

# Managing Chronic and End-of-Life Pain

## Thursday, April 30, 2009

Last Name \_\_\_\_\_ First \_\_\_\_\_  
\* Name \_\_\_\_\_  
Home Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Occupation/Discipline (for CE credits) \_\_\_\_\_  
E-mail address: \_\_\_\_\_

Social Security Number (for Minnesota State Mankato records) \_\_\_\_\_

Place of Employment \_\_\_\_\_

Home: \_\_\_\_\_ Work: \_\_\_\_\_  
Phone \_\_\_\_\_

Have you taken Minnesota State University, Mankato courses or CE programs previously?  
Yes \_\_\_ No \_\_\_

**No refunds 48 hours prior to workshop date.**  
**Mail registration form and fee to:**

CAHN Continuing Education  
Minnesota State University, Mankato  
124 Myers Field House  
Mankato, MN 56001

Phone: 507-389-1162  
Fax: 507-389-6447

**Registration Fee: \$40; \$45 after April 23, 2009, \$35 group rate (3 or more)**  
**(includes materials, afternoon refreshments, continuing education certificate)**

**Pre-registration Deadline: April 23, 2009**

*\*Please complete a registration form for each participant. All requested information required to have course recorded on Minnesota State Mankato transcript.*

**Register online by credit card at <http://ahn.mnsu.edu/continuinged/>**



CAHN Continuing Education  
Minnesota State University, Mankato  
124 Myers Field House  
Mankato, MN 56001

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COLLEGE OF ALLIED HEALTH & NURSING

## Managing Chronic and End-of-Life Pain

THURSDAY,  
APRIL 30, 2009  
1:00 – 4:30 P.M.  
(REGISTRATION 12:30-1:00 P.M.)

South Central College  
Conference Center B  
1920 Lee Blvd.  
North Mankato, MN

SPONSORS:

Immanuel St. Joseph's  
*Mayo Health System*



507-389-1162

## PROGRAM DESCRIPTION

Managing pain in those facing chronic or end-of-life conditions is an ongoing challenge, and becomes especially difficult when cognitive impairment is present. This workshop will address unrecognized pain behaviors, refractory pain, neuropathic pain, and various methods and techniques to alleviate pain and suffering. Special emphasis will be placed on the elements of hospice and palliative care. The role of advance care planning will also be addressed.

## INTENDED AUDIENCE

This workshop is designed for nurses and other health care professionals who serve older adults and those with chronic or end-of-life conditions.

## PRESENTER

### Eric W. Anderson, MD

Dr. Anderson is the Medical Director for Palliative Care at Allina Home Care, Hospice and Palliative Care in St. Paul, MN. He graduated from the University of California, San Diego Medical School, and completed his residency at the University of Minnesota. His special practice expertise is providing palliative care for patients with advanced illness.

### PARKING PERMIT REQUIRED.

THIS BROCHURE WILL BE YOUR PARKING PERMIT.  
PLEASE DISPLAY ON YOUR DASHBOARD  
WITH PERMIT DATE SHOWING.

**TEMPORARY PARKING PERMIT**  
**SOUTH CENTRAL COLLEGE**  
**NORTH MANKATO, MN**  
**April 30, 2009**

## OBJECTIVES

- Identify previously unrecognized pain behaviors in cognitively impaired patients.
- Evaluate the patient with 'refractory' pain to identify treatable problems.
- Learn a new intervention for treating pain in long term care settings.
- Recognize neuropathic pain.
- Understand two major differences between methadone and other opioids for treating pain.
- Understand the elements of hospice care essential to successful palliative care.
- Define advance care planning and its role in medical care.

## AGENDA

- 12:30 Registration, Receive Materials
- 1:00 Pain in the Long Term Care Setting
- 2:00 When Morphine Fails – Managing Difficult Pain Problems
- 3:00 Break
- 3:10 A New Model for Whole Patient Care Managing Chronic Illness Using Learnings from Hospice
- 4:30 Program Conclusion, Evaluation

## CONTINUING EDUCATION CREDIT

RN's and LPN's: 4 contact hours  
Other Professionals: Certificate of Attendance for 3.5 clock hours

## PROGRAM CO-SPONSORS

Immanuel St. Joseph's — Mayo Health System  
Hospice Program  
Minnesota State University, Mankato College of Allied Health and Nursing Continuing Education  
South Central College

## REGISTRATION INFORMATION

### Registration Fee:

- \$40 if received by April 23, 2009 (includes materials, afternoon refreshments and continuing education certificate)
- \$45 if received after April 23, 2009 (on a space available basis)
- \$35 group rate, 3 or more from the same organization registering together by April 23, 2009.

### Make checks payable to:

Minnesota State University, Mankato

### Mail registration form and fee to:

CAHN Continuing Education  
Minnesota State University, Mankato  
124 Myers Field House  
Mankato, MN 56001

### Online Registration:

To register online, using VISA or MASTERCARD, please go to <http://ahn.mnsu.edu/continuinged/> and follow the link to register online.

### Pre-registration deadline: April 23, 2009

- No refunds 48 hours prior to workshop date
- Assume your registration is complete unless notified.

## VISIT OUR WEB SITE

For more information on our continuing education programs, visit our Web site at: <http://ahn.mnsu.edu/continuinged/>

*A member of the Minnesota State Colleges and Universities System. Minnesota State University, Mankato is an Affirmative Action/Equal Opportunity University. Individuals with a disability who need a reasonable accommodation to participate in this event, please contact CAHN Continuing Education at 507-389-1162 (V), 800-627-3529 or 711 (MRS/TTY) at least five working days prior to the day of the event. This document is available in alternative format to individuals with disabilities by calling the above numbers.*