

Internship Requirements: Internships are a required integral component to develop students for professional careers in a variety exercise, fitness, and wellness-related fields. Students should identify a prospective internship venue and supervisor including contact information. The student should then draft two to four learning objectives they seek to gain from their internship experience. This information is then brought to a faculty member in exercise science, and pending approval, the student will be given electronic access to register for either HP 492 or HP 496 in their schedule. If you need assistance finding an intern, see an exercise science faculty member.

Corporate & Community Fitness/Wellness
HP 492 (minimum of 3-credits)

Exercise Science Major
HP 496 (minimum of 6-credits)

50 hours = 1 credit hour

Pre-PT and Pre-OT students: Pre-PT or Pre-OT student may use observations hours toward their internship experience; however, experience in a separate field is strongly encouraged.