



MS in Exercise Physiology: Typical Course Sequence

	Fall	Credits	Spring	Credits
Year 1	HP 601 Advanced Phys of Ex	3	HP 630 Research Methods	3
	HP 602 Lab Techniques	2	HP 609 Neuromuscular	3
	HP 693 Seminar	1	HP 645 PA Disease	3
	HP 605 Adv Nutrition Sport	3		
Year 2	HP 619 Youth PA and Sport	3	HP 667 Ex Psych Behavior Change	3
	HP 610 Statistics	3	HP Capstone Options	
	Elective	4	694 APP	3
			696 Manuscript	3
			698 Internship	3-8
			699 Thesis	3

Must accumulate 34 credits to earn the MS in Exercise Physiology degree.

Common Electives

HP 518 (3) Intercultural Competence for Allied Health Professional (Spring, Study Abroad)

HP 539 (3) Nutrition for Physical Activity and Sport (Fall, Spring)

HP 566 (3) Graded Exercise Testing and Prescription (Fall, Spring)

HP 567 (3) Worksite Wellness

HP 570 (3) Psychology of Coaching (Fall)

HP 577 (3) Behavior Change Foundations & Strategies (Fall, Spring)

HP 590 (3) Psychology of Sport & Athletic Injury (Fall)

BIOL 517 (3) Biology of Aging (Fall, Spring)

BIOL 533 (3) Cardiovascular Physiology (Fall)

BIOL 538 (3) General Endocrinology (Fall)

BIOL 566 (3) Principles of Pharmacology (Fall)

PSYC 551 (3) Methods of Enhancing Performance

PSYC 566 (3) Psychology of Aging

PSYC 578 (4) Health Psychology

HLTH 551 (3) Stress and Health

HLTH 554 (3) Chronic & Infection Diseases

HLTH 666 (3) International Health

Other electives are possible as per consulting with an academic advisor.

