COLLEGE OF
ALLIED HEALTH & NURSING
MINNESOTA STATE UNIVERSITY MANKATO

# My MavPlan

**Name:** Sample Plan '20-'21 **Date Revised:** 03/18/2021

**Major(s):** Exercise Science Pre-PT Emphasis **Minor(s):** Not Required

This document is only to be used as an advising tool to help with planning graduation in an appropriate timeline. Please refer to your college catalog for most accurate information regarding requirements for general education, graduation, and your degree. Always consult with your advisor.

## General Education & Graduation Checklist

**Course Prefix & #**
**Check if Completed or In Progress**

| Course Prefix & # | | | Course Prefix & # | | |
|---|---|---|---|---|---|
| ENG 101 | Goal Area 1A | ☐ | SOC 101* | Goal Area 8 | ☐ |
| | Goal Area1B | ☐ | CIS 100 | Goal Area 9 | ☐ |
| PHYS 211 | Goal Area 2 | ☐ | | Goal Area 10 | ☐ |
| CHEM 201 | Goal Area 3 (w/Lab) | ☐ | Restricted Electives | Goal Area 11 | ☐ |
| PHYS 211 | Goal Area 3* | ☐ | | Goal Area 12 (0-1 credit; optional) | ☐ |
| MATH 115 | Goal Area 4 | ☐ | | Goal Area 13 (0-2 credits; optional) | ☐ |
| PSYC 101 | Goal Area 5* | ☐ | | 44 cr. from Goals 1-13 | ☐ |
| SOC 101* | Goal Area 5* | ☐ | | Writing Intensive | ☐ |
| | Goal Area 6* | ☐ | | Writing Intensive | ☐ |
| | Goal Area 6* | ☐ | SOC 101* | Diverse Culture** | ☐ |
| | Goal Area 7 | ☐ | | Diverse Culture** | ☐ |
| | | | | 120 credits total | ☐ |
| | | | | 40 cr. at 3/400 level | ☐ |

*Complete this goal area with 2 courses from 2 different disciplines, 6 or more credits
**Need: either 1 purple & 1 gold OR 2 purples

## Additional Advising Notes:

Admissions Requirements: Refer to Academic Catalog; Major Unrestricted Electives may not be double-counted for courses required in the Emphasis, refer to the catalog for a full list

-Deadlines for applications are Oct. 1st and March 1st, refer to department website for application

*Course not required of major but can help complete requirements and is required of many graduate programs

-PHYS 101 is not a major requirement but is a prerequisite for PHYS 211 if high school physics has not been completed.

**Year Of:** 2020-2021

| Fall | | Spring | | Summer | |
|---|---|---|---|---|---|
| **Course/Course #** | **Credits** | **Course/Course #** | **Credits** | **Course/Course #** | **Credits** |
| ENG 101 Composition | 4 | BIOL 105 General Biology I | 4 | | |
| BIOL 220 Human Anatomy | 4 | CHEM 201 General Chemistry I | 5 | | |
| PSYC 101 Intro. to Psychology | 4 | STAT 154 Elementary Statistics | 4 | | |
| MATH 115 Precalculus | 4 | GE 1B Elective | 3 | | |
| | | | | | |
| | | | | | |
| | | | | **Total Semester Credits** | |
| **Total Semester Credits** | 16 | **Total Semester Credits** | 15 | | |

**Year Of:** 2021-2022

| Fall | | Spring | | Summer | |
|---|---|---|---|---|---|
| **Course/Course #** | **Credits** | **Course/Course #** | **Credits** | **Course/Course #** | **Credits** |
| Major Restricted Elective-Goal 11 | 1 | BIOL 330 Human Physiology [BIOL 220&CHEM] | 4 | | |
| CHEM 202 General Chemistry II [CHEM 201] | 5 | CIS 100 Intro. to Computing & Apps. | 4 | | |
| BIOL 106 General Biology II [BIOL 105] | 4 | GE 5&8 Elective (SOC 101*) | 3 | | |
| HP 265 Orientation to AT, OT, PT | 2 | Major Restricted Elective- Goal 11 | 1 | | |
| GE 6 Elective - also Writing Intensive | 3 | - PHYS 101 If needed ^ | 3 | ‡ Take GRE by end of 3rd year ‡ | |
| | | | | | |
| | | ‡ Application to Major ‡ | | **Total Semester Credits** | |
| **Total Semester Credits** | 15 | **Total Semester Credits** | 12-15 | | |

**Year Of:** 2022-2023

| Fall | | Spring | | Summer | |
|---|---|---|---|---|---|
| **Course/Course #** | **Credits** | **Course/Course #** | **Credits** | **Course/Course #** | **Credits** |
| PHYS 211 [MATH 115 & H.S.phys. or PHYS 101] | 4 | HTLH 321 Medical Terminology | 3 | | |
| HP 314/414 Phys. of Ex...[BIOL 330] | 3 | PHYS 212 Principles of Physics II [PHYS 211] | 4 | | |
| PSYC 343 Intro. to Dev. Psych | 4 | PSYC 455 Abnormal Psychology | 4 | | |
| HP/HLTH 477 Behavior Change Strategies | 3 | HP 363/348 [BIOL 220] | 3 | | |
| Unrestricted Elective | 3 | | | ‡ Apply to Graduate School‡ | |
| | | | | | |
| | | ‡ Apply for Graduation ‡ | | **Total Semester Credits** | |
| **Total Semester Credits** | 17 | **Total Semester Credits** | 14 | | |

**Year Of:** 2023-2024

| Fall | | Spring | | Summer | |
|---|---|---|---|---|---|
| **Course/Course #** | **Credits** | **Course/Course #** | **Credits** | **Course/Course #** | **Credits** |
| Unrestricted Elective | 4 | HP 465 Legal Aspects of Sport | 3 | | |
| HP 466 [HP 314/414] | 3 | HP 439 Sport Nutrition [HP 3/414] | 3 | | |
| GE 6&7- also Diverse Cultures | 3 | Unrestricted Elective | 4 | | |
| HP 431/456 [HP 363] | 2 | GE 10 Elective | 3 | | |
| Elective | 3 | Diverse Cultures & Writing Intensive | 3 | | |
| | | | | | |
| | | | | **Total Semester Credits** | |
| **Total Semester Credits** | 15 | **Total Semester Credits** | 16 | | |

(fa)=only offered in fall; (sp)=only offered in spring; (v)=varied when offered or on demand; [ ]= course has a pre-req. refer to catalog or the information provided in brackets

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