



Emergency Care Plan



All Season's Arena

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Pace people at other entrances in case EMS comes to the wrong entrance point.

Directions:

1. 1251 Monks Avenue, located on the corner of Balcerzak Ave. and Monks Ave.
2. Enter area from West side (Monks Ave), drive to east side of the arena to main doors. Two garage doors are available on this side of arena for EMS crew to enter
3. Have ASA staff open garage doors
4. For emergency on the North rink, enter through the first garage door you see.
5. For emergency on the South rink, enter through the second garage door.
6. Someone will be at this access point to direct EMS crew to the injured athlete.

Location of Medical Supplies:

1. North Rink: AED is located outside of the office as you enter the North Rink.
2. South Rink: AED is located by the concession stand.

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan



Athletic Training/Team Meeting Room

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aide being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Pace people at other entrances in case EMS comes to the wrong entrance point.

Directions: West H.S. Address: 1351 South Riverfront Drive, Mankato

1. Enter the West parking lot (between the school and YMCA) off of Riverfront Drive and park by **Door #12** (The bus drop-off and pick-up site).
2. Enter the building through Door #12. Someone should be waiting to meet the EMS crew at this door
3. Proceed down the hallway about 100 ft and turn left into a small hallway. (Elevator is available immediately before the first stairwell on the left)
4. Walk down the stairs and take a right, walking down the hallway.
5. The Athletic Training Room entrance will be roughly 20 ft. down the hallway. Turn left into the entrance.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan

Baseball Practice Fields

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Pace people at other entrances in case EMS comes to the wrong entrance point.

Directions: West H.S. Address: 1351 South Riverfront Drive, Mankato
(Note: Baseball Fields are behind West H.S., accessed from Pleasant Street)

1. Pull into the parking lot off of Pleasant Street.
2. At this point there will be someone waiting to direct the EMS crew to the injured athlete.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan



Boy's Locker Room

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Pace people at other entrances in case EMS comes to the wrong entrance point.

Directions: West H.S. Address: 1351 South Riverfront Drive, Mankato

1. Enter the West parking lot (between the school and YMCA) off of Riverfront Drive and park by **Door #12** (The bus drop-off and pick-up site).
2. Enter the building through Door #12. Someone should be waiting to meet the EMS crew at this door
3. Proceed down the hallway about 80 feet and turn left up the stairs to the 2nd floor. (An elevator is available at this point).
4. Walk down the hallway about 60 feet and turn left into the boy's locker room.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan

Dakota Meadows Middle School Athletic Fields

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions: **DMMS Address: 1900 Howard Drive, North Mankato**

1. Enter the East parking lot off of Howard Drive
2. Proceed through the parking lot to Door #7 on the Southeast corner of the school building.
3. Someone will be at the door waiting to take you to the injured athlete
4. Proceed on the sidewalks to the athletic fields to the injured athlete.

Location of Medical Supplies:

1. AED is located in the shed between the football field and the varsity soccer field.
2. AED is located outside the gym.

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |
| Carmen Strahan | DMMS Principal | 507-387-5077 | |



Emergency Care Plan

Dakota Meadows Middle School Gymnasium

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions: **DMMS Address: 1900 Howard Drive, North Mankato**

1. Enter the East parking lot off of Howard Drive
2. Proceed through the parking lot to Door #7 on the Southeast corner of the school building.
3. Someone will be at the door waiting to take you to the injured athlete.

Location of Medical Supplies:

1. AED is located outside the gym.

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |
| Carmen Strahan | DMMS Principal | 507-387-5077 | |



Emergency Care Plan

Franklin Rogers Park

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Pace people at other entrances in case EMS comes to the wrong entrance point.

Directions: Franklin Rogers Park Address: 601 Reed Street, Mankato, MN 56001

1. Turn into parking lot at Franklin Rogers Park. Enter main gate on the West Side of the ballpark.
2. At this point there will be someone waiting to direct the EMS crew to the injured athlete.

Location of Medical Supplies

1. If an athletic trainer is on duty, an AED will be present.

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



MANKATO WEST HIGH SCHOOL



**ACTIVITIES
EMERGENCY PLAN**

This plan outlines the actions and responsibilities that will be taken in the case that there is a medical emergency at a Mankato West High School sporting event or other activity.

Sporting Event (when Athletic Trainer is present):

Athletic Trainer: The athletic trainer will perform an initial evaluation and decide to activate the plan. The athletic trainer will activate the plan by dialing 911 and also text 911 to the activities director or site manager for that event (these activities may be delegated). Once the plan is activated the athletic trainer will continue to monitor the injured student and direct other personnel.

Coach #1: When instructed the head coach will summon the activities director or site manager of the event, and the parents of the injured student. The head coach should have emergency contact numbers for his/her athletes available at every game. Once emergency services are contacted, the head coach will be in charge of monitoring his or her team.

Coach #2: One coach will stay with the athletic trainer and assist in any way. This might include retrieving emergency equipment, consoling the injured athlete, etc. This person becomes the athletic trainer's assistant.

Site Manager: Once notified that the emergency plan has been activated The activities director or site manager should get any pertinent information from the athletic trainer and relay it to the dispatcher (*see emergency phone call information*), in the event that this has not been completed by the athletic trainer. Once the message has been relayed, this person should assign someone to meet the emergency personnel at the door to the venue and escort them to the injured site. Lastly this person should make sure that the injured students' parents have been contacted.

Second Supervisor/Administrator / Coach #3: These two people should help out wherever possible. This may include meeting emergency personnel at the door, summoning parents, and/or crowd control.

Practice (when athletic trainer is present):

Head Coach: Is responsible for recognizing the potential emergency and sending someone to retrieve the athletic trainer (*see summoning an athletic trainer*).

***Once the athletic trainer has arrived, he / she will activate the emergency plan as described above, including notification of the activities office. The activities office would take the place of the site manager. Coaches would be assigned responsibilities as if the injury occurred at a sporting event.

Practice or Event (when athletic trainer is not present):

Head Coach: The head coach will perform an initial evaluation and decide to activate the plan. Once the plan is activated the coach will continue to monitor the injured student and direct other coaches and student-athletes until EMS personnel arrive.

Assistant Coach #1: When instructed the assistant coach will make the call for emergency services, then notify the parents of the injured student-athlete, then notify the activities director, then notify at least one of the athletic trainers.

Lastly this person should meet the emergency personnel and escort them to the scene. If there are only two coaches, assign a responsible student to meet and escort the emergency personnel.

Assistant Coach #2: At least one assistant coach will stay with the head coach and assist in any way. This might include retrieving emergency equipment, consoling the injured athlete, tending to other students, etc.

Teammates: Can be helpful as well. As much as possible have students work together when helping (i.e. send two of them to meet the ambulance). Make sure you give students simple tasks and use very direct instructions.

Never put another student in charge of caring for the injured athlete. This includes minor injuries and wound care.

EMERGENCY PHONE CALL INFORMATION

Provide this information when calling 911.

1. Give your name and title.
2. Give the address and exact location of the injured person. Including where to enter the venue.
3. Give the name and age of the injured person.
4. Give the nature of the injury, and what you need (ie. ambulance).
5. Give the vital sign status of the injured person (ie. breathing, circulation, sensation, level of consciousness, severe bleeding)
6. Tell them what is being done for the injured person and the qualifications of the person providing care.
7. If known, provide any other critical information (ie. allergies, medications, previous medical history).
8. Do not hang up first.

Activate the Mankato West High School Activities Emergency Plan:

- If a student-athlete is unconscious.
- If a student-athlete is not breathing.
- If a student-athlete has any prolonged breathing problems.
- If a student-athlete has severe – uncontrollable bleeding.
- If a student-athlete has a decrease in circulation.
- If a student-athlete has a decrease in neurological function.
- If a student-athlete has pain or pressure in the abdomen.
- If a student-athlete vomits or coughs up blood.
- If a student-athlete has a possible head neck or back injury.
- If a student-athlete has a musculoskeletal injury that is not safe to move.

Athletic Training Room Phone: 507-207-3934

Amanda Kruse, ATC: 920-850-8359

Randy Palmer, ATC: 507-381-1729

Advise the Student-athlete, and his/her parents to seek further medical attention:

- If a student-athlete has bleeding that cannot be stopped with your first aid materials.
- If a student-athlete has a musculoskeletal injury with significant swelling, or any deformity.
- If a student-athlete has a musculoskeletal injury that results in a decrease in normal function.
- If a student-athlete has had a head injury.
- If a student-athlete has had an asthma attack or breathing issue.
- If a student-athlete has had a prolonged illness.
- If a student-athlete continues to have recurring injuries, or overuse problems.
- If you are not comfortable making a decision about a student athlete.

CONTACTING THE ATHLETIC TRAINER

Follow these guidelines when sending someone to get the athletic trainer (Can also be done by phone).

1. Send a responsible student who knows the athletic trainer, and where the athletic training room is.
2. Instruct the student that if the athletic trainer is not there, have them paged to go to the place of the injured. This can be done through the activities office.
3. Forward the following information:
 - Who is hurt (what team if in a game)
 - What is hurt
 - Has the person been moved, or are they able to move
 - Any other pertinent information:
 - Breathing issue
 - Loss of circulation or sensation
 - Loss of consciousness
 - Severe musculoskeletal injury
 - Bleeding



MANKATO WEST HIGH SCHOOL
ACTIVITIES
EMERGENCY PLAN



This plan outlines the actions and responsibilities that will be taken in the case that there is a medical emergency at a Mankato West High School sporting event or other activity.

Sporting Event (when Athletic Trainer is present):

Athletic Trainer: The athletic trainer will perform an initial evaluation and decide to activate the plan. The athletic trainer will activate the plan by dialing 911 and also text 911 to the activities director or site manager for that event (these activities may be delegated). Once the plan is activated the athletic trainer will continue to monitor the injured student and direct other personnel.

Coach #1: When instructed the head coach will summon the activities director or site manager of the event, and the parents of the injured student. The head coach should have emergency contact numbers for his/her athletes available at every game. Once emergency services are contacted, the head coach will be in charge of monitoring his or her team.

Coach #2: One coach will stay with the athletic trainer and assist in any way. This might include retrieving emergency equipment, consoling the injured athlete, etc. This person becomes the athletic trainer's assistant.

Site Manager: Once notified that the emergency plan has been activated The activities director or site manager should get any pertinent information from the athletic trainer and relay it to the dispatcher (*see emergency phone call information*), in the event that this has not been completed by the athletic trainer. Once the message has been relayed, this person should assign someone to meet the emergency personnel at the door to the venue and escort them to the injured site. Lastly this person should make sure that the injured students' parents have been contacted.

Second Supervisor/Administrator / Coach #3: These two people should help out wherever possible. This may include meeting emergency personnel at the door, summoning parents, and/or crowd control.

Practice (when athletic trainer is present):

Head Coach: Is responsible for recognizing the potential emergency and sending someone to retrieve the athletic trainer (*see summoning an athletic trainer*).

***Once the athletic trainer has arrived, he / she will activate the emergency plan as described above, including notification of the activities office. The activities office would take the place of the site manager. Coaches would be assigned responsibilities as if the injury occurred at a sporting event.

Practice or Event (when athletic trainer is not present):

Head Coach: The head coach will perform an initial evaluation and decide to activate the plan. Once the plan is activated the coach will continue to monitor the injured student and direct other coaches and student-athletes until EMS personnel arrive.

Assistant Coach #1: When instructed the assistant coach will make the call for emergency services, then notify the parents of the injured student-athlete, then notify the activities director, then notify at least one of the athletic trainers.

Lastly this person should meet the emergency personnel and escort them to the scene. If there are only two coaches, assign a responsible student to meet and escort the emergency personnel.

Assistant Coach #2: At least one assistant coach will stay with the head coach and assist in any way. This might include retrieving emergency equipment, consoling the injured athlete, tending to other students, etc.

Teammates: Can be helpful as well. As much as possible have students work together when helping (i.e. send two of them to meet the ambulance). Make sure you give students simple tasks and use very direct instructions.

Never put another student in charge of caring for the injured athlete. This includes minor injuries and wound care.

EMERGENCY PHONE CALL INFORMATION

Provide this information when calling 911.

1. Give your name and title.
2. Give the address and exact location of the injured person. Including where to enter the venue.
3. Give the name and age of the injured person.
4. Give the nature of the injury, and what you need (ie. ambulance).
5. Give the vital sign status of the injured person (ie. breathing, circulation, sensation, level of consciousness, severe bleeding)
6. Tell them what is being done for the injured person and the qualifications of the person providing care.
7. If known, provide any other critical information (ie. allergies, medications, previous medical history).
8. Do not hang up first.

Activate the Mankato West High School Activities Emergency Plan:

- If a student-athlete is unconscious.
- If a student-athlete is not breathing.
- If a student-athlete has any prolonged breathing problems.
- If a student-athlete has severe – uncontrollable bleeding.
- If a student-athlete has a decrease in circulation.
- If a student-athlete has a decrease in neurological function.
- If a student-athlete has pain or pressure in the abdomen.
- If a student-athlete vomits or coughs up blood.
- If a student-athlete has a possible head neck or back injury.
- If a student-athlete has a musculoskeletal injury that is not safe to move.

Athletic Training Room Phone: 507-207-3934

Amanda Kruse, ATC: 920-850-8359

Randy Palmer, ATC: 507-381-1729

Advise the Student-athlete, and his/her parents to seek further medical attention:

- If a student-athlete has bleeding that cannot be stopped with your first aid materials.
- If a student-athlete has a musculoskeletal injury with significant swelling, or any deformity.
- If a student-athlete has a musculoskeletal injury that results in a decrease in normal function.
- If a student-athlete has had a head injury.
- If a student-athlete has had an asthma attack or breathing issue.
- If a student-athlete has had a prolonged illness.
- If a student-athlete continues to have recurring injuries, or overuse problems.
- If you are not comfortable making a decision about a student athlete.

CONTACTING THE ATHLETIC TRAINER

Follow these guidelines when sending someone to get the athletic trainer (Can also be done by phone).

1. Send a responsible student who knows the athletic trainer, and where the athletic training room is.
2. Instruct the student that if the athletic trainer is not there, have them paged to go to the place of the injured. This can be done through the activities office.
3. Forward the following information:
 - Who is hurt (what team if in a game)
 - What is hurt
 - Has the person been moved, or are they able to move
 - Any other pertinent information:
 - Breathing issue
 - Loss of circulation or sensation
 - Loss of consciousness
 - Severe musculoskeletal injury
 - Bleeding



Emergency Care Plan



Girl's Locker Room

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions: **West H.S. Address: 1351 South Riverfront Drive, Mankato**

1. Enter the West parking lot (between the school and YMCA) off of Riverfront Drive and park by **Door #12** (The bus drop-off and pick-up site).
2. Enter the building through Door #12. Someone should be waiting to meet the EMS crew at this door
3. Proceed down the hallway about 100 ft and turn left into a small hallway. (An elevator is available at this point)
4. Walk down the stairs and take a right, walking down the hallway.
5. The girl's locker room entrance will be roughly 60 ft down the hallway.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan



Gymnasium/Fitness Center

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions: West H.S. Address: 1351 South Riverfront Drive, Mankato

-Main Gymnasium

1. Enter the West parking lot (between the school and YMCA) off of Riverfront Drive and park by **Door #12** (The bus drop-off and pick-up site).
2. Enter the building through Door #12. Someone should be waiting to meet the EMS crew at this door
3. Proceed down the hallway about 125 feet and turn left
4. The Gymnasium will be just through the doors in ahead.

-Fitness Center

5. Proceed to the North end of the gymnasium
6. Go through the doors and the Fitness Center is directly across the hall.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan



PE Field/Football Practice Field

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Pace people at other entrances in case EMS comes to the wrong entrance point.

Directions: **West H.S. Address: 1351 South Riverfront Drive, Mankato**

1. Enter the East parking lot off of Stoltzman Road
2. Drive toward the softball field.
3. Drive onto the walking path that leads to the football/track stadium.
4. Someone will be waiting to meet the EMS crew and direct them to the injured athlete.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room
3. During the Fall and Spring AED is located in the concession stand.

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan



Pool

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions: **West H.S. Address: 1351 South Riverfront Drive, Mankato**

1. Enter the West parking lot of the school (between the school and YMCA) off of Riverfront Drive.
2. Park at the far north end of the parking lot next to the staircase entering the pool area.
3. Someone will be waiting to escort the EMS crew to the injured athlete.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan

Softball Field

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions: **West H.S. Address: 1351 South Riverfront Drive, Mankato**

1. Enter the East parking lot off of Stoltzman Road
2. Proceed through the parking lot to the softball field.
3. Someone will be at the softball field to direct EMS to the injured athlete.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room
3. During the Fall and Spring AED is located in the concession stand at the stadium.

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan



Football Stadium and Track

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aide being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions: **West H.S. Address: 1351 South Riverfront Drive, Mankato**

1. Enter the West parking lot (between the school and YMCA) off of Riverfront Drive.
2. Proceed through the parking lot to the northwest gate of the stadium located at the South End of the parking lot. Someone will be waiting there to direct EMS to the injured athlete.
3. Drive down the hill onto the track and football field as deemed necessary.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room
3. During the Fall and Spring AED is located inside the concession stand.

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan



Tennis Courts

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions: **West H.S. Address: 1351 South Riverfront Drive, Mankato**

1. Enter the East parking lot off of Stoltzman Road
2. Drive to the north end of the parking lot where the tennis courts are located (along Riverfront Drive)
3. Someone will be waiting to meet the EMS crew and direct them to the injured athlete.

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |



Emergency Care Plan

South Locker Room/Wrestling Room

1. **Dial 911**
2. Identify yourself and your position at the school (or event)
3. Give a brief description of the situation
 - a. What happened?
 - b. Condition of the injured person
 - c. First aid being administered
4. Give the phone number from where you are calling.
5. Give specific directions to the location of the injured person. **(Directions are provided on this page and on the map next to this sheet).**
6. Take directions from dispatcher and **DO NOT HANG UP UNTIL YOU ARE TOLD TO BY DISPATCH!**
7. Wait for possible return call to confirm your instructions.
8. Have someone present at access point highlighted in directions below to lead EMS crew to the injured athlete. Place people at other entrances in case EMS comes to the wrong entrance point.

Directions:

1. Enter the East parking lot off of Stoltzman Road
2. Proceed through the parking lot to the softball field. Drive onto the walking path leading to the football/track stadium. As you drive around the corner of the school building, you will see a gate and garage door on your right.
3. Someone will be at the gate waiting to take you to the injured athlete

Location of Medical Supplies:

1. AED is located just outside the main doors of the gym by the auditorium
2. Athletic Training Room

Emergency Contacts:

| | | | |
|----------------|---------------------|----------------------|-------------------|
| Amanda Kruse | Athletic Trainer | 920-850-8359 | ATR: 507-207-3934 |
| Randy Palmer | Athletic Trainer | 507-381-1729 | |
| Brian Fell | Activities Director | 507-387-2947 | |
| Dave Lutz | Principal | 507-387-3461 Ext 501 | |
| Sherri Blasing | Assistant Principal | 507-387-3461 Ext 502 | |