respective roles at the Transition Meeting, July 10, 2007. Mu Lambda Chapter is grateful to them for their expertise and willingness to serve and lead.

One other Chapter member has agreed to be installed as a Leadership Succession Committee member. According to our bylaws, two committee members are to be elected every two years. At this time, Janet Wassman will be installed at the Transition Meeting. The other member is yet to be confirmed. We are grateful for the willingness of individuals to work with the Leadership Succession Committee Chair Heidi Riehl. The Committee’s task is to mentor/develop members to serve in leadership roles, assist with identifying candidates for officers/committee chairs, and assist with ballot preparation and election processes.

Sincere Thanks to Campaign 2007 Donors

Mu Lambda Chapter Past President’s Council wishes to thank those who gave so generously to Campaign 2007. Collectively, this group of nursing leaders donated $1450.00! These dollars will be used to fund student assistance for new member induction, award initiatives and research on behalf of our chapter. What a legacy we are creating!

Aase, Helen
Brewer, Margaret
Bublitz, Geri
Cahill, Cynthia
Bliesmer, Mary
Dilley, Cecelia
Frederick, Julie
Freitag, Jennifer
Goblirsch, Sandra
Gratz, Yvonne
Hebenstreit, Julie
Hohenstein, Mary Kay
Huntley, Mary
Keith, Barbara
Kopitzke, Kimberly
Krumwiede, Kelly
Krumwiede, Norma
LeMaster, Carol
LeMaster, Pamela
Meiers, Sonja
Portner, Shanda
Roseberry, Phyllis
Schuette, Sandra
Scherb, Cindy
Wenkel, Linda

Drawing Winners:
Linda Wenkel

Morning on the Greens: The Natural Partnership of Wildlife and Golf
by Terry Redlin

Norma Krumwiede
Community Hospital and Nursing School
by P. Buckley Moss

Phyllis Roseberry
The Baby Nurses
by P. Buckley Moss

Donor Recognition
Sincere appreciation is extended to the following individuals who gave a donation to Mu Lambda Chapter at the time they renewed their membership and paid their STTI dues.

Margaret Brewer
Sidney Guthrie
Julie Hatleli
James Holmseth
Kelly Krumwiede
Norma Krumwiede
Janet Prehn
Linda Rossow

Thanks!
Kudos To:

Minnesota State Senator, Kathleen Sheran, for leading the way to successful passing of The Freedom to Breathe Act and for Minnesota to be the 21st state to have a statewide no-smoking ban in public places.

Pat Shortall, for being recognized as KEYC-TV’s Nurse of the Year for 2007. Pat was recognized at the 5th District MNA Nurses’ Banquet May 3, 2007.


Minnesota State University, Mankato School of Nursing for receiving a $25,000 grant from the Center for Excellence in Teaching & Learning to redesign mental clinical experiences by collaborating with the Department of Theatre and Dance. Dr. Norma Krumwiede, Dr. Mary Bliesmer and Ms. Sandra Schuette submitted the grant request to include technical and "live patient" (theatre student) simulations.

Alice Weydt of Creative Health Care Management for her work with nursing staff at Faxton-St. Luke’s Hospital in Utica, NY and New York Presbyterian Hospital in NYC to define professional practice using Nursing Classification Interventions. The hospitals’ staffs were asked to identify interventions, rate their complexity, identify what can be delegated and determine the amount of time the interventions take. On May 17, 2007 Alice presented “Call to Lead” at a leadership conference in Minneapolis, MN.

Karen Willette-Murphy for being featured on the cover of the Spring 2007 issue of Tomorrow, a MSU College of Graduate Studies and Research publication. Karen’s research is associated with sleep patterns and fatigue among older women agreeing to participate in an exercise program. Inside Tomorrow, the School of Nursing’s new adventure with the Doctorate of Nursing Practice (DNP) program is described and lists many of our Mu Lambda Chapter members providing scholarship and leadership for this collaborative MnSCU program which was granted legislative approval in 2005. Dr. Mary Bliesmer, Professor and Chair of the Nursing Program, has kept Chapter members informed of this progress in past issues of The Quest. Congratulations to all in the School of Nursing and College of Allied health & Nursing Dean Kaye Herth, for this great accomplishment.


If you are interested in how to become a more active member, please contact any of the Board members. We desire to reach for the stars, and we need our members to help forge our paths into the future. You can choose to be active on committees or consider running for a future office. Together we can achieve our highest aspirations!

Toot Your Horn…or Toot a Horn for Someone Else!!!

Perhaps you know of a news item, important event, or professional celebration announcement for you or one of your Mu Lambda Chapter colleagues. Please submit your news for upcoming issues of The Quest to:

Linda Wenkel
Minnesota State University, Mankato,
School of Nursing,
360 Wissink Hall,
Mankato, MN 56001
telephone: 507-389-6825
email: linda.wenkel@mnsu.edu.
Thank You!
Reaching Out Globally

La Paz, a city on the Baja peninsula of Mexico, was once a fishing village that over the years has grown into a city of over 100,000 people. There is an orphanage in La Paz, run by a priest that cares for approximately 100 children. As the hope is for the children to return to their families of origin, adoptions do not occur. The children live in dormitory style housing with a central dining room. A large courtyard is the play area. Each child has a drawer in his/her sleeping area for personal belongings. While there are no electronic video games or cell phones, the children are provided food, shelter, clothing, and an abundance of love and are given hope for a brighter future. The children attend school daily and this last spring, for the first time one of the older boys graduated from high school and was going on to college.

The priest, ever vigilant in his pursuit to keep the orphanage in repair, says he has “prayed many prayers” over the years to keep things running. As a part of Mu Lambda Chapter’s philanthropic mission of making a difference in the lives of others globally, a $100 donation has been sent toward the priest’s efforts.

Alice Weydt, President-Elect

Retiree on the Move

Kathryn Schweer, retired Dean and one of the founders of Mu Lambda Chapter attended the annual gathering of the Global Nursing Exchange in La Paz, Baja, Mexico last February. Alice Weydt also attended. The Global Exchange is a group of nurse leaders who meet annually in La Paz to have synergistic dialogue about nursing. Kathryn has been a valued member of this group for many years. It is important to Kathryn that she maintains connections to the community of nursing. In addition to traveling abroad and within the US, Kathryn continues to be a parish nurse and is active in her church choir. Kathryn shared how she finds a balance in pursuing her passions while caring for her husband. In the small group discussions, Kathryn shared her insights about nursing education and how empowerment begins as a student. Throughout her life, Kathryn has counseled others as they faced challenges in their professional and personal lives. Today, Kathryn continues to role model the power of positive thinking and to use her talents making a difference in the lives of others. Kathryn sends greetings to all her friends in Mu Lambda Chapter and wants everyone to know that she still loves nursing.

Alice Weydt, President-Elect

Nominations for Fall Awards

Research awards are typically presented at the Fall Research Forum. Thanks to Campaign 2007, we are pleased to announce that funding of $500 for each of two awards is available. Review the criteria and apply by August 17, 2007. Submit to the chairperson of Mu Lambda Chapter Research and Awards Committee, Karen Willette-Murphy, Minnesota State University, Mankato School of Nursing, 360 Wissink Hall, Mankato, MN 56001. See the Mu Lambda Chapter website for more information. The awards for use during 2007-2008 will be presented September 14, 2007 at the Research Forum.

The Julie Hebenstreit Presidential Scholar Grant

Criteria: Current Mu Lambda Chapter member, engaged in scholarly activity related to the advancement of nursing through nursing research, nursing practice, nursing education or nursing service partnership; willingness to report scholarly activity outcomes to Mu Lambda Chapter.

Application Process: Develop a 300-500 word abstract proposal to include:
1) problem/goal statement/research question or hypothesis; 2) purpose of scholarly activity to nursing knowledge/science; patient/consumer health care; scientific education of nurses; 3) methods and materials including description of design, definition of variables and instruments; data collection and analysis plans; budget; dissemination plans; appendix with reference letters, data collection instruments, consent form, IRB approval, time table for completion of scholarly activity. Include resume for project director(s) and include name, address, phone numbers, and email address.

The Cindy Scherb Research Dissemination Award

Criteria: Current Mu Lambda Chapter member, engaged in scholarly activity related to the advancement of nursing through the dissemination of learnings resulting from research, practice, nursing education or nursing service partnerships; willingness to report scholarly activity outcomes to Mu Lambda Chapter.

Application Process: Develop a 300-500 word abstract proposal of the scholarly activity, the dissemination plan, budget, and time table for dissemination as a manuscript for publication, paper or poster presentation, or other as described. Include resume for project director(s) and include name, address, phone numbers, and email address.
Leadership Intern
Position Now Available

The Leadership Succession Committee invites new (inducted within the last two years) Mu Lambda Chapter members to apply for the Leadership Intern position. This is an opportunity for members to learn more about Sigma Theta Tau International by working with various committees/officers within the Mu Lambda Chapter and preparing to share in the organization’s leadership roles. Benefits of this role include free attendance at the Annual Research Forum and program meetings. For more information or to apply contact Committee Chair, Heidi Riehl, 507-345-5151.

Opportunity Awaits—Be Involved in the Honor Society

Come and join a Mu Lambda Chapter Committee. Work with a very capable group of leaders in a variety of ways:

- Governance - assist with nominating nurse leaders in the community, organizing opportunities to share information about STTI to potential new members, plan the induction ceremony.
- Program - plan programs for the year, contact speakers, arrange for speakers, food, and publicity. assist with induction ceremony planning and set-up.
- Archives - develop a process for keeping the chapter records archival safe.
- Membership Involvement - examine the active and inactive membership lists and look for ways to retain members and encourage inactive members to be active. Develop an email communication system with members.
- Publicity - share information to the broader community about Mu Lambda Chapter projects and member activities. Develop ways to advertise meetings other than by using the newsletter. Review the web site and make recommendations.
- Awards - advertise and review applications/nominations for awards.
- Chapter Key Award - keep an ongoing record of evidence to support meeting chapter key award criteria so that it is available and ready to use every two years, odd years.

Research Forum - the committee is seeking a new chair for 2008.

Mu Lambda Program Meetings for 2007-2008

Tentative plans for 2007-2008 programming include:

- Two scholarly programs that include the September 2007 Research Forum as well as a Scholarship of Reading Book Discussion in January 2008.

Collaboration with Fifth District Minnesota Nurses’ Association for a November 2007 meeting. This will be a scholarly program focused on clinical research with families.

After the July Transition Meeting, program plans will be more definitive. Watch the Mu Lambda Chapter web site for the Program Calendar and other updates. http://www.ahn.mnsu.edu/nursing/mulambda

Profile of Mu Lambda Chapter Members

This profile is based on information associated with 176 active Mu Lambda Chapter members prior to the induction of our newest members.

We have 157 members living in Minnesota.

- 44 live in Mankato/North Mankato
- 35 live in the Twin Cities
- 21 in southwestern and central Minnesota
- 5 in Madison Lake, New Ulm
- 4 in Albert Lea
- 3 in Le Sueur, Owatonna, St. Peter
- 3 in southeastern Minnesota
- 2 in Eagle Lake, Fairmont, Janesville, Le Center, New Prague, St. James, Shakopee
- 2 in northern Minnesota
- 1 in Easton, Faribault, Good Thunder, Kasota, Kiester, Lake Crystal, Madelia, Mapleton, Morgan, Northfield, St. Clair, Truman, Vernon Center, Waterville, Waseca, Wells

Seven members live in Iowa; two in CO, NV; one in CA, IL, NE, NY, OK, SD, TX, WI, and one in New South Wales.

Thought for a Happy Summer:

“In order to survive, and especially to thrive, we must have humor in our lives, and kindness and giving.”

-Mayo Angelou
### MuLambda Chapter Officers 2006-2007

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<th>Office</th>
<th>Officer Name</th>
<th>Term Ends</th>
<th>Email</th>
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<tr>
<td>President</td>
<td>Mary Huntley</td>
<td>2008</td>
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### MuLambda Chapter Officers and Committee Chairs 2007-2008

<table>
<thead>
<tr>
<th>Office</th>
<th>Officer Name</th>
<th>Term Ends</th>
<th>Email</th>
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<tbody>
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To keep our mailing labels up to date, please notify the Mu Lambda Chapter concerning any name or address changes by completing the form at the right and mailing it to:

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School of Nursing  
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