COLLEGE OF
ALLIED HEALTH & NURSING
MINNESOTA STATE UNIVERSITY MANKATO

My MavPlan

Name: Sample Plan '22-'23 **Date Revised:** 02/10/2022

Major(s): Health & Physical Education **Minor(s):** Not Required

This document is only to be used as an advising tool to help with planning graduation in an appropriate timeline. Please refer to your college catalog for most accurate information regarding requirements for general education, graduation, and your degree. Always consult with your advisor.

General Education & Graduation Checklist

Course Prefix & #
Check if Completed or In Progress

Course Prefix & #		Check if Completed or In Progress	Course Prefix & #		Check if Completed or In Progress
ENG 101	Goal Area 1A	☐		Goal Area 8	☐
	Goal Area1B	☐	***PHIL 120W	Goal Area 9	☐
	Goal Area 2	☐	HLTH 101	Goal Area 10	☐
BIOL 220 &310	Goal Area 3* (w/Lab)	☐	HLTH 210	Goal Area 11	☐
CHEM 106	Goal Area 3*	☐		Goal Area 12 (0-1 credit; optional)	☐
MATH	Goal Area 4	☐		Goal Area 13 (0-2 credits; optional)	☐
HLTH 240	Goal Area 5*	☐	KSP 220W	44 cr. from Goals 1-13	☐
PSYC 101	Goal Area 5*	☐	HLTH 420W	Writing Intensive	☐
	Goal Area 6*	☐		Writing Intensive	☐
***PHIL 120W	Goal Area 6*	☐	KSP 220W	Diverse Culture**	☐
KSP 220W	Goal Area 7	☐		Diverse Culture**	☐
				120 credits total	☐
				40 cr. at 3/400 level	☐

*Complete this goal area with 2 courses from 2 different disciplines, 6 or more credits. Writing Intensive courses must also come from 2 different disciplines. **Need: either 1 purple & 1 gold OR 2 purples; must come from 2 different disciplines.

Additional Advising Notes:

This major has 2 General Education waivers: 1) 40 credits of General Education are needed (not 44) and 2) BIOL 220 and 310 can meet the goal area 3 lab requirements.

Strongly encouraged to add: Developmental Adapted P.E. minor

= Professional education courses must be taken in sequence by levels and the courses within levels must be taken during the same term

Admissions Standards: 2.5 cumulative GPA, "C-" in required gen. ed. courses (minus Chemistry), "C-" in all pre-requisite courses (except BIOL 220), "C-" in major common core courses. Professional Education requires a 2.75 cumulative GPA; Students interested in teaching must be admitted to BOTH the major program AND professional education--refer to academic catalog

***Goal 6 & 8 & Purple recommended options (ART 160; ART 260; EET 125; ENG 125; GER 150; HUM 156; HUM 282; FILM 334; SCAN 150; SCAN 251); PHIL 120W not required but highly recommended for 6, 9, WI)

Please contact Dr. Ben Schwamberger (ben.schwamberger@mnsu.edu)

Year Of: 2022-2023

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HLTH 101 Health & the Env. (Goal 10)	3	FCS 140 (goal 3)	3		
PSYC 101 Intro. to Psyc (Goal 5)	4	CHEM 106 (goal 3)	3		
ENG 101 (Goal 1A)	4	SPEE (goal 1b)	3		
Math (Goal 4)	4	HLTH 210	3		
		HLTH 311	3		
				Total Semester Credits	
Total Semester Credits	15	**Total Semester Credits**	15		

Year Of: 2023-2024

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HP 201 Intro to PE (fa) co-req. w/295	3	HP 313 Motor Development (sp)	3		
HP 295 PE Activities (fa)	3	HP 330 MN PE Std-Bench [201,295] (sp)	2		
BIOL 220 Human Anatomy	4	HP 333 Intro to DAPE (sp)	3		
***Goal 6 & 8 & Diverse Cultures	3	KSP 202	1		
HLTH 240 Drug Education (Goal 5)	3	KSP 220W	3		
		KSP 222	2		
			3	**Total Semester Credits**	
Total Semester Credits	16	**Total Semester Credits**	17		

Year Of: 2024-2025

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HP 388 Assessment [295, 313] (fa)	3	HP 449 K-12 PE Mthds [201, 295, 388] (sp)	3		
Elective	3	HP 450 K-12 PE Pract. co-req. w/449 (sp)	1		
HLTH 320 School HLTH (fa)	3	***Goal 6 & 9 (PHIL 120W)	3		
HLTH 451 Emotional HLTH...(fa, su)	3	KSP 330	3		
Biol 310 Human Phys.[BIOL 220&CHEM]	4	KSP 334	3		
	3	HLTH 420W Health Teaching Methods [320]	3		
		Apply for Graduation		**Total Semester Credits**	
Total Semester Credits	19	**Total Semester Credits**	16		

Year Of: 2025-2026

Fall		Spring		Summer	
Course/Course #	**Credits**	**Course/Course #**	**Credits**	**Course/Course #**	**Credits**
HP 314 Exercise Phys [BIOL 330, 310, or 230]	3	KSP 464 Prof. Seminar #	1		
HP 460 Curriculum Design [449, 450] (fa)	3	KSP 476 K-12 Student Teaching #	11		
HLTH 454 Chronic & Infectious..	3				
KSP 440	3	Do not take other classes while student teaching			
KSP 442	3				
				Total Semester Credits	
Total Semester Credits	15	**Total Semester Credits**	12		

(fa)=only offered in fall; (sp)=only offered in spring; (v)=varied when offered or on demand; [ ]= course has a pre-req. refer to catalog or the information provided in brackets

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